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Ayurveda management of Chronic Kidney Disease

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Ayurveda system of medicine is becoming popular worldwide in the present era. Ayurveda drugs are cost effective, safe and affordable also and are people friendly and have least adverse drug reactions even after prolonged administration. CKD is a disease pertaining to kidneys and characterized by progressive and irreversible loss of renal function and increased blood urea nitrogen. It is caused due to four reasons i.e toxic, infective, vascular and obstructive. Often the patients require repeated dialysis or kidney transplantation. But early stages of CKD can be managed by Ayurveda treatment. We can improve general conditions, improvement in Hb %, relief from signs and symptoms and postpone the need for repeated dialysis and kidney transplantation in these patients. Signs and symptoms like loss of appetite, anaemia, systemic hypertension, vitamin D deficiency, acidosis, electrolyte imbalance, hypocalcemia, retention of sodium and water, volume overload, etc., are seen in these patients. Ayurveda and integrative medicine play an important role in the management of CKD.

Biography

Shripathi Acharya G is working as Director Academic in Muniyal Institute of Ayurveda Medical Sciences Manipal India since 23 years. He had done Post graduation in Kayachikitsa from Institute of Medical Sciences, Banaras Hindu University, Varanasi and PhD from Sampurnananda Sanskrit University Varanasi. He had authored 14 books on Ayurveda including Researches in Ayurveda and Updated Ayurveda. He had guided 15 PG scholars and authored more than 150 research and review papers which have been published in national and international peer reviewed journals so far. He had presented research papers in Philadelphia USA, Glasgow, UK, Beijing China, Singapore, Milan Italy, Colombo, Sri Lanka, Dhaka, Bangladesh and Chiang Mai, Thailand. He had also done oral presentations in webinars hosted in various cities like Hong Kong, Amsterdam, Johannesburg, London, Paris, Zurich, Taipei, Bangkok, Koulalampur, Washington and Manchester. He had received prestigious awards like Research excellence award, Hyderabad, Eminent educationist award, Bangalore, Teaching excellence award, Mumbai, Best paper award, Belgaum, Best Ayurveda Nephrologist award, BHU, Dhanvantari award, USA, Aryabhata award Newdelhi, Global Shanthi Samman award 2021, Srinagar, and Rashtra Prerana award, Indore He was a member of ISPOR, New jersey, SFE, Kolkata, Vigyan Bharathi, New delhi, and SVAK, Bangalore.

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