# Serum level of macrophage inflammatory protein 1 alpha predicts the response to pegylated interferon alfa-2a treatment in HBeAg positive chronic hepatitis B patients.

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#### Abstract

This study aimed to predict the response to pegylated interferon alfa-2a in HBeAg-positive Chronic Hepatitis B (CHB) by evaluating serum Macrophage Inflammatory Protein (MIP) 1 $\alpha$  level. Total 31 patients with CHB were enrolled who were treated with PegIFN $\alpha$ -2a at a dose of 180 µg/w subcutaneously for 48 w. Serum MIP-1 $\alpha$  level was measured at baseline and different period after PegIFN $\alpha$ -2a treatment. Baseline MIP-1 $\alpha$  level of Sustained Virological Response (SVR) group (88.4 ± 21.3 pg/ml) was significantly lower compared to non-SVR group (163.4 ± 77.5 pg/ml). Female patients carrying genotype B, baseline HBV DNA  $\leq$  7l g IU/ml and baseline MIP-1 $\alpha$  level  $\leq$  100 pg/ml at 12 w after treatment would be defined as easy responders. Those with serum MIP-1 $\alpha$  level<110.979 pg/ml had the SVR positive predictive value of 98.065%, and with an area under the receiver operating characteristic curve of 0.817. In conclusion, low serum MIP-1 $\alpha$  level is the predictor for the response of HBeAg-positive CHB patients to PegIFN $\alpha$ -2a treatment.

**Keywords:** PegIFNα-2a, Chronic hepatitis B, MIP-1α, Responder.

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# Introduction

Chemokines promote hepatic inflammation and induce liver immunologic injury in Chronic Hepatitis B (CHB) infection through the recruitment of cytotoxic T Lymphocyte (CTL) to the infected liver [1]. Pegylated Interferon alfa (PegIFN $\alpha$ ) based antiviral therapy is the first-line therapy for CHB, but has some disadvantages such as moderate antiviral effect, poor treatment tolerance, and frequent adverse effects. Predicting the response to PegIFN $\alpha$ -2a is the key to distinguish the patients who may benefit from PegIFN $\alpha$ -2a therapy from those who may not [2].

Among CXC chemokines, Macrophage Inflammatory Protein 1 alpha (MIP-1 $\alpha$ ) is a ligand for CXCR3 which is one of the receptors of Th1 associated chemokines [3,4]. MIP-1 $\alpha$  could lead to viral clearance by regulating the differentiation of T helper cells, recruiting CD8<sup>+</sup> T and B lymphocytes and inducing NK cells to produce IFN- $\gamma$  and mediate inflammation [5]. MIP-1 $\alpha$  is an inflammatory mediator that increases the secretion of other inflammatory mediators such as TNF $\alpha$ , IL-1 and IL-6. MIP-1 $\alpha$  activates the immune cells *via* the interaction with its corresponding receptor Chemokine Receptor 5 (CCR5), which plays a role in immune cell activation and

migration in response to viral infections including hepatitis B. Therefore, assessment of CCR5 expression could help better understand the mechanisms responsible for the development of hepatitis B viral infection [6]. We speculated that chemokine MIP-1 $\alpha$  would improve viral clearance by promoting the migration of T immune cells to CHB infected liver. In present study, we aimed to evaluate serum MIP-1 $\alpha$  level in predicting the response to PegIFN $\alpha$ -2a in HBeAg-positive CHB patients.

# **Patients and Methods**

#### Patients

This study was approved by institute ethics committee and informed consent was obtained from each participant. Total 31 HBeAg-positive chronic hepatitis B patients who received PegIFN $\alpha$ -2a at Infection Department of Shanghai Tongren Hospital and Ruijin Hospital from February 2007 to September 2012 were enrolled. The inclusion criteria were as follows: adults (22-48 y old), positive HBeAg statue for more than 6 months, HBV DNA levels higher than 10<sup>5</sup> IU/ml, and serum Alanine Amino-Transferase (ALT) level at 2-10 fold of the upper limit of normal level. The exclusion criteria were as follows: had epilepsy, heart disease, used drug, had hepatic

disease such as HCV infection, liver cirrhosis, alcoholic liver disease, and autoimmune-mediated diseases, family psychiatric history, and were pregnant. The candidates with neutrophil count<1.0  $\times$  10<sup>9</sup>/L, platelet count<50  $\times$  10<sup>9</sup>/L and total bilrubin>51 µmol/L were also excluded.

#### Treatment and follow-up

The patients underwent monotherapy with PegIFN $\alpha$ -2a at a dose of 180 µg/w, administered subcutaneously for 48 w, and were followed up for 24 w.

HBV-M, HBV DNA, hepatorenal function and serum MIP-1 $\alpha$  levels were evaluated at baseline, 12, 24, 36, 48 w of treatment and at 24-month follow-up. The virus gene types were identified at baseline.

