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## A novel method for sternal fixation in cardiac surgery: Initial experience

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**Objectives:** To investigate whether the Ni-Ti-shaped memory alloy embracing plate is an effective treatment for post -sternotomycomplications and to see if it can improve the mechanical stability of sternal closure and to evaluate its initial outcome.

**Methods:** One-hundred twenty patients from January 2012 through December 2015 underwent sternal fixation with the Ni-Ti-shaped memory alloy embracing plate in cardiac sugery. Sternal healing was evaluated by physical examination, wound healing complications and the computed tomography (CT) showings of coaptation the sternal halves. The pain scores were recorded preoperatively and postoperatively on day 3 to 7, discharge, 4 weeks and 3 and 6 months.

**Results:** The patients with Ni-Ti-shaped memory alloy embracingplate fixation had less postoprative comlications, such as fat liquefication, mediastinitis, sternal dehiscenc. The postoperative pain scores were significantly lower in patients with sternal fixation of embracing plates than that with wire cerclage. The life quanlity was imporved in embracing plate fixation patients.

Conclusion: The Ni-Ti-shaped memory alloy embracing plate

significantly improved the sternal stability closure and life quanlity and reduced postoperative pain in cardiac surgery.

## **Recent Publications**

- Yang J, Li Z, Lei H, Peng L, Qingtao F, et al. A Novel Method for Sternal Fixation in Cardiac Surgery: Initial Experience. J Angiol Vasc Surg 2022. 7: 096.
- Jitao Yang, Xian'en Fa. Effect of Low Level Laser Irradiation Preconditioning On Infarct Size and Ventricular Remodeling in the Rat Heart. Adv Bioeng Biomed Sci Res 2022. 5(3): 195-199.
- Jitao Yang, Zeshu Li, Lei Han, Peng Li, Qingtao Fu, Fei Nie, Lei Wang Preliminary experience with a 1470 nm diode ring laser with echosclerotherapy in lower limb varicose veins. Medical & Clinical Research 2022. 7(11):01-05.

## Biography

Jitao Yang has completed his MM at the age of 27 years from Zhengzhou University, China. Now, he is studying for the degree of medical doctor. He is the lecturer of Weifang Medical College, China. Currently, working as a attending docor in thoracic and cardiovascular surgery in Shandong Provincial PKUcare Luzhong Hospital, PR China. He is skied at the microinvasive therepy of ischemic heart diseases and valular disease and hybrid therapy of aortic disease. He has voer 7 publicaitons.

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