Value of urinary Neutrophil Gelatinase-Associated Lipocalin (NGAL) in predicting acute kidney injury in neonates with perinatal asphyxia

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Abstract

Background: Acute kidney injury (AKI) affects 30-55 % of asphyxiated neonates, with a 60-66 % mortality rate. Because novel biomarkers measured at the time of intensive care unit (ICU) admission have been shown to predict short and long-term outcomes, the purpose of this study was to assess the role of urinary neutrophil gelatinase-associated lipocalin (NGAL) as an early biomarker for detecting acute kidney injury (AKI) in neonates with perinatal asphyxia.

Methods: This study included 91 full-term neonates (45 of whom were asphyxiated and 46 of whom were not). The asphyxiated group was subdivided further into AKI and non-AKI groups. UNGAL was measured 6 hours after birth, while CRP, creatinine, potassium, and blood urea nitrogen levels were measured 48 hours later. The biomarkers' diagnostic value was determined using receiver operating characteristic (ROC) curves.

Results: In terms of age and gender, there was no significant difference between the two groups (asphyxiated and non-asphyxiated). In contrast, there was a significant difference between the two groups in terms of the need for resuscitation, the need for oxygen support, the need for ventilation, the need for total parenteral nutrition, and the mode of delivery, with a P value of (<0.001,< 0.001, <0.001, <0.001 and 0.018 respectively). The results of laboratory tests (uNGAL, potassium, blood urea nitrogen, and creatinine) were significantly higher in the asphyxiated group than in the non-asphyxiated group, with a P value of (<0.001, 0.03, <0.001 and <0.001 respectively). The non-asphyxiated group had significantly higher Apgar scores at one and five minutes, urine output, albumin, and base excess than the asphyxiated group, with a P value of (<0.001, <0.001, <0.001, <0.001, <0.001 and 0.012 respectively). In the asphyxiated group with AKI, uNGAL showed a significant positive correlation with serum creatinine (P<0.001) and a significant negative correlation with (pH, base excess, and Apgar score at (1min-5 min) with P value (<0.001, 0.021, and <0.001 respectively).

Conclusion: As a result, early detection of uNGAL as a novel and non-invasive biomarker can predict the occurrence of AKI in neonates with perinatal asphyxia, allowing for early intervention and the avoidance of complications.

Keywords: Neonates, Asphyxia, Acute kidney injury, Urinary biomarker, Neutrophil gelatinase-associated lipocalin

Introduction

Asphyxia is a major cause of neonatal intensive care unit (NICU) admission and the second leading cause of morbidity and mortality in term and preterm neonates. In poor countries, the prevalence of asphyxia ranges from 5 to 10 per 1000 live births [1]. The hypoxic ischemic phenomenon does not always occur after birth, accounting for only 10% of all cases. The majority of cases occur before birth (20%) and during delivery (33%), respectively [2].

Acute kidney injury (AKI) affects 30-55 percent of asphyxiated neonates, with a 60-66 percent mortality rate [3]. AKI has largely replaced acute renal failure (ARF) because it better defines renal dysfunction as a continuum rather than a discrete finding of failed kidney function. AKI is defined as a sudden loss of kidney function that results in a decrease in glomerular filtration rate (GFR), retention of urea and other

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nitrogenous waste products, and dysregulation of extracellular volume and electrolytes [4].

Diagnosis of AKI in neonates is difficult because most clinical and biochemical parameters are independent at this age [1]. Serial measurements of kidney function biomarkers such as serum creatinine are currently used to make the diagnosis in approximately 30% of critically ill neonates and children who suffer from AKI and its consequences [5,6].

Serum creatinine is frequently a delayed and imprecise test because it reflects GFR in individuals who are in a steady state with stable kidney function and does not accurately reflect GFR in a patient whose renal function is changing.