According to Chronic hepatitis B Prevention Guide and the follow-up outcomes, patients were designated as Sustained Virological Response (SVR) or non-Sustained Virological Response (nSVR). SVR were defined as HBV DNA level lower than 500 IU/ml at 24 w of follow-up; nSVR were defined as HBV DNA level upper than 500 IU/ml at 24 w of follow-up.

#### Laboratory measurements

HBV-M level was determined by Abbott kit (USA) according to manufacturer's instructions. Serum HBV DNA was quantified by PCR assay with a lower limit of detection of 500 IU/ml (Sai Le Qi GENE. Guangzhou, China), and serum ALT level was measured by a CX5 PRO Automatic chemistry system (Beckman, USA) with a upper limit of detection of 64 IU/L. MIP-1 $\alpha$  was determined by MIP-1 $\alpha$  ELLSA kit (Sen Xiong, Shanghai). HBV genotype was confirmed by genotyping kit.

#### Statistical analysis

Quantitative variables were expressed as mean and standard deviation. Categorical variables were presented as counts and percentages. The quantitative variables were analysed by t-test, and qualitative variables were analysed by Chi-square test or Fisher's exact test. P-value<0.05 was considered significant.

# Results

#### Patient characteristics

A total of 31 patients including 17 SVR and 14 nSVR patients were enrolled. The average age of SVR group and nSVR group was  $30.5 \pm 3.9$  y and  $36.1 \pm 5.3$  y, respectively. The average age of SVR group was significant lower than nSVR group (p=0.003). The male ratio of SVR group (6/17, 35.29%) was lower than nSVR group (11/14, 78.57%). Among the 31 patients, there were 11 (64.7%) cases of genotype B in SVR group and 3 (21.4%) cases of genotype B in nSVR group, showing significant difference between two groups. The level of HBV DNA was significantly lower in SVR patients with HBV DNA level of  $6.48 \pm 0.79$  IU/ml than in nSVR patients with HBV DNA level of  $7.22 \pm 0.63$  IU/ml (p=0.014). The level of baseline MIP-1 $\alpha$  was significantly lower in SVR patients (88.4 ± 21.3 pg/ml) than in nSVR patients (163.4 ± 77.5 pg/ml) (p=0.006). These results showed that the younger female who had the lower levels of HBV DNA and MIP-1 $\alpha$ and carried genotype B with shorter time of course of disease would be defined as SVR.

# Single-factor and multi-factor analysis of the factors predicting response to PegIFNα-2a treatment

To analyse the efficacy of PegIFN $\alpha$ -2a treatment, we performed single-factor analysis and found that the females with genotype B had a HBV DNA level  $\leq$  7l IU/ml. MIP-1a level at 12 w post-treatment  $\leq$  100 pg/ml was used to define the responders (Table 1). However, those parameters at 24 w post-treatment determined by multi-factor analysis could not be the predicting factors (p>0.05).

#### MIP-1 $\alpha$ serum level could be a predictor of SVR HBeAg-positive CHB patients to PegIFN $\alpha$ -2atreatment

As shown in Table 2 and Figure 1, SVR patients with baseline MIP-1 $\alpha$  level<110.979 pg/ml had a Positive Predictive Value (PPV) of 96.065%, and the corresponding area under the ROC curve was 0.817.



**Figure 1.** ROC curve analysis of baseline MIP-1a serum levels in SVR patients. AUC value for a logistic panel was 0.817.

### ALT recover, HBV DNA negative conversion, and HBeAg seroconversion in the treatment and follow-up between the responders and non-responders

According to the response to ALT recover, HBV DNA negative conversion and HBeAg seroconversion, among 31 CHB patients 6 (19.35%) were responders and 22 (70.97%) were non-responders. The patients with lower level of baseline HBeAg could be easily defined as responders. ALT recover, HBV DNA negative conversion and HBeAg seroconversion were not significantly correlated with the age, gender, course

Serum level of macrophage inflammatory protein 1 alpha predicts the response to pegylated interferon alfa-2a treatment in HBeAg positive chronic hepatitis B patients

of disease, HBV genotype, baseline HBV DNA, ALT, and MIP-1 $\alpha$  level of CHB positive patients (Table 3).

Table 1	. Single-factor	and multi-factor	analysis of pr	edicting response	factors at 24 w	post-treatment.
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		Single fa	Single factor analysis				Multi factor analysis	
		OR	95% CI	Р	OR	95% CI	Р	
Predictive factors								
Age (y)	>35 <i>vs.</i> ≤ 35	7.5	1.228-45.806	0.0291			NS	
Gender	Male vs. female	6.722	1.332-33.913	0.021	13.569	0.814-226.315	0.0693	
Course of disease (month)	>36 <i>vs.</i> ≤ 36	2.571	0.598-11.058	0.2045			NA	
HBV Genotype	B vs. C	0.149	0.029-0.750	0.021	0.076	0.004-1.531	0.0926	
ALT (U/L)	>200 vs. <200	1.375	0.322-5.877	0.6674			NA	
HBV-DNA (lgIU/ml)	>7 <i>vs.</i> ≤ 7	6	1.261-28.547	0.0244	2.574	0.199-33.359	0.4695	
HBsAg (IgIU/mI)	>4000 <i>vs.</i> ≤ 4000	2	0.396-10.089	0.4013			NA	
HBeAg (lgS/CO)	>1000 <i>vs.</i> ≤ 1000	1.806	0.377-8.640	0.4595			NA	
MIP-1α (pg/ml) 0 w	>100 <i>vs.</i> ≤ 100	8	1.399-45.756	0.0194	6.848	0.401-116.945	0.1839	
MIP-1α (pg/ml) 12 w	>100 <i>vs.</i> ≤ 100	11	1.103-109.674	0.041			NS	

