

Validity and impact of COX-2 “Cyclooxygenase-2” in breast cancer.

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Abstract

Background: Breast carcinoma is the most common malignant tumor and the leading cause of carcinoma deaths in women. Its etiology is multifactorial, including reproductive factors, hormonal imbalances and genetic predispositions. According to many studies Cyclooxygenase-2 (COX-2) plays an important role in the carcinogenesis and increased expression has been regarded as a poor prognostic factor.

Objective: The objective of our study is to evaluate COX-2 expression in breast cancer comparing two different scoring system.

Methods: Formalin-fixed and paraffin-embedded tissue blocks were studied for COX-2 expression by immunohistochemistry in 100 patients diagnosed as breast carcinoma. Two different scoring system were applied. The relationship between COX-2 expression and various clinico-pathological parameters was studied.

Results: The results of our study suggest an association of the expression of COX-2 to the poor prognostic factors in breast cancer, such as larger tumor size, positive lymph node status, higher T stage and N stage, hormonal status and HER-2/NEU status as studying the association between COX-2 protein expression and different clinico-pathologic features revealed that larger tumor size (>5) and lymph node metastasis showed statistical significant association with COX-2 protein expression (p=0.014 and p=0.031, respectively). While rest of clinico-pathologic features such as age, stage, hormonal receptor status and histopathologic features showed no statistical significant association. However, Studying the association between COX-2 protein expression using H-score and clinico-pathological characteristics revealed that The median H-score of COX-2 protein expression was higher in her-2/neu positive cases compared to her-2/neu negative cases and that was statistically significant with a p value (p=0.023). Also, statistical significant association was found between hormonal receptor status and median H-score of COX-2 protein expression (p=0.029).

Conclusion: Applying different scoring system resulted in different significant data. Therefore, standardized scoring system for COX-2 protein expression should be developed.

Keywords: COX-2, Breast, Prognosi, Clinico-pathologic, Carcinoma.

Introduction

Breast cancer is the most frequently diagnosed cancer globally and is the leading cause of cancer-related death in women [1]. In 2018, the predicted number of new breast cancers in 28 European Union (EU) countries was 404,920 with estimated age-adjusted annual incidence of breast cancer of 144.9/100000 and mortality of 32.9/100000, with 98,755 predicted deaths. In Egypt, it is the most common cancer in females, in 2018 the incidence of breast cancer was 23081 new cases about 35.1% of the incidence of all cancer cases according to Globocan 2018. A female breast cancer is a challenging health problem coming on top of all malignancies [2] with a poor outcome compared to international figures [3]. Many studies showed that age at diagnosis of breast cancer in Arab countries is a decade younger than that in Western countries [4].

In breast cancer the molecular characteristics play an important role in tumor prognosis and aggressiveness and may contribute

to routine clinical decision making. Additionally, identifying specific molecular patterns help to introduce targeted therapies for cancer treatment. The classical molecular prognostic parameters of breast cancer are Estrogen Receptor (ER), Progesterone Receptor (PR) expression and Her-2-neu receptor expression [5,6]. Studies have shown that Cyclooxygenase-2 (COX-2) plays an important role in the development of some human cancers, specifically pulmonary, colon and breast cancers. Cyclooxygenase enhances catalyzing the conversion of arachidonic acid to prostaglandin endoperoxide, which is the rate limiting step in prostaglandin and thromboxane biosynthesis. COX-1 and COX-2 are the two isoforms of prostaglandin synthase [7].

COX-1 is characterized as a housekeeping enzyme required for the maintenance of basal level prostaglandins and is expressed constitutively in most tissues. COX-2 is highly inducible and can be rapidly up regulated in response to various

proinflammatory agents, including cytokines, mitogens, and tumor promoters, especially in cells involved in inflammation, pain, fever, Alzheimer's disease, osteoarthritis, or tumor formation [8,9].

