

## Rehabilitation of patients with implantable cardioverter/defibrillator

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The implantable cardioverter/defibrillator (ICD) has established superiority in reducing mortality for survivors of cardiac arrest or patients at high risk for sudden death. However, patients with ICD suffer from many problems that affect their daily living activity. They also refrain to do exercise, for fear of precipitating life-threatening arrhythmia or receiving an ICD shock. This presentation outlines the problems that those patients usually face and describes the possible exercise programs as well as the rehabilitative approach for managing their daily living activities.

### Biography

Naglaa Hussein has graduated from Faculty of Medicine, Alexandria University 1991. She has earned Master degree in PM&R 1997. Then, she

became appointed to the Faculty of Medicine, Alexandria University as an Assistant Lecturer of Physical Medicine and Rehabilitation. She joined Albert Einstein College of Medicine, NY, USA as Research Fellow in Cardiac Rehabilitation in 1999. In 2000, she performed one year Internal Medicine Residency training from Mount Sinai School of Medicine, NY, USA. This was followed by Physical Medicine & Rehabilitation Residency at Albert Einstein College of medicine, NY, USA. She earned her Doctoral degree in Physical medicine and Rehabilitation from Alexandria University (2005) and currently is a Professor of PM&R, Alexandria University. She became American Board certified in PM&R in 2017 and got American Board Certification of Electrodiagnostic Medicine in 2018 and currently serving as Attending Physiatrist at Montefiore Medical Center/Albert Einstein, NY.