OR: Odds Ratio; NA: Not Adopted; NS: Not Significant.

 
 Table 2. MIP-1a. predicts SVR HBeAg-positive CHB patients with PegIFNa-2a treatment.

	AUC	Youden index	PPV	NPV	Cut-off
MIP-1α	0.817	0.6359	0.96065	0.4702	110.979
W 12 MIP-1α (pg/ml)		0.55	0.85715	0.66665	132.996
	MIP-1α g/ml)	AUC ΜΙΡ-1α 0.817 g/ml) 0.804	AUC         Youden index           MIP-1α         0.817         0.6359           g/ml)         0.804         0.55	AUC         Youden index         PPV           MIP-1α         0.817         0.6359         0.96065           g/ml)         0.804         0.55         0.85715	AUC         Youden index         PPV         NPV           MIP-1α         0.817         0.6359         0.96065         0.4702           g/ml)         0.804         0.55         0.85715         0.66665

 Table 3. Comparison of SVR group and nSVR group at 24 w post-treatment.

	SVR group	nSVR group	χ <sup>2</sup> (Ζ)	Ρ
Age (y)	30.22 ± 4.44	34.23 ± 5.31	-1.8112	0.0701
Male (n, %)	3 (17.6)	14 (82.4) 0.9742		0.2329
Course of disease (month)	45.56 ± 39.98	65.64 ± 42.05	-1.4223	0.1549
Genotype			0.3235	0.6424
B n (%)	7 (50.0)	7 (50.0)		
C n (%)	2 (11.8)	15 (88.2)		
ALT (U/L)	217.44 ± 99.17	197.05 ± 72.59 0.3267		0.7439
HBV-DNA (IgIU/ml)	6.42 ± 0.76	6.97 ± 0.78	6.97 ± 0.78 -1.7214	
HBsAg (IgIU/mI)	3.79 ± 0.38	3.77 ± 0.24 0.1089		0.9133
HBeAg (IgIU/mI)	2.32 ± 0.58	2.80 ± 0.41 -2.2646		0.0235
MIP-1α (pg/ml)	80.12 ± 17.59	132.48 ± 72.22 -1.8535		0.0638
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#### Discussion

Identification of the predictors for predicting virological response to the treatment is important to guide the options of antiviral drug for the treatment of viral infection. In this study, for the first time we reported that the chemokine MIP-1 $\alpha$  serum level could predict the response to Pegylated IFN $\alpha$ -2a therapy in patients with CHB.

Heydtmann et al. reported that HCV-induced secretion of CCR5 attracted immature plasmacytoid Dendritic Cells (pDCs) to the liver to influence HCV pathogenesis. HCV infected liver cells then trigger the secretion of chemokines, including MIP-1 $\alpha$  and MIP-1 $\beta$ , which amplify the recruitment of CD4 T cells [7]. In our study, the percentage of responders to PegIFN $\alpha$ -2a in CHB patients with lower baseline MIP-1 $\alpha$  level was higher. A possible explanation could be that decreased number of CHB-positive liver cells after PegIFNa-2a treatment would induce a low level MIP-1 $\alpha$  production. The responders had a significant increase of MIP-1 $\alpha$  level from baseline at the 12 w post-treatment compared to non-responders. These findings are consistent with previous study that the responders of CHC patients had higher MIP-1a level after 24 h of IFNa and ribavirin combined treatment [8]. However, it is still unclear how increase in MIP-1a level results in decreased response to PegIFNa-2a treatment in HBeAg-positive CHB patients. Further mechanistic studies are needed. In addition, the changes in CCR5 expression pattern in CHB patients during PegIFNa-2a treatment should be characterized to reveal

the mechanism by which MIP-1 $\alpha$  plays a role in immunological response to HBV infection.

Due to the limitation of small sample size of this study, further large-scale studies are needed to confirm that serum MIP-1 $\alpha$  level could predict the response to PegIFN $\alpha$ -2a treatment in CHB patients.

In summary, our study suggests that the increase of MIP-1 $\alpha$  level of CHB patients indicates the decreased percentage of long-term response for the management of CHB. Baseline MIP-1 $\alpha$  serum level could be used as a predictor of sustained response to PegIFN $\alpha$ -2a treatment in HBeAg-positive CHB patients.

## **Conflict of Interest**

No

#### References

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