

DERMATOLOGY AND TRICHOLOGY

&

2nd WORLD NEPHROLOGY AND THERAPEUTICS CONGRESS

September 20-21, 2018 | Rome, Italy

Huang Wei Ling, Arch Gen Intern Med 2018, Volume 2 | DOI: 10.4066/2591-7951-C5-014

CAN WE TREAT ATOPIC DERMATITIS WITHOUT USING CORTICOSTEROIDS?

Huang Wei Ling

Medical Acupuncture and Pain Management Clinic, USA

Introduction: Atopic dermatitis (eczema) is a common chronic inflammatory skin disease, affecting up to 15-30% of children in industrialized countries, but can occur at any age as there is no definitive cure for this chronic disease, that also may be accompanied by asthma or hay fever. Patients often seek other complementary therapeutic options, such as Traditional Chinese Medicine (TCM). TCM comprises numerous treatment modalities for the management of atopic dermatitis that can relieve itching and prevent new outbreaks.

Purpose: The purpose of this study is to demonstrate that the atopic dermatitis has a cure and can be treated without the use of any kind of corticosteroids.

Methods: Over two case reports a 36-year-old woman and an 11-year-old boy with chronic red and itchy lesions throughout their entire bodies, were being treated with oral corticosteroids which showed little success and many side effects. These patients sought treatment in oriental medicine practices, as auricular acupuncture sessions, Chinese dietary recommendations, Radiesthesia and homeopathic medication.

Results: Both patients were able to suspend entirely the use of corticosteroids with the treatment instituted. There was almost total regression in the skin lesions. These results were achieved because the patients were being looked at, in the physical, emotional and dietetically aspects, according to Traditional Chinese Medicine.

Conclusion: We concluded in this study that we atopic dermatitis can be treated without using corticosteroid medication.

BIOGRAPHY

Huang Wei Ling is graduated in Medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she has been presenting her work worldwide, concerning the treatment of various diseases, using techniques based on several medical traditions around the world.

weilingmg@gmail.com



Note: