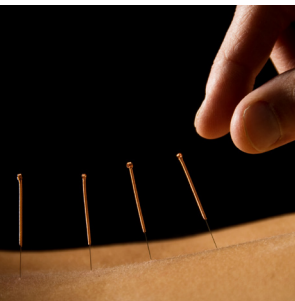


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# Keynote Forum October 25, 2021

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## *Alternative Medicine 2021*



2nd International Conference on  
**Alternative Medicine**

October 25, 2021 | Webinar



## ***Gabriel Quintero***

*Latin American Chiropractic Federation, USA*

### **Inherent Sagittal Compensatory Mechanism (SCM) triggers cascade process generating commonly found musculoskeletal, neurologic, and visceral disorders**

**Objective:** Pathophysiological risk factors for MSK conditions have been recognized as the external load exposure vs. the individual capacity to resist biomechanical and physiological strain. However, a particular biomechanical factor is responsible for most MSK conditions derived from the spine. Based on clinical observations, I found that whenever cervical and lumbar lordosis is altered due to poor posture and/or trauma, a SCM is released inducing an ipsilateral torque which affects upper segments of both curvatures, producing the Craniocervical and Thoracolumbar Syndromes, which in turn creates a chain reaction of +30 MSK, neurological, and visceral disorders with ipsilateral clinical presentation, ranging from migraine to toe pain. This SCM is present in asymptomatic as well. The objective of this investigation is to acknowledge SCM as the cause of several MSK and associated disorders.

**Methods:** For assessment, be aware that Upper Cervical region conforms a trisegmental subluxation, where Atlas has an anterior-superior rotation, C2 anterior rotation, and C0 posterior rotation, all ipsilateral. Listings can be identified with seated or supine patient, using Static Palpation to elicit pain, and feeling for spasm, on anterior aspect of C1 transverse process, lateral aspect of C2 spinal process, and atlanto-occipital joint. For the Thoracolumbar region, L1 is the primary segment affected, which can be confirmed with patient seated or prone, where lateral aspect of L1 spinous process exhibits tenderness and muscle tightness upon palpation, same side as upper cervical.

**Results:** Since SCM is inherent to everyone, it would be clinically prudent to consider this concept in diagnostic decision making as a plausible cause of numerous MSK, neurological and visceral conditions and therefore be a reliable tool for the management and prevention of such conditions.

**Discussion:** Being aware of this easily recognizable phenomenon allows us to have more accurate assessments, good clinical decisions, and predictable treatment outcomes.

#### **Biography**

Gabriel Quintero educated from Palmer College of Chiropractic-West, San Jose, California, USA (1991-1995) and New York Chiropractic College-FICS, Santiago de Chile, (2009-2010) International Chiropractic Sports Science Diploma. He is having professional experience in Private practice (1996-to date) Bucaramanga, Bogota, Cucuta, Colombian Olympic Committee, chiropractor, Pan American Games, Guadalajara, Mexico (October 2011), FICS Team Member during World Games Cali, Colombia (Jul-Aug 2013), Odecabe Chiropractic Team Member, Central American and the Caribbean Games, Veracruz, Mexico (Nov 2014). Also having teaching experience as a teacher of Alternative and Complementary Medicines, Physical Therapy Faculty, Universidad Manuela Beltran, Bucaramanga (1999-2001). His professional associations are Colombian Chiropractic Association (ACQ), Latin American Chiropractic Federation (FLAQ) and World Federation of Chiropractic (WFC).

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# 2<sup>nd</sup> International Conference on Alternative Medicine

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## ***Octavian Sbarna***

*Bucharest College of Oriental Medicine, Romania*

### **Emotions and the internal organs**

In this presentation, Dr. Octavian Sbarna, will go through an overview of the emotional aspects of the 12 main acupuncture channels and organs. For each of them there will be an outline of the key themes that present themselves in the patient's lives when these are dysfunctional energetically, as well as some of the virtues these organs and channels bring into our lives when they function properly.