Under normal conditions, acute inflammation is a tightly controlled self-limiting response, specific cytokines, including interleukin-1 (IL-1) and IL-6, exert feedback inhibition causing COX-2 expression and PGE₂ production to cease and the inflammatory response to subside. However, with sustained exposure to pro inflammatory stimuli, continued expression of COX-2 leads to the transition from acute to chronic inflammation. Moreover, COX-2 plays a role in the regulation of estrogen by producing prostaglandin E₂, which increases the expression of the cytochrome P450 enzyme complex (also known as aromatase) that catalyzes androgen to produce estrogen [10-12]. During progression of cancer, prostaglandins mediate several mechanisms, including cell proliferation, apoptosis, and angiogenesis. Therefore, the aim of our study is to evaluate the COX-2 protein expression in breast cancer and its relation with clinical and histological prognostic parameters applying two different scoring systems for interpretation and reporting of immunohistochemistry results and comparing them.

Materials and Methods

A total number of one hundred formalin-fixed and paraffin-embedded tissue blocks were collected from the archived materials of pathology department in the South Egypt Cancer Institute. There were taken either by True cut biopsy, breast conservative surgery or modified radical mastectomy. Clinicopathological parameters such as patient age, gender, tumor size (T), Lymph Node metastasis (LN) hormonal status (ER and PR), HER-2/NEU and stage, all were obtained from the available histopathological reports, and the overall survival was obtained from the patient medical record files of SECI.

Immunohistochemistry

Three μ m thick formalin-fixed paraffin-embedded tissue sections were cut and Sections were dewaxed in Xylene (for half an hour) and rehydrated through graded alcohols from 100%-70% then washed in Distilled water. Pre-treatment with Heat-Induced Epitope Retrieval (HIER) was done using citrate buffer pH 9 for 20 minutes at 97°C. Slides were then washed 2-3 times with Phosphate Buffer Solution (PBS). Blocking of endogenous peroxidase activity was performed using peroxidase blocking reagent (Genemed, Sakura, USA) and incubated 5 minutes a Polyclonal Anti-PTGS2/COX-2 antibody with Catalog no. #YPA1044 primary antibody (Chongqing Biospes Co., Ltd, China) diluted by 1:150 was applied to the sections and incubated for 30 minutes at room temperature. Then the slides were washed 2-3 times using PBS. After washing, immunostaining was performed using a universal staining kit, (Poly HRP/DAB (Ready-To-Use), Genemed, Sakura, USA) following the manufacturer's instructions. The secondary antibody was applied to the slides and incubated for 20 minutes at room temperature, then rinsed

and washed with PBS twice, the detection was done by DAB chromogen and substrate for 5 min using the same kit. Sections were then counterstained using Mayer's hematoxylin (Dako, Denmark) for 5 minutes then washed in distilled water, dehydrated in ascending alcohols from 70%-100% then cleared in Xylene and left to dry in air room temperature in a humidity chamber to prevent unnecessary background staining.

Evaluation of COX-2 protein expression

COX-2 positivity was indicated by the presence of brown cytoplasmic staining. Two different approaches were applied for evaluation of COX-2 protein expression in breast tissue. The first scoring system was categorizing COX-2 protein expression into negative (no stained cells) and positive [13, 14]. In the second approach, Staining was assessed using H-score, which is a semi-quantitative approach. In this approach, staining intensity was first determined for all cells (0, 1, 2, 3, for negative, weak, moderate and strong intensity respectively), then the percentage of cells at each staining intensity was calculated and finally H-score is calculated using the following formula: (3 \times percentage of strongly staining malignant cells) + (2 \times percentage of moderately staining malignant cells) + (1 \times percentage of weakly staining malignant cells) which give a range from 0 to 300 (Figure 1) [15].

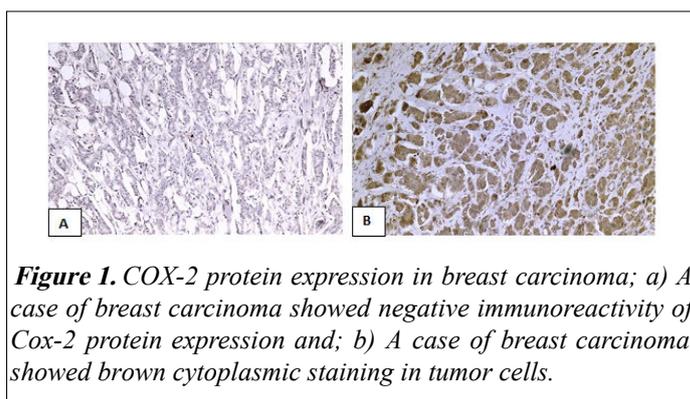


Figure 1. COX-2 protein expression in breast carcinoma; a) A case of breast carcinoma showed negative immunoreactivity of Cox-2 protein expression and; b) A case of breast carcinoma showed brown cytoplasmic staining in tumor cells.