A neonate in the early stages of severe AKI with a markedly reduced GFR, for example, may have a

relatively normal or slightly elevated creatinine because there hasn't been enough time for creatinine accumulation[7]. Novel AKI biomarkers have the potential to not only diagnose AKI earlier than changes in serum creatinine, but also to predict the development of AKI, distinguish the aetiology of the AKI, and predict the likelihood of adverse post-AKI short and long-term outcomes [8].

Neutrophophil gelatinase-associated lipocalin (NGAL), kidney injury molecule 1 (KIM-1), interleukin 18 (IL-18), liver-type fatty acid-binding protein (L-FABP), neutrophil elastase-2 (Ela-2) and cystatin C (Cys-C) are some of these biomarkers [9,10]. NGAL is a lipocalin family protein that is widely expressed and serves as a bacteriostatic agent in the innate immune response. Following renal injury, NGAL production is dramatically increased [11]. The purpose of this study was to determine the benefit of u NGAL in the early detection of AKI in neonates exposed to perinatal asphyxia. This study was expanded to assess the sensitivity and specificity of uNGAL cutoff values in the diagnosis of AKI in these neonates.

Subjects and Methods

Patients and study design

This comparative cross-sectional study included 91 fullterm neonates admitted to the NICU of Ain Shams University's Pediatric Hospital over a four-month period (March 2021-July 2021). According to the inclusion criteria, the neonates were divided into two groups: 45 neonates with a history of perinatal asphyxia (asphyxiated group) and 46 neonates (age and sex matched) admitted to the neonatal intensive care unit (NICU) for reasons other than asphyxia (nonasphyxiated group).

The asphyxiated cases included in this study were chosen in accordance with the Chinese Medical Association Perinatal Medicine Branch. Three or more of the following symptoms indicate perinatal asphyxia: (a) The pH<7.0 in umbilical artery, (b) Apgar score <6 at 5 minute, (c) meconium stained liquor and (d) changes in fetal heart rate [1].

The neonates in the non-asphyxiated group were incubated for reasons other than hypoxia. The group of asphyxiated cases was further subdivided 48 hours after NICU admission into asphyxiated neonates with AKI (n=18) and asphyxiated neonates without AKI (n=27). AKI in neonates was defined as having oliguria (<0.5 mL/kg/hr) as well as elevated serum creatinine (>1.5 mg/dL) for more than 48 hours [12].

The study excluded neonates with a history of congenital renal anomalies or congenital infection demonstrated by antenatal or postnatal care, neonates with a history of maternal kidney disease, neonates who had received nephrotoxic drugs, and preterms.

Methods: All neonates who took part in the study had a complete history taken from their parents, including antenatal, maternal, obstetric, and postnatal history. A thorough clinical examination of the neonates was performed in order to determine system failure, with special emphasis on neurological and urological estimation.

All neonates had their urine output (UOP) measured every 24 hours using a plastic collection bag. Each neonate had a venous blood sample (3ml) drawn using sterile equipment. An aliquot (1ml) was collected in tubes containing EDTA as an anticoagulant, while the remaining 2 ml was collected in two tubes without anticoagulant to separate sera using cooling centrifugation at 1800 xg for 10 min at 4 °C and the aliquots of serum samples were stored at -20°C till the time of analysis.

Laboratory investigations for the neonates were carried out in the form of complete blood count (CBC) including hemoglobin, RBC, WBC, platelets counts by using an automated analyzer (Cel-dyn.3500; Abbott Diagnostics, Abbott park; IL). Semi quantitative C reactive protein (CRP) was analyzed by latex agglutination (Omega Diagnostic, Ltd, Alva, UK) following the manufacturer's instruction.

Serum creatinine was determined by Bio Systems Reagent kit provided by Bio Systems S.A (Barcelonan, Spain) by modified Jaff reaction. Serum blood urea nitrogen was estimated by the enzymatic colorimetric test, using a Diamond kit (Diamond Diagnostic, Holliston, USA) following manufacturer's manual.

