

The magic of mid-face fillers: Turning back the clock

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Abstract

Aesthetic understanding concerning the process of lipoatrophy over the past decade has provided us with cutting-edge awareness that facial rejuvenation requires three-dimensional facial reshaping by restoring volume rather than filling in lines.

A youthful midface is characterized by an upside-down triangle which features high cheekbones, full cheeks and a firm jawline. When this triangle becomes inverted with age, nasolabial folds form, the cheeks appear sunken and jowls become apparent. Dermal fillers can go a long way to restoring the triangle of youth, helping to restore fullness to the cheeks and lift to the midface. Midface aging is most apparent in the periorbital and mid-cheek zones, and is characterized by four anatomical elements:

- Skin sagging (ptosis) and loss of elasticity
- Weakened facial muscles with less tone
- The descent of malar fat pads
- The degeneration of bone structure
- Patients presenting with any or all of these features are likely to be excellent candidates for mid-facial rejuvenation using dermal fillers, so long as the ptosis is not excessively pronounced. Dermal fillers for the superficial and deep layers of the midfacial region. The subcutaneous fat of the face is not a single, uniform layer, but partitioned into segments that are either superficial or deep. Superficial fat compartments are located between the skin and the Superficial Muscular Aponeurotic System (SMAS) plane, while the deeper fat layers lie beneath the SMAS and adhere to the periosteal plane. In the deeper layer, volume loss tends to take place in the lateral and medial sub-orbicularis regions and the deep medial cheek compartment. In the superficial layer, volume loss generally takes place in the lateral compartments and the medial and middle fat of the cheek fat pad.

The final word on mid-face dermal fillers For patients looking for midfacial rejuvenation, dermal fillers offer a safe, minimally invasive method of rejuvenation with no downtime. Awareness of the position of the superficial and deep fat compartments in the mid-face, and the way fat loss and descent presents in the face is essential to administering dermal filler injections that

provide optimal results for your patients..



Speaker Biography:

Dr Disha Jaggi Cairae completed her fellowship in aesthetic medicine after completing her Msc in facial aesthetics from Ulster university, college of medicine & dentistry, London. She is the director of Dr Disha's Hair & Skin Aesthetic Clinic, a premier Aesthetic clinic with all the latest technology for skin and hair. She has published more than 15 papers in reputed journals and has been serving as a board member of AICBA.

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