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ADDICTION AND ACUPUNCTURE: FROM PAIN TO PLEASURE

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In the present paper the author has analyzed the addiction features, its main psychopathologic symptom (craving) and the pain addiction-related. Addiction is a brain disease it is manifested by compulsive substance use despite harmful consequence. People with addiction (severe substance use disorder) have an intense focus on using a certain substances or addictive behaviors (e.g. gambling). Craving is the fundamental psychopathologic symptom of addiction, it's a non-physiological need. It is defined as an irrepressible, repetitive, intrusive desire with loss of control and compulsion (implementation of a series of actions aimed at its realization). Both (craving and addiction) are held by pain and concludes that it's the main cause of craving. Pain will be considered in a holistic vision; a mechanistic model of subjective experience which leads us to think that if we could find brain regions associated with the pain-condition we could target them with therapeutic technologies. The methodology of MRI brain-mapping seduces doctors into thinking that there is a place where chronic or addictive pain happens. The author searched for a relationship between the data of Traditional Chinese Medicine (TCM) of the energetics of living systems (ELS) and conventional medicine; a relationship could help him in the pain-treatment of his patients.

BIOGRAPHY

Carlo Contaldi is graduated in Medicine then became Specialist in Pharmacology. He did his masterclass in Psychodiagnosis/Diagnosis Pathological Addictions. He has done clinical and basic experimentation from Institute of Pharmacology. He was the volunteer Doctor and then as MD in psychiatric hospital. Since 1997, he is in to addiction clinic and medical acupuncture. He has given teachings in Pharmacology, Cosmetology and Toxicology. His higher qualification is in Energetics Acupuncture of Living System (ELS) Chinese Traditional Medicine, Psychopharmacology and Homotoxicology. He was speaker in some conferences in the field of Addiction, Mesotherapy, Acupuncture and extracellular matrix. His interests include: clinical audit - root cause analysis. He is the supporter of the humanization of medicine.

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