

Joint Event on

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## Promoting excellence in neutral, compassionate care approaches for unique families

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Dregnancy is complex. The need for unique family care for vulnerable populations such as pregnant incarcerated patients, those planning adoptions, surrogates, and those pregnant with substance use issues is evolving at an incredible pace. The healthcare workers are having a difficult time keeping up with changing dynamics and care needs for unique families. While doctors and nurses in women's health, obstetric and neonatal facilities are well prepared to serve the "traditional" family, many admit they feel ill-equipped to care for the unique families. Standardized healthcare models tailored to care for unique families do not exist. Neutral compassionate care should be the approach utilized to appropriately serve the needs of patients and families in vulnerable situations. Families are frequently left to navigate the complexities of their unique scenario alone which can lead to adverse, unintended outcomes. Pregnant women and their families need neutral compassionate care. Neutral, compassionate care requires caretakers to set aside their personal biases and provide the

woman to have a neutral space to make decisions about her care which are right for her. Pregnant women and their families need to be empowered to make decisions for themselves and their unborn child without outside pressures based on opinions. Too often, a pregnant person, they lose their autonomy and sense of self. Self-identity can become fractured. Pregnancy can lead to empowering to change. This session highlights the unique needs of many under-served and under-supported patient populations including pregnant women with substance use disorder, women who are incarcerated and families who are growing after through surrogacy and adoption. Incorporating the concepts of neutral compassionate care in a partnership with the woman and family is imperative. This session will provide innovative ideas and proven approaches to serve these populations best and increase patient satisfaction while helping this new generation of Unique Families.

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