

CELLULITE BLEMISHES: A REVOLUTIONARY MINI-INVASIVE TREATMENT; 15 MONTHS OF PERSONAL EXPERIENCE

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Introduction: In October 2016 the author has started, as one of the first in Europe, my experience with a new procedure that represents the only FDA-cleared minimally invasive treatment clinically proven to improve the cellulite blemishes for nearly four years in only one session.

Materials & Methods: We report our experience after 15 months in 50 patients (48F; 2M) with cellulite treated in a single session. Follow-up were scheduled after 7, 14, 30, 90 and 180 days for all the 50 patients; 13 patients (1M) had a medical check at 12 months and three patients (1M) at 15 months. Outcome measures included subject photographs, cellulite severity scale (CSS) and Global Aesthetic Improvement Scale (GAIS) assessment. Patient satisfaction and pain rating were also recorded. The treatment takes 45-60 minutes. We have safely treated 6 to 45 sites in one session. After treatment, a light compression is applied.

Results: The procedure treated successfully the primary structural cause of cellulite blemishes in all the 50 patients. Patient satisfaction was 87% at T90 in 50 patients (48F; 2M), 95% at T180 in 50 patients, 97% at 12 months in 13 patients (1M) and 100% at 15 months in three patients (1M). Transient treatment-related adverse events were mild in severity and the most common side effects reported were soreness and bruising. Among 50 patients, 95% had bruising at T7, 23% at T14 and no patient had bruising at T30. Soreness is reported in 100% of patients at T7, 19% at T14, 4% at T30 and 0% at T90. Global Aesthetic Improvement Scale (GAIS) and visual analog scale (VAS) are also reported.

Conclusions: This revolutionary FDA-cleared procedure for the cellulite puckering, combines a proven approach with an innovative technology to treat the primary structural cause of cellulite blemishes in posterior thighs and buttocks.

BIOGRAPHY

Dell'Avanzato Roberto is a Specialist in Surgery with a University Master in Aesthetic Medicine and Surgery and Professor Laser at the University of San Marino. For over 20 years he has been interested in Cosmetic Medicine and Surgery, specifically in facial rejuvenation, body contouring, with a specific training with all the medical energies and devices. He is a Honorary Member of the Israel Academy of Beauty and Honorary Member of the Italian Academy of Beauty. In 2004 he received the Certificate of excellence awarded from the Pakistan Medical Association, for humanitarian services rendered to the burnt and scarred victims of Pakistan.

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