Serum albumin was quantified using the bromocresol green method (Ortho-Clinical Diagnostics Inc., Rochester, NY, USA) following the manufacturer's recommendation. Sodium and potassium were analyzed by colorimetric method (Lab Care Diagnostics, Pvt, Ltd, India) as recommended by manufacturer's protocol.

The laboratory evaluations were determined after 48 hours of NICU admission. Urine samples (10ml) were collected to measure NGAL by human neutrophil gelatinase-associated ELISA kit (SinoGeneClon Biotech Co.,Ltd) as a marker of AKI following the manufacturer's instruction. The uNGAL level was estimated after 6 hours of NICU admission. Radiological investigations such as chest X ray, echocardiography and abdominal ultrasound were done for diagnosing and excluding associated anomalies.

Ethical approval: This study was approved by Medical Research Ethical Committee of the National Research Centre, Egypt. A written informed consent for all participants was collected from their parents after explaining the purpose and methodology of the study.

Statistical analysis:

The collected data was revised, coded, tabulated and introduced to a PC using Statistical package for Social Science (SPSS 20 for windows). Data cleaning and checking for quality of data and data entry was performed. Data was presented and suitable analysis was done according to the type of data obtained for each parameter.

Descriptive statistics include mean, standard deviation (SD), and frequency and percentage for parametric numerical data, as well as frequency and percentage for qualitative data. Analytic statistics, on the other hand, include the Student t Test, which was used to determine the statistical significance of the difference between two study group means, and the Chi-Square test, which was used to investigate the relationship between two qualitative variables. When the expected count is less

than 5 in more than 20% of cells, Fisher's exact test was used to investigate the relationship between two qualitative variables. Pearson correlation was used to determine the strength of relationship between two quantitative variables. The ROC curve and area under the curve were calculated to test the value of NGAL and creatinine in the diagnosis of AKI in asphyxiated neonates. Accordingly coordinates of the curve were done to determine the cut off values with sensitivity and specificity.

Results

In total, 91 neonates participated in the current study. They were divided into two categories: The first group is made up of 45 asphyxiated neonates (asphyxiated group), and the second group is made up of 46 non-asphyxiated neonates (non-asphyxiated group). Table 1 depicts the characteristics of all neonates in the study as well as their mothers. In terms of sex and gestational age, there was no statistically significant difference between asphyxiated and non-asphyxiated neonates. The cases had 60.9 percent males and 39.1 % females, while the controls had 64.4 percent males and 35.6 % females (p= 0.06).

The mean gestational age among asphyxiated neonates was 39.09 ± 1.2 , but among non-asphyxiated neonates was 39.3 ± 1.3 (P=0.737). The mean birth weight of asphyxiated group was 2476.8 ± 948.1 g and the mean birth weight of non-asphyxiated group was 2477.7 ± 934.5 g, with insignificant difference between the two groups (p=0.99).

Approximately 62.2 % of asphyxiated neonates had a history of multiple pregnancies, whereas 76 % of non-asphyxiated neonates had a single pregnancy. Approximately 82.6 % of neonates with asphyxia had a history of antenatal maternal disease. There was a significant difference between asphyxiated and non-asphyxiated neonates in terms of need for resuscitation at delivery, oxygen support, ventilation, total parenteral nutrition (TPN), and mode of delivery (p< 0.001, <0.001, <0.001 and< 0.018, respectively).

Apgar scores (1 and 5 minutes) and urine output (UOP) revealed a statistically significant difference (p < 0.001) between asphyxiated and non-asphyxiated groups, with higher mean values in the non-asphyxiated group.

