

Heart Congress and Cardiac Surgery

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Achievements in hypercholesterolemia awareness and management in Iraq

Familial hypercholesterolemia (FH) is a genetic disease which carries a dismal end if not early recognized and properly treated. The problem of FH is under diagnosis, due to lack of awareness both at the level of public and health care professional, the decision to establish an affiliation in Iraq which takes the responsibility of mass education in order to increase recognition of such cases, saving lives of affected people by properly treating them early and spread the knowledge among health care professional was taken. Because Iraq was suffering since decades due to continuous military conflicts which greatly affected the health system and especially in 2014 when 1/3 of Iraq was occupied by terroristic groups, the decision to start the project of establishing a lipid clinics network covering all Iraq area was an extremely difficult and probably a crazy one! Three years of hard work (2015-2018) with the help of our friends in the IAS and OSLA made our dreams turned possible and 12 lipid clinics all over Iraq were established from the North to the South.

Biography

Mutaz Alkhnifsawi obtained his M.Sc. degree in cardiovascular medicine in 2014 from Cairo university in Egypt, currently he is Ph.D. candidate. He is the founder and the president of the Iraqi lipid clinics network, a national lead investigator at EAS-FHSC team and member of the FH advocacy group organization (WHF) Geneva, He is an active worker in the field of Familial hypercholesterolemia in MENA region, at 2018, he was awarded the best recognition award from the International Atherosclerosis Society (IAS) and Oman Society for lipidology and Atherosclerosis (OSLA). He is a member of international lipid expert's panel.

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