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MIDFACE VOLUMISATION WITH FILLERS

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Volume loss of subcutaneous fat, dermis and bone are the main contributory factors to changes in the ageing face. This has led us to an approach different from that we had been following filling lines and grooves. Landmark work done in facial anatomy in the cadavers as well as the living has described fat compartments in the face, especially the midface. Utilizing the knowledge of anatomy and anatomical spaces, the pre-zygomatic space has been utilized to volumize the entire midface with very optimal volume of filler used. This technique has been used over 50 patients with very optimal use of filler to maximize the effect. Adverse effects include both suboptimal results and complications. Prominent among complications were bruising at the entry point, short term swelling and migration of the filler.