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Female genital mutilation (The fatal tradition)

Female genital mutilation (FGM) is a procedure where the female genitals are deliberately cut, injured or changed, but where there's no medical reason for this to be done. It's very painful and can seriously harm the health of girls and women. It can also cause long-term problems with sex, childbirth and mental health. FGM is recognized internationally as a violation of the human rights of girls and women. UNICEF estimates that worldwide over 125 million women and girls have undergone FGM. It is a traditional cultural practice in 29 African countries. Outside Africa, FGM is also practiced in Yemen, Iraqi Kurdistan and parts of Indonesia and Malaysia. Far smaller numbers have been recorded in India, Pakistan, Sri Lanka, the United Arab Emirates, Oman, Peru and Colombia. According to the literature these women due to their traumatic experience which frequently occurs in childhood, require a challenging type of care so that to accomplish an improved childbirth outcome. A greater understanding of FGM will help health professionals to improve the health care provided and cease further alienation of the women involved. Increasing awareness by educating the communities involved through the Anti-FGM campaigns could help to challenge themselves against harmful practices. The purpose of this lecture is to outline the different types of FGM, the immediate complications, the long term consequences and the significance of the health professionals' role while dealing with excised women and to discuss in detail the systematic

medical approach and the plan of care in pregnancy for women with FGM as well as to increase the awareness among health professionals and involved communities in the hope that the message in this lecture will help the international efforts to abolish this practice or at least diminish it to save as many women as we can from this fatal tradition and its harmful consequences.

Speaker Biography

Alia Adwan obtained her MD from Jordan University of Science & Technology - Jordan (2003), subsequently she did her post graduate training in O&G at King Abdullah University Hospital - Jordan (2004-2008) and then she obtained the Jordanian Board in O&G August same year from the Jordanian Medical council (JMC) Amman / Jordan. She is Full registered doctor with the General Medical Council (GMC - UK) since 2008. She is an active member of the Jordanian Society of Laparoscopic Surgeons (JSLS) since 2010. She pursued further training in Advanced Gynecological Endoscopic Surgery and Minimal Invasive Breast Surgery and Obtained her Diploma in October 2014 from PIUS Hospital - Oldenburg/Germany and in June 2016, she obtained her Fellowship in Advanced Gynecological Endoscopic Surgery And Minimal Invasive Breast Surgery from the same hospital, Accredited by The German Board of Medical Doctors. She has always been an active member of the scientific committees in all the hospitals she worked at, arranging and contributing in CME programs, Symposiums and Conferences. She is very keen in spreading the awareness of different female medical-related issues like breast cancer awareness, cervical cancer awareness and FGM awareness.

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