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Biography

Dinesh Kansal working as an professor and HOD in the Department of Pharmacology at Dr Rajendra prasad Government Medical College Kangra. He has completed his graduation MBBS in the year 1983 at Himachal Pradesh University, Shimla, HP. He has done his masters degree in the year 1998 at Himachal Pradesh University, Shimla, HP. He has teaching experience from past 28 years. His area of interest is Neuro pharmacology, Experimental and Analytical Pharmacology, Clinical Pharmacology and Pharmacovigilance. He has published 28 Research Papers in International / National Journals. He got Bharat Vidya Rattan award by International Business Council, New Delhi. He has Organized CME on Pharmacovigilance at Dr RPGMC Kangra at Tanda in October 2013. Organized CME on Haemovigilance at Dr RPGMC Kangra at Tanda in April 2014.

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PATTERN OF ADVERSE DRUG REACTIONS IN A TERTIARY CARE MEDICAL COLLEGE AND HOSPITAL

Background: Adverse drug events can lead to admission in hospital, prolongation of hospitalisation, increase in investigation and treatment costs, deformities, danger to life and even death.

Methods: A retrospective analytical study was conducted of adverse drug reaction (ADR) reports collected in our ADR Monitoring Centre established in pharmacology department under the Aegis of Indian Pharmacopoeia Commission (IPC) Ghaziabad (MINISTRY OF Health & Family Welfare, Govt of India). Data pertained to the period from March 2015 to March 2018.

Results: A total of 1059 reports were analysed. 568(54%) patients were females and 491(46%) were males. The majority of ADRs were due to Cancer Chemotherapy agents in 493(46.5%) patients, followed by 182(17%) in HIV patients, and 162(15%) in TB patients. 726(68.5%) patients recovered completely at the time filling up of form, 328(31%) were recovering and 5 patients died. 3 deaths were of snake bite cases and 2 deaths were of MDR TB cases.

Conclusion: Awareness and timely intervention in case of ADR can save many precious lives.