

# TRADITIONAL MEDICINE AND ACUPUNCTURE

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### Biography

Kyu Hyun Park is an Emeritus Professor of Neurology of Pusan National University (PNU) from March 2014. He is the Chairperson at Dept. of Neurology, Jungang Hospital. He was Professor of Neurology from 1989 to 2014. He received an MD in 1974 and a doctorate in Internal Medicine in 1984. He finished residency of Internal Medicine in 1982 and license of Neurology in 1984. He did research fellowship at UAB in USA in 1987. He was President of Korean Neurological Association and Director of Longevity Science of Technology and Institute of PNU. He has studied acupuncture since 1968, esp. Korean hand acupuncture (KHT) since 1982. He had lectures on acupuncture at internal conferences in Beijing, Shanghai in China, Kyoto, Fukuoka in Japan, UCI, USA and Harvard Medical School in USA, Graz in Austria, Hague in Netherland and Nanjing 2014, Hangzhou 2015, Xian 2017. He presented papers concerning KHT for more than 20 times since 1984 at Korea-Japan KHT Academic Meeting. He has membership of National Academy of Medicine of Korea, Korean Association of Internal Medicine, Korean Neurological Association, Korean Geriatric and Gerontology, Korean Dementia Association, International Headache Society. His interested fields are cerebral blood flow, headache, stroke, KHT.

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## GOLD ACUPUNCTURE MODEL AND MIRCO-MERIDIAN ACUPUNCTURE MODEL OF KORYO HAND ACUPUNCTURE

**A**lthough acupuncture has been used in clinical practice for a long time, there are still opinions and pros and cons of its effectiveness in various theories and treatments. Koryo hand acupuncture therapy will be a new guideline for new acupuncture medicine or integrated medicine in the 21<sup>st</sup> century because it demonstrates the well-defined principles and theories of diagnosis and treatment. It is difficult to reach the goal of standardization or modernization without understanding the characteristics of acupuncture. We will have opportunity to understand the overview of Koryo hand therapy and the clinical application. Korean Hand Acupuncture Therapy (KHT) micro-meridian and gold meridian acupuncture have been developed since 1971. Micro-meridians in the hands reflect the corresponding points of the body, gold meridians in the body correspond to the micro-meridians of KHT. There are 14 meridians and 404 acupuncture points. They have unique theories and diagnostic and therapeutic methods comparing with traditional acupuncture. It is simple to learn and to practice without side effects. For them, only newly developed tools of KHT are used. They will be new candidates in clinical practice and research in the acupuncture world.