Statistical analysis

All statistical calculations were done using SPSS (Statistical Package for the Social Science; SPSS Inc., Chicago, IL, USA) version 22. Data which are normally distributed were statistically described in terms of mean \pm standard deviation (\pm SD), frequencies (number of cases) and percentages were used for qualitative data. For comparing quantitative data, Mann Whitney U test was performed because the data were not normally distributed. For comparing categorical data, Chi square (χ^2) test was performed. Exact test was used instead when the expected frequency is less than 5. Kaplan-Meier test was performed to compare overall survival between both study groups. P-value is always 2 tailed set significant at 0.05 level.

Results

Clinic-pathological features

The mean age of our patients was 50 (50.82 \pm 12.69) years. According to the stage 5% of cases were of stage I, 42% were

of of stage II, 46% were stage III, and 8% were of stage IV. Regarding the tumor size, T2 was the commonest tumor size representing (50%) of cases followed by T3 (32%), T1 (13%) and T4 (5%) of cases. The majority of cases presented by invasive ductal carcinoma by 95 %, only 5% were other histopathological types. Regarding the hormonal profile; 69 cases were estrogen receptor positive. Also 63 cases were progesterone receptor positive, and 12 cases were Her-2/ NEU positive. All clinico-pathologic features are summarized in Table 1.

Table 1. Phytoconstituents in *Morinda citrifolia L.*

Variable name	COX-2 status		p-value	
	Negative (n=24)	Positive (n=76)		
	N (%)	N (%)		
Mean ± SD	48.54 ± 17.73	51.54 ± 10.68	0.316	
Age (years)	≤ 50	16 (66.7)	37 (48.7)	0.124
	>50	8 (33.3)	39 (51.3)	
Site of tumor	Right	14 (58.3)	44 (57.9)	0.97
	Left	10 (41.7)	32 (42.1)	
Stage	Early	13 (54.2)	33 (43.4)	0.357
	Advanced	11 (45.8)	43 (56.6)	
Tumor size (cm)	≤ 5	20 (83.3)	42 (55.3)	0.014*
	>5	4 (16.7)	34 (44.7)	
Lymph node metastasis	negative	10 (41.7)	15 (19.7)	0.031*
	positive	14 (58.3)	61 (80.3)	
Hormonal receptors	Negative	7 (29.2)	17 (22.4)	0.497
	Positive	17 (70.8)	59 (77.6)	
HER2/neu	Negative	21 (87.5)	59 (77.6)	0.387
	Positive	3 (12.5)	17 (22.4)	
Pathology	IDC	22 (91.7)	73 (96.1)	0.591
	Other pathology	2 (8.3)	3 (3.9)	

Data are mean ± SD or n (%) * Significance defined by p<0.05.

Association of COX2 protein expression (positive vs negative) and different clinic-pathologic features

Evaluation of COX-2 protein expression as positive or negative expression revealed that 76% of cases were positive for COX-2 protein expression.

Studying the association between COX-2 protein expression and different clinic-pathologic features revealed that larger tumor size (>5) and lymph node metastasis showed statistical significant association with COX-2 protein expression (p=0.014 and p=0.031, respectively). While rest of clinic-pathologic features such as age, stage, hormonal receptor status

and histopathologic features showed no statistical significant association (Tables 2 and 3).

Table 2. Clinico-pathological details of all study participants.

Variable name		N=100
		N (%)
Age (years), mean ± SD		50.82 ± 12.69
Gender	Male	1 (1.0)
	Female	99 (99.0)
Site of tumor	Right	58 (58.0)
	Left	42 (42.0)
Stage	Stage 1	5 (5.0)
	Stage 2	41 (41.0)
	Stage 3	46 (46.0)
	Stage 4	8 (8.0)
Tumor size	T1	13 (13.0)
	T2	50 (50.0)
	T3	32 (32.0)
	T4	5 (5.0)
Lymph node metastasis	N0	25 (25.0)
	N1	26 (26.0)
	N2	19 (19.0)
	N3	30 (30.0)
ER	Negative	31 (31.0)
	Positive	69 (69.0)
PR	Negative	37 (37.0)
	Positive	63 (63.0)
HER2/neu	Negative	80 (80.0)
	Positive	20 (20.0)
Pathology	IDC	95 (95.0)
	Other Pathology	5 (5.0)

Table 3. Association of COX2 protein expression using H-score and different clinic-pathologic features.

