

# SPRING DERMATOLOGY & SKIN CARE EXPO CONFERENCE

May 14-15, 2018 | Montreal, Canada



## *Rodrigo Amaral*

*Welfare Institute, Brazil*

### **Alopecia is more than baldness; It's a lack of quality of life**

One of the most frequent complaints in the dermatologist clinic is the hair loss. Indeed, there are several reasons for it: genetic (androgenetic alopecia), immunological/inflammatory (alopecia areata/lichen planopilaris, for instance), and secondary to systemic diseases (such as lupus systemic). Especially for women, hair loss is a problem that can cause low self-esteem and, even though, depression. Some people can't leave home for their daily activities; however, some are more positive, using wigs and face to the problem in a good way. The hair is considered the frame of the face, reason why hair loss causes important changes in aesthetic facial form. In this

lecture, we will discuss how hair loss can impact people's life style and how the dermatologists can provide treatments to the patients that, completely, will improvement patient's quality of life.

#### **Speaker Biography**

Rodrigo Amaral is a Brazilian Dermatologist and is expertise in Surgical and Cosmetic Dermatology. He is pursuing his Master's degree in Health Science. He is the Director of Clínica Dermis, Rio de Janeiro/RJ, Brazil and a Trainer in fillers and toxin botulinum procedures.

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