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EFFICACY OF HOMOEOPATHIC MEDICINES ON FUNCTIONING IN A CHILD WITH BARAITSER WINTER SYNDROME

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Background: Baraitser Winter Syndrome (BWS) is a condition that affects the development of multiple parts of the body, particularly, the brain and the face. An unusual facial appearance is the most common characteristic of BWS. Distinctive facial features which include hypertelorism, ptosis, high-arched eyebrows, broad nasal bridge, philtrum. Structural brain abnormalities are also present which can cause mild to severe intellectual disability, developmental delay and seizures. This paper explores whether ultra dilute medicines with proven efficacy may be possibly used for such conditions, to improve the qualitative life of the child.

Objective: To reflect the evidence based structural changes brought by homoeopathic medicines and to promote the child independence in congenital deformity.

Method: A child afflicted with baraitser winter syndrome was analyzed and treated as per Homoeopathic principles; general expression of the case was used for diagnosis and characteristic were given prime importance for arriving of the constitutional similium; and conductive training for the development of motor function and functional skills were imparted.

Result: The study involved a detailed follow-up of the child for one year and upon analysis, detailed study and specific treatment, the child showed significant improvement in dysmorphic symptoms as compared to pre-treatment. Structural corrections of undescended testis were seen with improvement in hearing and development of milestones.

Conclusion: The study and treatment demonstrate the scope of homoeopathic medicines in treating BWS which reflects significant improvement in motor and functional skill development of the child, which otherwise, in pre-treatment was grossly missing. However, rigorous research needs to be done.

BIOGRAPHY

Vaishali is graduated in BHMS, from FMHMC, Mangalore, Karnataka and was a gold medalist in her MD (Pead), from VMHMC, Salem, TN. She has attended course in Classical Homoeopathy at IACH, Greece and has undergone clinical training in OPD and IPD. She has also given frequent lectures on Homoeopathy and Pediatrics' to under graduate students and has undergone special clinical training in ICU and NICU at Indira Gandhi Institute of Child Health, Bengaluru. She has participated in numerous conferences, world-wide, and was recognized as the best oral speaker at the first MIIHC 2017, Malaysia. She has published numerous articles about: homoeopathic management of children with special needs, migraine and its miasmatic view, a clinical study of lactose intolerance and its miasmatic approach, juvenile diabetes, etc. She has started her practice since 2009, specialized in treating all kinds of infectious and non-infectious pediatric conditions, acute management and general practice. She has worked for various corporate hospitals and is an on-call Doctor for Kidzee Schools, Bengaluru. She has her own chain of clinics, since 2013, at Bengaluru and has been involved in charitable and social activities, viz., conducting free medical health and blood donation camps.

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