Variable name		H score	p-value
		Median range	
Age	≤ 50	200 (30-300)	0.191
	>50	200 (10-300)	
Site of tumor	Right	200 (10-300)	0.466
	Left	200 (60-300)	
Stage	Early	200 (30-300)	0.236
	Advanced	200 (10-300)	

Tumor size	<5	200 (20-300)	0.331
	≥ 5	200 (10-300)	
Lymph node metastasis	negative	200 (60-300)	0.871
	positive	200 (10-300)	
Hormonal receptors	Negative	200 (120-300)	0.029*
	Positive	200 (10-300)	
HER-2/neu	Negative	200 (20-300)	0.023*
	Positive	300 (10-300)	

Association between COX-2 protein expression and different clinico-pathologic features using H-score

Studying the association between COX-2 protein expression using H-score and clinico-pathological characteristics revealed that the median H-score of COX-2 protein expression was higher in her-2/neu positive cases compared to her-2/neu negative cases and that was statistically significant with a p value (p=0.023). Also, statistical significant association was found between hormonal receptor status and median H-score of COX-2 protein expression (p=0.029). No statistical significant association was found between median H-score of COX-2 protein expression and age (p=0.19), site of tumor (p=0.466), stage (p=0.236), tumor size (0.331), and lymph node metastasis (p=0.871) (Tables 4 and 5).

Table 4. Disease free survival according to the status of COX-2 tumor biomarker result.

Survival	Estimate ± SE		P-value
	Negative	Positive	
At 1 year	95.5 ± 4.4%	8.9 ± 4.0%	0.494
At 2 year	89.5 ± 7.1%	87.0 ± 4.3%	
At 3 year	79.5 ± 11.3%	74.2 ± 7.1%	
At 4 year	79.5 ± 11.3%	74.2 ± 7.1%	

Table 5. Overall survival according to the status of COX-2 tumor biomarker result.

Survival	Estimate ± SE		P-value
	Negative	Positive	
At 1 year	91.7 ± 5.6%	82.3 ± 4.5%	0.996
At 2 year	86.8 ± 7.1%	79.0 ± 4.9%	
At 3 year	81.4 ± 8.5%	76.9 ± 5.2%	
At 4 year	60.3 ± 14.5%	73.4 ± 6.0%	

Survival analysis

For the disease free survival analysis and overall survival are shown using Kaplan-Meier survival curves, that wasn't show any significance between COX positive or negative (p=0.494) and (p=0.996) respectively (Figures 2 and 3).

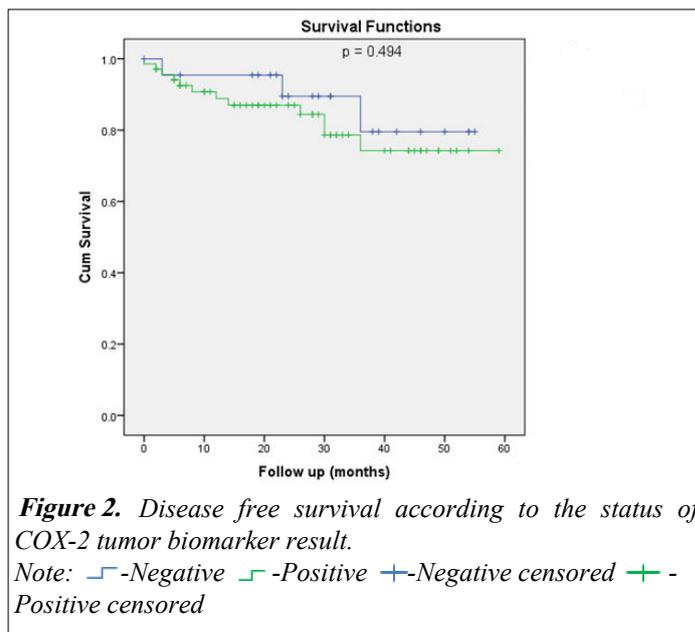


Figure 2. Disease free survival according to the status of COX-2 tumor biomarker result.

