

7th International Conference and Exhibition on
PHARMACOLOGY AND ETHNOPHARMACOLOGY
&
**5th GLOBAL PHYSIOTHERAPY, PHYSICAL
REHABILITATION AND SPORTS MEDICINE**

March 27-28, 2019 | Amsterdam, Netherlands

Renato Vilella, Asian J Biomed Pharmaceut Sci 2019, Volume 9
DOI: 10.4066/2249-622X-C1-017



Renato Vilella

Instituto Mineiro de Acupuntura e Massoterapia, Brazil

BIOGRAPHY

Renato Vilella from Brazil graduated in physiotherapy at the University Center of Belo Horizonte. He completed his specialization in pain. He teaches anatomy, human physiology and manipulative techniques at Instituto Mineiro de Acupuntura e Massoterapia (IMAM) and also extension courses (advanced tissue manipulation, manual resources for controlling pain, dry needling) to physiotherapists. He has two papers published and has been working on the third one (epidemiology of pain in climbers of Brazil). He is also the physiotherapist of Pedro Avelar of the Brazilian selection of climbing and clara viegas of the Brazilian youth selection of climbing.

renatovilella@gmail.com

“UNRESOLVED PAIN - WHAT TO DO?”

Pain is arguably the most common complaint in clinical practice. Most of the patients present chronic pictures and pictures of unresolved pain (patients who have already undergone several treatments and none have been effective). These patients need a distinct clinical view, a logical reasoning integrating between the local specificity and the global integrality of the human body. Understanding the types of pain, complex of pain, and its anomalies, is necessary for the anamnesis of the patient and understanding the patient's history. To have a differential clinical diagnosis is the beginning of the clinical evaluation, allowing the exclusion of pathologies or dysfunctions and narrowing the way to trace the conduct. The conduct differs from physiotherapist to physiotherapist, depending on the training and expertise of the same. But in any case, human physiology and anatomy is the same for any patient and the basics should be used logically to understand the advanced. The integration of the neuro-immuno-endocrine-muscular-fascial systems is the clinical solution of these patients with unresolved pain. In the workshop we will deepen this knowledge and work on differential diagnoses and logical reasoning for the integration of human body systems.