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THE ENDOCANNABINOID SYSTEM INDUCING HOMEOSTASIS

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Homeostasis refers to the processes and reactions that our body utilizes to actively maintain a constant internal environment. Some examples of systems within our bodies that require this constant balancing include: oxygen levels, hydration, and body temperature. Disturbances to this balance can lead to diseases. Examples: epilepsy, stroke, arthritis, Crohn's disease, obesity and cancer. Our body's endocannabinoid system naturally produces cannabinoids that regulate the biochemical processes which help to maintain homeostasis. However, our bodies do not produce enough cannabinoids on their own and we must incorporate phyto cannabinoids (plant-based cannabinoids) to help our body obtain homeostasis.

BIOGRAPHY

Lakisha Jenkins holds a Doctorate in Naturopathy and is a professional Member of the American Herbalist Guild. Her core competencies include utilizing herbs as the basis of nutrition to help combat the symptoms of a myriad of illnesses. Additionally, through research and consulting practicum, she became proficient in identifying the active constituent and cannabinoid profiles in botanicals and integrating those profiles together in herbal compounds. She is the Founder and CEO of The Kiona T Jenkins Foundation of Natural Health, holistic health non-profit organization. The Kiona Foundation and its subsidiary, The Farm'acy – a non-profit agricultural cooperative, operate a natural health cooperative outlet in Pleasanton, CA. She has provided holistic health services Northern California, since 2010. The Farm'acy Cooperative recently expanded its reach into international territory with opening an extension in Kingston, Jamaica (2018). She is a founding Member and the first elected President of the California Cannabis Industry Association and served on the Board of the National Cannabis Industry Association and their Minority Business Council. Additional community service credits include serving on the Health, Hunger and Wellness Coalition Board of Directors for the city of Patterson (California) and certified Leader with the University of California Agricultural Extension 4-H program through Alameda county (California).

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