Variables	Asphyxiated neonates N=45 n(%)	Non-asphyxiated neonates N=46 n(%)	p value	
Gestational age (weeks)	39.09 ± 1.2	39.3 ± 1.3	0.737	
Sex	•	·		
Male	28(62.2%)	29(63%)		
Female	17(37.8%)	16(27%)	0.06	
Weight (g) (mean ± SD)	2476.78±948.13	2477.72±934.48	0.99	
Delivery mode				
CS	28(62.2%)	38(82.6%)		
Vaginal	17(37.8%)	8(17.4%)	0.018*.	
Single or multiple pregnancy				
Single	17(37.8%)	35(76%)		
Multiple	28(62.2%)	11(24%)	< 0.001*	
Antenatal maternal disease			I	
Yes	38(82.6%)	18(40%)		
No	7 (27.4%)	28(60%)	<0.001*	
Need to resuscitation at delivery				
Yes	35(77.7 %)	16(34.8%)		
No	10(32.3%)	30(65.2%)	<0.001*	
Need to oxygen support	•			
Yes	41(91.1%)	12(26.1%)	<0.001*	
No	4(8.9%)	34 (73.9%)		

Need to ventilation			
Yes	29 (64.4%)	9 (19.6%)	
No	16(35.6%)	37(81.4%)	<0.001*
Need for TPN			
Yes	28(62.2.%)	11(24%)	
No	17(37.8%)	35(76%)	<0.001*
Apgar at 1 minute (mean ± SD)	2.84±1.74	6.7±0.6	<0.001*
Apgar at 5 minute (mean \pm SD)	4.87±1.05	7.5±0.5	<0.001*
urine output (cc/kg/hour) (mean ± SD)	1.94±0.41	3.08±0.71	< 0.001*

Table 1. Comparison between asphyxiated group and non- asphyxiated group regarding clinical data, *: p < 0.05 significant

The mean values of uNGAL, potassium, creatinine, and blood urea nitrogen in asphyxiated neonates were significantly higher than in non-asphyxiated neonates (p<0.001, 0.03, <0.001, and <0.001, respectively). The asphyxiated neonates had a non-significant (p=0.06) increase in serum CRP compared to their nonasphyxiated counterparts. On the contrary, the mean values of albumin, umbilical artery pH, and base excess were significantly higher in the non-asphyxiated group than in the asphyxiated group (p < 0.001, < 0.001, and 0.012, respectively). The difference in serum sodium levels between the asphyxiated and non-asphyxiated groups was insignificant (p=0.07) (Table 2).

Variables	Asphyxiated neonates N=45 mean±SD	Non- asphyxiated neonates N=46 mean±SD	p value
Hemoglobin (g /dl)	13.78±5.4	13.56±3.51	0.8
Total leukocytic count (×10 [×] / L)	12.69± 3.01	13.1±3.37	0.5
Platelets (×10 ⁹ /L)	198.82±134.11	248.87±183.26	0.09
Albumin (g/ dl)	2.6±1.07	3.5±0.68	<0.001*
CRP (mg/ dl)	34.2±32.11	26.29±18.37	0.06
NGAL (ng/ ml)	7.22±1.16	2.32±0.32	<0.001*
Sodium (meq/ L)	139.43±6.36	142.43±8.16	0.07
Potassium (meq/ L)	4.60±1.35	4.06±1.08	0.03*
Creatinine (mg/ dl)	1.7±1.29	0.36±0.14	<0.001*
Blood urea nitrogen (mg/ dl)	56.08± 25.17	28.36±5.74	<0.001*
pH of umbilical artery	7.09±0.28	7.4±0.04	<0.001*
Base excess	-6.37±9.47	-2.54±3.6	0.012*

Table 2. Comparison between the asphyxiated and non-asphyxiated neonates regarding the laboratory investigations. *: p < 0.05 significant

Table 3 shows that there was a significant difference in urine output and delivery mode between asphyxiated

cases with AKI and asphyxiated cases without AKI (P=0.04, <0.001 respectively).

