



## PHARMACOLOGY AND ETHNOPHARMACOLOGY

# 5<sup>th</sup> GLOBAL PHYSIOTHERAPY, PHYSICAL REHABILITATION AND SPORTS MEDICINE

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### BUILDING THE OPTIMAL MDT TO SERVICE A PROFESSIONAL FOOTBALL CLUB

#### **Chris Moseley**

Middlesbrough Football Club Training, United Kingdom

The talk will explain the importance of building the best medical team to service a professional football club. To provide support for the players whilst providing a successful and value for money service for the club and chairman. This talk will include the current set up and how each member plays their part to keep the efficient machine working. The interaction between different members of the MDT, the management and senior club officials will be explored. The talk will also look at how external professionals are used to back up this service and how they are selected and what value they are.

#### **BIOGRAPHY**

Chris Moseley from United Kingdom, holds degree in physiotherapy, sports rehabilitation and masters in sports injury management. He is a head physiotherapist at Middlesbrough FC. He has been at the club for 17 years and have experienced in many premier league and championship campaigns as well as UEFA cup finals. He is also a consultant physio for United Kingdom athletics and a trained sonographer in MSK diagnostic ultrasound.

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