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Frequency of complications in aural foreign bodies

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Objective: To determine the frequency of three complications in terms of bleeding, laceration of external auditory canal and perforation of tympanic membrane due to presence of foreign body in external auditory canal.

Methodology: This was a randomized study, all the cases; one hundred and ninety-six that presented for six months were included in our study by Consecutive Non-Probability Sampling. Otoscopic examination of both ears was carried out and patients with incidental findings were also included. After removing the foreign body laceration, ear bleed, and perforation of tympanic membrane and its type were documented.

Results: (25%) of patients developed bleeding, (13.8%) were having laceration while none of the patient presented with

tympanic membrane perforation. Cotton bud was found to be the commonest foreign body (33.7%) with associated bleeding.

Conclusions: Cotton buds are not suitable for ear cleaning, it causes bleeding and lacerations.

Speaker Biography

Faisal Bashir is working as associate professor. He has completed his MBBS, DLO, FCPS and he is also the supervisor of fellowship at CPSP. In Azad Kashmir, he is the pioneer in starting FESS and known by giving a new dimension to ENT head and neck surgery. He is also well recognized in this area for his services by elevating ENT department not only in-patient surgery, equipment but also in-patient care.

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