Variables	AKI N=18 N(%)	Non AKI N=27 N(%)	p value
Sex			

Male	10(55.6%)	19(70.4%)	0.56			
Female	8(44.4%)	8(29.6%)				
Weight (g) (mean ± SD)	2814.17±1058.32	2251.85±810.93	0.05			
Delivery mode						
CS	14(77.8%)	24(88.9%)	<0.001*			
Vaginal	4(22.2%)	3(11.1%)				
Single or multiple pregnancy						
Single	6(33.3%)	11(40.7%)	0.37			
Multiple	12(66.7%)	16(59.3%)				
Need to ventilation	Need to ventilation					
Yes	18(100%)	11(40.7%)	0.67			
No		16(40.3%)				
Need for TPN						
Yes		10 (37%)	0.72			
No	18(100%)	17 (63%)	0.72			
Apgar at 1 minute (mean ± SD)	2.84±1.74	6.7±0.6	0.9			
Apgar at 5 minute (mean ± SD)	4.87±1.05	7.5±0.5	0.3			
Urine output (cc/kg/hour)(mean ± SD)	1.6 ±1.44	2.16±1.37	0.04*			

Table 3. Comparison between the AKI asphyxiated neonates and non-AKI asphyxiated neonates regarding clinical data. *: p < 0.05 significant

Urinary NGAL, CRP, potassium, creatinine and blood urea nitrogen had significant higher mean values in AKI asphyxiated cases than non AKI asphyxiated cases (p=0.04, 0.04, <0.001, <0.001and <0.001 respectively). Whereas serum albumin had significant higher level in non- AKI asphyxiated cases than AKI asphyxiated cases (Table 4).

Variable	AKI N=18 mean±SD	Non-AKI N=27 mean±SD	p value
Hemoglobin (g/dl)	13.7±6.24	13.91±4.18	0.9
Total leukocytic count (×10 [°] /L)	13.93± 3.26	11.86±2.57	0.02
Platelets ($\times 10^{9}/L$)	203.39±166.55	195.78±128.45	0.86
Albumin (gm/dl)	1.84±0.48	3.87±0.15	<0.001**
CRP (mg/ dl)	40.33±38.88	19.78±20.78	0.04*
NGAL (ng/ ml)	7.27±1.24	5.13±1.05	0.04*
Sodium (meq/L)	138.88±4.4	144.48±9.33	0.02
Potassium (meq/L)	5.32±1.26	3.51±0.42	<0.001*
Creatinine (mg/ dl)	1.66±0.65	0.59±0.19	<0.001*
Blood urea nitrogen (mg/ dl)	75.07± 10.85	27.61±5.39	<0.001*
pH of umbilical artery	7.09±0.27	7.1±0.29	0.9

Table 4. Comparison between the AKI asphyiated neonates and non-AKI asphyxiated neonates regarding the laboratory investigations. *: p < 0.05 significant

Table 5 shows the correlations of NGAL with other clinical and laboratory data (5). UNGAL was found to have a significant negative correlation with umbilical artery pH, base excess, and Apgar score

at 1 and 5 minutes (p<0.001, 0.021, <0.001, and <0.001, respectively). UNGAL, on the other hand, showed a significant positive correlation with creatinine (p<0.001).

Parameters		NGAL
A co	Pearson Correlation (r)	0.072
Age	P value	0.497
	Pearson Correlation (r)	-0.033
Weight	P value	0.759
Total loubs and a sound	Pearson Correlation (r)	-0.028
Total leukocytic count	P value	0.791
	Pearson Correlation (r)	0.033
ПО	P value	0.759
Distalata	Pearson Correlation (r)	-0.185
Platelets	P value	0.079
CRP	Pearson Correlation (r)	0.200
	P value	0.057
nH of umbilical artery	Pearson Correlation (r)	592
pri of unionical aftery	P value	<0.001*
Base excess	Pearson Correlation (r)	242
Dase excess	P value	0.021*
An end of Invioute	Pearson Correlation (r)	803
Apgar at Iminute	P value	<0.001*
A	Pearson Correlation (r)	791
Apgar at 5 minute	P value	<0.001*
Urine output	Pearson Correlation (r)	0.21
onne output	P value	0.403
Blood urea nitrogen	Pearson Correlation (r)	-0.091
blood alea malogen	P value	0.719
	Pearson Correlation (r)	0.458
Creatinine	P value	<0.001*

Table 5. Spearman Correlations of NGAL with other laboratory and clinical data in asphyxiated neonates with AKI. *: Significant correlation at p < 0.05

Figures 1 and 2 showed that NGAL sensitivity was 74.1 % and specificity was 72.2 % , at cutoff value 6.3 and AUC 0.49. Creatinine sensitivity was 71 % and

specificity was 80%, at cutoff value 0.3 and AUC 0.505 for detection of AKI in asphyxiated neonates.

