

## The Specialized Approach of Nurses in Different Urgency / Emergency Contexts

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### Abstract

The evolution of Nursing demonstrates and emphasizes the path of acquisition and development of specialized skills to approach the person in critical situations. For a qualified approach to a critically ill patient, it is necessary for nurses to have scientific, ethical, relational, and technical skills, in order to operationalize the areas of care, management, training and research. These are acquired through specializations, continuous training (courses), theoretical and technical- scientific, and simulations.

The approach of nurses in an emergency can happen in an extra hospital context, for example an Immediate Life Support Ambulance (SIV), Rapid Emergency Medical Vehicle (VMER) and 112. In a hospital environment, in addition to the urgency department, critical situations can even happen in inpatient services, for this purpose a specific in-hospital team was created to attend immediately (Internal Medical Emergency Team (EEMI)). These nurses are endowed with specific expertise and skills in order to achieve excellence in the quality of care provided, promoting a positive and favorable prognosis for the patient.

This excellent performance on the part of nurses is due not only to the skills inherent to specialization, but also to the specificity of the circumstances that require the capacity for reflection and decision-

making, as well as following the appropriate protocols for each situation. Aware of the importance of a practice based on evidence, reflection, and personal investment, today we have a nursing team capable of responding to the complexity and demand for quality care in emergency.

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