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An Investigation of the outcomes of stroke patients in the community: Is it possible to recovery well after golden rehabilitation period

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Background: Stroke is the fourth leading cause of death in Taiwan and is the main cause of disability globally. Yang, et al. (2011) address most of the stroke people whose aged 65 and over are cared for at home, but the frequency of rehabilitation care for these elderlies is the lowest. Community-based care is another way to look after stroke patients in long-term condition. Currently, little is known about community clinic care of stroke patients when the patients returned home from the hospital.

Purpose: The purpose of this study is to analyse the patient data of a community clinic to understand the outcome of the care of stroke patients.

Method: A retrospective study which reviewed the stroke patients' charts in a community clinic was adopted. Data were collected from 2011 to 2016. 388 patients' data were showed in this study.


Result: The result showed that the improvement of stroke patients in the upper limbs and lower limbs is the most significant, and its progress can reach nearly 75~80%. Moreover, the slurred speech of this group can be improved by about 20%. Although the symptoms of drooling and choking were also improved, the progress is about 10~15%.

Conclusion: The community clinic care may be another way to facilitate the progress of stroke patients after transition from the hospital to the home.

Speaker Biography

Wen Hsi Chiu has completed her Phd from Edinburgh Napier University, UK in 211. She is the deputy director/assistant professor of Mackay Junior College of Medicine, Nursing and Management School, Taiwan. In academic area, she is interested in innovative teaching methods and OSCE examination, evaluation and outcome for students. She is also interested in carried out research in caring for long term patients in the community.

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