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Figure 1. ROC curve analysis for using NGAL in detection of AKI in neonates with asphyxia

Test Result Variable	(s): NGAL			
Aroo	Std Error ^a	Asymptotic Sig b Asymptotic 95% Confiden		onfidence Interval
Alea	Stu. EITOI	Asymptoticsig.	Lower Bound	Upper Bound
0.490	0.089	0.908	0.316	0.664

The test result variable(s): NGAL had at least one tie between the positive actual state group and the negative actual state group. Statistics may be biased.

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b. Null hypothesis: true area = 0.5

AUC	CUT OFF VALUE	SPECIFICITY	SENSITIVITY
0.49	6.3	72.2%	74.1%



Figure 2. ROC curve analysis for using creatinine in detection of AKI in neonates with asphyxia

Test Result Variable(s): creatinine

Area	Std. Error ^a	Asymptotic Sig. ^b	Asymptotic 95% Confidence Interval	
			Lower Bound	Upper Bound
0.505	0.151	0.972	0.208	0.801

The test result variable(s): creatinine had at least one tie between the positive actual state group and the negative actual state group. Statistics may be biased.

a. Under the nonparametric assumption

b. Null hypothesis: true area = 0.5

AUC	CUT OFF VALUE	SPECIFICITY	SENSITIVITY
0.505	0.3	71%	80 %

Asphyxia is a leading cause of NICU admission, and acute kidney injury affects 30-55 % of asphyxiated neonates, with a mortality rate of 60-66 % [3]. Novel biomarkers detected during intensive care unit (ICU) admission have been shown to predict both short and long-term outcomes [13,14].

In this study, we looked at a novel biomarker; uNGAL in the urine in addition to routine laboratory tests to predict the development of AKI in neonates with perinatal asphyxia and to anticipate early intervention for these high-risk patients.

There was no significant difference in gestational age, sex, or birth weight between the asphyxiated and nonasphyxiated groups of neonates in our study. This is consistent with the findings of a study conducted by Zhang et al.,[1]. However, Gopal et al. study found that the majority of asphyxiated neonates were males. 62.2% of asphyxiated group mothers had a history of multiple pregnancies, and 82.6 percent had antenatal maternal disease[15].

These findings are consistent with those of Liborio et al.,, who found that 27 of 46 neonates with AKI (58.7 %) had multiparous mothers, with 31 (67.3 %) of those mothers receiving regular antenatal care due to an antenatal disease[16].

Selewski et al. [17] found a significant difference in instrumental vaginal delivery and urine output with p values of (<0.001 and 0.01 respectively) in 55 of 120 asphyxiated neonates with AKI in their study. These findings are consistent with our findings, in which there was a significant difference between the asphyxiated group with AKI and the asphyxiated group without AKI in terms of mode of delivery and urine output, with p values of (<0.001 and 0.04 respectively). Furthermore, the need for resuscitation, oxygen support, ventilation, and TPN was significantly higher in asphyxiated neonates than in non-asphyxiated counterparts with p value of (<0.001 and 0.04 respectively)

Because of the pulmonary effects of hypoxia, such as pulmonary hypertension, pulmonary haemorrhage, and pulmonary edoema caused by heart failure or the inability of the lungs to produce surfactant, either noninvasive or invasive oxygen support is required to moderate both oxygen and carbon dioxide levels. Also, hypoxia damages the gut wall, making it impossible to introduce enteral feeding, so TPN is usually initiated [18].

