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Acupuncture: A quantum healing science for Autoimmune disorders

Both Western and Eastern Medicine offer various methods for treating arthritis. Western medicines mainly rely on anti-inflammatory, steroids and analgesics drugs. While Acupuncture treatment aim to restore immune functions as well as balance of Vital Energy of the body. In the treatment of Arthritis, Acupuncture can be used to restore Immunology, regulate energy levels, smooth emotions, and help manage stress, sleep, hunger and metabolism. Treatment take all your symptoms into account and are aimed at balancing the energy within body to optimize health for healing as well as for prophylaxis. Chronic arthritis is one of the most challenging modern medical problems. Similarly, auto immune diseases including Rheumatoid arthritis with collagen show every combination & gradation from one another. Collagen induced arthritis is mediated by anti-type 2 collagen auto immunity. It is probably initiated by binding of anti-bodies to the surface of intact articular cartilage. Many of the major manifestations of arthritis include synovial proliferations, pannus formation, and erosion of bones and destruction of cartilage.

For many people with joint pain, most of the medications commonly prescribed to relieve inflammation of joints are referred to in the literature as non-steroidal anti-inflammatory

drugs which have been found to have serious side effects. It is a chronic inflammatory disease that is characterized by pain, swelling and stiffness of multiple joints usually resulting in progressive joint destruction, deformity and loss of function. Arthritis affects 15% people that are 180 million people in India. In recent years, patients with chronic rheumatic disorders are adopting Acupuncture to help and manage their chronic painful conditions. It was very gratifying to finally see a large research study that confirms what we already know; Acupuncture decreases the pain, increases the mobility and finally heals arthritis. We have followed 2000 patients (year 2010-2011) suffering from arthritis with different age groups and different causative factors.

Speaker Biography

Sumita Satarkar, a qualified, skilled medico established Aarogya Santulan in 1997 with an aim to provide painless relief to patients. She is recognized & celebrated Acupuncture expert, having achieved Gold Medal for her skills & expertise in the science of Acupuncture. She has achieved a landmark of curing 3000 critical patients only by acupuncture. These critical patients had undergone all process of treatment but finally, these were cured only by acupuncture in this center. she has been honored with most prestigious 3 National Awards.

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