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Palliative Care nursing in Oman from unknown to well-known

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Cancer is a “human disaster” that is considered as one of the leading causes of death globally. The prevalence of this life-threatening disease is expected to rise to 22 million by 2022 as predicted by the World Health Organization (WHO). Oman is not an exception to this. Cancer causes about 10% of death occurring in the country annually. However, Oman has witnessed great achievements in its healthcare services especially those provided to patients living with cancer. These achievements resulted in increased longevity and patients living with symptoms longer. This called for establishing palliative care services integrated into the current nursing practice.


Palliative care nurses work with individuals and their families who are suffering from a life-threatening illness. They work in order to improve the quality of life of these people through prevention and control of suffering; early detection and thorough assessment, diagnosis and management of pain and other problems associated with their illness whether it is physical or psychosocial or spiritual. Thus, training nurses to undertake this role is vital when providing care for patients with chronic diseases who are living longer. The aim of this presentation is to demonstrate the efforts exerted by a Non-governmental organization in collaboration with national

and international organization to prepare 360 national and international nurses and 44 physicians for providing palliative care to their patients in primary, secondary and tertiary healthcare institutions integrating the services into the current healthcare system. It will recommend a plan for the future in moving towards an interdisciplinary collaborative palliative care service to be offered to all those patients who needs it in different community settings

Speaker Biography

Manal Al-Zadjali is the Coordinator of BSc (Hons) Community Health Nursing Practice Program at Oman Specialized Nursing Institute in Sultanate of Oman. She received her PhD in Nursing and Health Innovation from Arizona State University to become the first nurse who graduated with a PhD in Nursing and Health Innovation and the first master-prepared community health nurse in Oman. She teaches community health nursing and works as the Acting Dean of the institute at times. Further, she is an Adjunct Faculty at Arizona State University, USA and an Honorary Mentor at Cardiff University, UK. In addition to teaching, she is an active member of several professional committees such as research committee and curriculum development committee. She is interested in conducting researches related to health promotion and chronic diseases such as cancer and obesity. When she is not teaching, Manal volunteers in Oman Cancer Association. She is also a board member of the same organization. She is a winner of several awards and scholarships such as the GCC Nurses’ Day Award, Don Tapia Barbara Durand Scholarship from Arizona State University, USA and Fulbright Scholarship etc. She has published several papers on obesity, cancer and community health nursing in Oman. Manal enjoys reading, travelling and nail art in her free time. She currently resides in Muscat.

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