Renal impairment, including increased blood urea nitrogen, creatinine, and decreased urine output, is a common finding in neonates with perinatal asphyxia [19]. The asphyxiated neonates had significantly higher levels of uNGAL (6 hours postnatal) as well as potassium, creatinine, and blood urea nitrogen (2 days postnatal) than the non-asphyxiated group, with p values of (<0.001, 0.03, <0.001, and <0.001 respectively).

In addition, CRP levels (2 days postnatal) showed a non-significant increase in the asphyxiated group compared to the non-asphyxiated group (p=0.06).

This finding is consistent with that of Sarafidis et al., [20], who discovered that serum and urinary levels of NGAL were significantly higher in asphyxiated neonates on days 1, 3, and 10 of life compared to controls regardless of serum creatinine elevation. This reflects NGAL's role as an AKI diagnostic marker. Also, our findings are consistent with those of Askenazi et al., , who found an increase in serum creatinine, blood urea nitrogen, and uNGAL in 110 asphyxiated neonates when compared to controls, with significant p values of 0.05, 0.01 and <0.001, respectively [21].

In perinatal asphyxia, disturbed acid-base balance (metabolic acidosis) is a common finding [22]. A pH of<7 indicates a 50% chance of an abnormal outcome, including neonatal sepsis, hypoalbuminemia, and neurological sequences. This is consistent with our findings, in which the non-asphyxiated group had significantly higher levels of albumin, umbilical artery pH, and base excess than the asphyxiated group, with p values of (<0.001, < 0.001, and 0.012, respectively).

AKI is a common consequence in asphyxiated neonates compared to asphyxiated neonates without AKI with significantly higher levels of (uNGAL, CRP, potassium, creatinine, and blood urea nitrogen) with corresponding p values (0.04, 0.04, <0.001, <0.001, and <0.001 respectively). Tanigasalam et al. [23] found AKI in 55 of 120 asphyxiated neonates (46 percent). Furthermore, our findings are consistent with those of Amardiyanto et al. who found AKI in 18 of 32 asphyxiated neonates (56.25 %) with significant high levels of serum urea and creatinine on the third day of life[24].

Serum creatinine is a marker of kidney function rather than kidney damage. After a 50% reduction in GFR, a 48–72 h delay in its rise was observed. As a result, urinary NGAL levels are a novel biomarker for predicting the occurrence of AKI [25]. In our study of asphyxiated neonates with AKI, uNGAL was found to be positively correlated with serum creatinine, with a significant p value of< 0.001.

Perinatal asphyxia is associated with a poor prognosis, poor outcome, and a higher mortality rate, particularly in low birth weight neonates, as well as increased NICU admission duration, oxygen requirements, and ventilation. Alaro et al. found that uNGAL was negatively correlated with umbilical artery pH, base excess, and Apgar score, with significant P values of (<0.001, 0.021, and< 0.001, respectively) [26].

In our study, the serum creatinine cutoff point was 0.3 mg/dl, with 71% sensitivity and 80% specificity. El-Gasmy [27] reported that in asphyxiated neonates with AKI, creatinine sensitivity was 41.5 % and specificity was 52.7 % at a cutoff point of 0.5 mg/dl. In our study, we found that at a cutoff point of 6.3 ng/ml, the sensitivity and specificity of uNGAL for AKI prediction in asphyxiated neonates were 74.1 and 72.2 percent, respectively.Similarly; uNGAL sensitivity and specificity were 84 and 88 %, respectively, in a study conducted by Zhang et al. [1].

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Conclusion

In the current study, 40% of asphyxiated neonates had AKI, and their uNGAL was significantly higher than in the asphyxiated neonates who did not have AKI. uNGAL also had a positive correlation with serum creatinine but a negative correlation with pH, base excess, and Apgar score. As a result, early detection of uNGAL as a novel, non-invasive biomarker aids in the prediction of AKI in neonates with perinatal asphyxia, allowing for early intervention and prevention of complications, as well as a reduction in neonatal mortality.

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Conflict of interest

All authors declared that they have no conflict of interest.

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