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Ayurveda management of emphysema of the lungs

Ayurveda system of medicine has its own importance in the management of respiratory disorders. Chronic bronchial asthma, chronic bronchitis, bronchiectasis and emphysema are considered as chronic respiratory disorders. In emphysema there will be permanent dilation of alveolar sac along with dilation of bronchioles. On physical examination, emphysema patients show cylindrical chest or barrel shaped chest, increased intercostal space, prominent accessory respiratory muscles and resonant note on percussion. In chest x-ray PA view, the radiological findings are increased intercostal space increased translucency of Lung parenchyma, flatter of both hemidiaphragm and vertical heart. In Ayurveda use of disease specific drugs and formulations pathyapathya prayoga, diet therapy, rasayana and ojaskara drugs and pranayama are advised. Drugs include katu tikta rasayukta, ushna, Vatakaphahara, bronchodilator, expectorant, decongestant, mucolytic, immunity booster,

antibacterial, bactericidal, anti-infective and jivaniya drugs. The present paper highlights about the role of Ayurveda in the management of Emphysema of the lungs.

Key words: Emphysema, Bronchodilator, Rasayana.

Biography

Shripati Acharya G is a Co-Founder and serves as Managing Partner at Prime Venture Partners. He is a Board Member at GgTV. He is a Co-Founder and serves as Director at SmartOwner Services. He is a Co-Founder and Board Member at Ezetap Mobile Solutions. He serves as Board Member at Quizizz. Shripati is a Managing Partner of Angel Prime. Prior to helping launch Angel Prime, Shripati was one of the co-founders of Snapfish. At Snapfish, Shripati was Head of Product Management, User Experience, Customer Service, and Operations. Most recently, Shripati was an executive at Cisco Systems. Shripati has an engineering degree from IIT Madras, Masters in CS from Stanford University, and MBA from Harvard Business School.

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