Note: — Negative — Positive + Negative censored + Positive censored

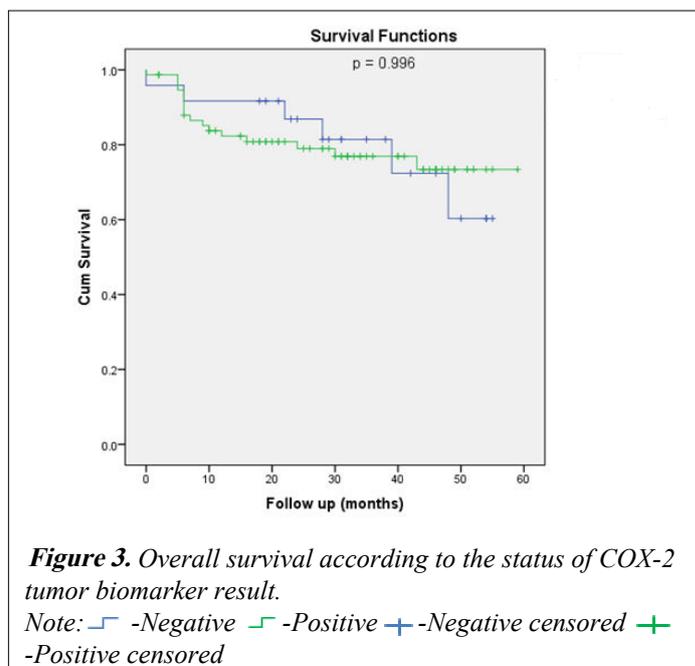


Figure 3. Overall survival according to the status of COX-2 tumor biomarker result.

Note: — Negative — Positive + Negative censored + Positive censored

Discussion

In our study we evaluated COX-2 protein expression by two different scoring system. According to COX-2 positive or negative, 76% of the studied breast carcinoma cases showed COX-2 positivity. This finding is comparable with the findings of various studies [16,17].

COX-2 protein expression was statistically significantly correlated with large size tumors in our study [18].

COX-2 expression to be more frequent in patients with lymph node metastasis, these findings were in concordance with the studies done [20]. However, there was no significant correlation between COX-2 positivity and node status. Correlation between lymph node positivity and higher COX-2 expression is associated with tumor spread and a poor prognosis [21,22]. Regarding the other factors, including age, hormonal status, stage of tumor, and

HER-2/NEU status there is no significant by cox positivity and negativity, these data is different to many studies that demonstrated that COX-2 expression was significantly correlated with advanced stage of disease, hormonal negativity and HER-2/NEU status findings were observed [23,24].

Regarding calculating COX-2 by H-score in our study, it showed significance association with, negative hormonal status, and positive HER-2/NEU which is similar to various studies reported that COX-2 expression was correlated with ER negative PR negative and HER-2/neu positive status which may be explained as COX-2 expression in ER negative cell lines is also associated with mutated RAS. Increased expression of this protein has been associated with reduced estrogen dependence in breast cells [25-27]. Both PKC and mutated RAS have been associated with an increased metastatic potential in cell lines [28,29].

HER-2/neu is over expressed in approximately 20%-30% of invasive breast cancers and is an independent marker of poor prognosis [30]. We found that high levels of COX-2 expression correlated with HER-2/neu overexpression which show highly significant, which explained by COX-2 can stimulate HER-2/neu expression via EGFR through PGE-2. So COX-2 mediates variety of cellular processes including tumor growth, apoptosis, differentiation, cell cycle, lymph node metastasis and angiogenesis, however no significant correlation was found between COX-2 status and estrogen receptor status (P value=0.74), progesterone receptor status (P value=0.91) or HER-2-neu expression (P value=0.74) [31].

Conclusion

To sum up, the aforementioned data showed that applying two different scoring systems for evaluation and interpretation of COX-2 protein expression resulted in different significant data which make comparison of the results of different studies difficult and the resulting data are not robust enough to draw a conclusion regarding COX-2 as a prognostic factor. Therefore, further investigations should develop anew standards for evaluation of COX-2 expression and do not rely on researchers opinions to choose which scoring system to apply.

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