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CASSIA SOPHERA –THE UNEARTHED POLY CREST

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The plant is found throughout India and in most tropical countries. It is common in waste lands, on roadsides and in the forests. Root bark is used for preparation of the medicine. It has been used by ancient Indian physicians for its efficacy in respiratory disorders. Dr BK Basu has proved this drug on himself. He has also recommended in common cold and asthma. *Cassia sophera* is represented in around 49 mind rubrics in synthesis repertory and all together 1231 rubrics in entire synthesis repertory, yet the medicine remains underused. *Cassia sophera* is widely used for its anti allergic properties. Its ability to bring down immunoglobulin E and eosinophilic counts is well documented. But *Cassia sophera* still remains under proved and underused, mother tincture earns good results in most of the cases. Central council of research in homeopathy has given extensive proving of this medicine yet the clinical use remains restricted. The clinical verification of constitutional features of *Cassia sophera* is done in the study and many symptoms were re-confirmed. *Cassia sophera* was used in number of cases from migraine, sinusitis, IBS, haemorrhoids, Tinea cruris etc and results showed that *Cassia sophera* still remains very much unearthed and underrepresented in repertory. Illustration of cases in which *Cassia sophera* is successfully used and available remedy portrait is constructed.

BIOGRAPHY

Jasim Azhivelikkakathu Salim is specialized in Homeopathic Medical Practice. His passionate about love to help people. He is currently Partner and Medical Officer at Dr Salim's Homeopathy, Kochi and also co-owner and Manager Jovintos Trading company Al Qouz, Dubai.

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FORM	STRUCTURE	FUNCTION
<ul style="list-style-type: none"> • Anxiously • Fear of heat disease • Headache • Sensitive • Skin itching eruptions • Skin eruptions scaling • Eyes itching • Eye watering • Constipation • Bleeding 	<ul style="list-style-type: none"> • Nasal mucosa • Senses • Skin • Mind • GIT • Rectum • Lungs • Joints 	<ul style="list-style-type: none"> • Allergic reaction • Hypersensitivity • Portal Hypertension • Inflammation cell infiltration • Hyperkeratosis • Mucus secretions

DISEASE	PATIENT	PERSON
<ul style="list-style-type: none"> • Allergic rhinitis • Chronic sinusitis • Allergic conjunctivitis • Bronchitis • Asthma • Haemorrhoids • Tinea Cruris • Impetigo 	<ul style="list-style-type: none"> • Capricious • Mood changeable • Incontinence • Instability • Fear of heat disease • Delusion: Ghosts appear: Specter on closing eyes • Difficult concentration 	<ul style="list-style-type: none"> • Home desires to go • Walking down for • Walking down for in Open air • Sensitive • Sentimental