It's well known that Chinese medicine is an ancient and efficient tool for healing. As it is practiced today, few people know that Chinese medicine, and acupuncture in particular, can be efficient at more than just a physical level. The emotional implications of the system have become little-known. In this presentation Dr. Octavian Sbarna will present lesser-known aspects and correspondences of the twelve 12 main channels and organs, together with examples.

The focus on each of the 12 organs, together with examples and pathology explained, will bring these organs to light. The virtues exposed in the presentation for each of the organs/channels explain how we are to understand the functions and physiology of each organ. In addition to that, the listeners will also understand how we are to expect the body to function at full capacity. But it is not only about the body; during this presentation the listeners will also begin to understand the mind, emotional and spiritual level also. This will hopefully open the door into what the full potential of the integrated human being might be.

At the end, the viewer will have gained an overall understanding of the associations between emotions, pathologies and the main acupuncture organs and channels from the perspective of Chinese Medicine in the fullness and richness of their original understanding. This presentation is meant to encourage further in-depth exploration, as it is only a very brief incursion into the rich world of Chinese medicine.

#### **Biography**

Octavian Sbarna done his studies at Waldorf School and German College „Goethe” during 1990 – 2002; One year scholarship in England (Rotary Youth Exchange Student International, studying at Stoke-on-Trent Sixth Form College) during 1999-2000; On the occasion of the scholarship, the study of acupuncture begins (Constitutional Style of the 5 Elements <sup>1</sup>) under the tutelage of Ian Markham, licensed acupuncturist and member of the British Acupuncture Council during 1999 – 2007; "Carol Davila" University of Medicine and Pharmacy, Bucharest (admitted 3rd out of approx. 1000 candidates) from 2002-2008; Resident Family Medicine Physician from 2008-2011; Craniosacral Therapy courses Upledger method - Modules 1, 2 and Somato-Emotional Release 1 in 2009 – 2012; study of Traditional Chinese Medicine<sup>2</sup> begins (self-taught) in 2009; Reiki and Radiant Technique courses Multiple Reiki systems from 2004-2013. Family medicine specialist and Member of the College of Physicians Bucharest in 2013, multiple acupuncture courses held on the Internet and accredited International from 2012 – 2013.

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## **Sunita Teckchand**

*International Federation of Professional Aromatherapists (IFPA), UAE*

### **Aromatherapy for people with determination**

Working with people of determination is extremely challenging, yet intensely satisfying according to Sunita. Using pure 'A' grade organic essential oils can help with several conditions like autism, ADHD, down's syndrome, cerebral palsy and more. Sunita's journey down this road began almost immediately after her graduation as a clinical aromatherapist when she got her first client, aged 4, with severe cerebral palsy. The connection that she made with child on the unseen energetic level made her more aware of the multi-faceted healing powers of essential oils. This opened up a sea of possibilities in her head. In order to further her research she voluntarily gave time over many many years to 2 reputed centers for children living with these challenges. During her research in this field she has worked with, and supported many participants and their families with an astounding success rate at varying degrees. In this webinar Sunita will open a discussion on a few of her basic 'go to' essential oils that she prefers to use regularly on individuals with these conditions. Her

invaluable experience in this field is first hand, from which she has learnt many lessons that will stay with her forever carving out who she is today. Sunita credits her exponential growth and her empathic nature to these learnings, which she was lucky enough to experience so early on in her career.

#### **Biography**

Sunita Teckchand completed her clinical aromatherapy education in 1998 from Hong Kong, and presently lives and works in Dubai, UAE. She is the owner and principal tutor of 'The Holistic Alternatives', where she teaches the IFPA accredited program on a digital platform. She also markets her own brand of organic essential oils - 'eSensuals'. She has personally tutored and mentored students that have graduated on to become successful therapeutic massage practitioners and clinical aromatherapists. She has been interviewed on radio, television and magazines. She has also published several articles. She currently is an external examiner, a trustee and continues to be a board member of the IFPA since 2019.

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