

## **Agricultural strategies, food and nutrition issues and opportunities: A case study of Gwadabawa LGA of Sokoto; Northwest Nigeria**

**Kolawole Farinloye**

Lead City University, Nigeria

Majority of research on seasonality in food supply and nutritional status has been conducted in regions with harsh climate conditions especially in the northern Nigeria. This research was carried out in Gwadabawa LGA of Sokoto; Northwest Nigeria; an area where cereals are grown due to the suitable climate. Poor people's consumption and nutrition have not improved significantly as a result of agricultural development in Gwadabawa LGA. One factor is that consumption goals have not been explicitly included into policy and project design. A better understanding of how rural people in Gwadabawa LGA arrange their methods for getting household food is essential; external support should complement rather than detract from their activities. However, seasonal fluctuations in food availability were discovered in a considerable portion of the population, particularly three to four months before the main harvest in

2018. In comparison to the post-harvest phase, womenfolk lost around 3% of their weight during this time. In the lower socioeconomic group, preschool children's nutritional status deteriorated. These alterations also occurred during a period of intense agricultural labor, particularly for women. There are five parts of agricultural policy that, if incorporated into planning and implemented, should improve food consumption and nutrition. These are: first, a review of how export crops should be introduced and promoted so that food security is not jeopardized; second, a discussion of how export crops should be introduced and promoted so that food security is not jeopardized; and third, a discussion of how export crops should be introduced and promoted so that food security is not jeopardized. The paper discusses factors that influence the duration of maize stockpiles, as well as ways for managing them.

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