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## Impact of reproductive health education on the knowledge of mid adolescents boys of urban population of Haryana

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Overall objective was to study impact of reproductive health education on knowledge of mid-adolescents boys of urban population with special reference to reproductive health. Study design: The study was cross-sectional type conducted over a time period of six months.

**Methods:** The study subjects were drawn from three schools, of urban population of Faridabad, in Haryana. The present study was designed to evaluate the existing knowledge and impact of reproductive health education amongst mid-adolescent boys, related to adolescent health with special reference to secondary sexual characteristics, menstrual cycle, pregnancy and motherhood, AIDS and family planning practices. Sample Size: A sample size of 250 students was selected for this study. Study group: comprised of mid adolescent boys and girls of 14-16 years, studying in co-educational senior secondary schools. Data from

students was collected using a structured self-administered questionnaire.

**Conclusion:** There was marked improvement in knowledge of same adolescents after education on the reproductive health in almost each and every field. The fact that children engage in sexual behaviour before they have a clear understanding of what it is all about, places them at very high risk of a variety of adverse experiences that can impact negatively on their development. Adolescents whom mothers were housewives were more aware of their reproductive health as compare to working parents. But parent's education doesn't produces significant difference in their knowledge. Conversely, although many adolescents have sexual knowledge, this knowledge does not always influence their behaviour.

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