# Quercetin-loaded solid lipid nanoparticles-enriched hydrogel prevents the formation of skin scars by inhibiting TGF-β/Smad signaling pathway.

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#### Abstract

The aim of the study is to explore the effect of quercetin-loaded solid lipid nanoparticles on trauma therapy and scar inhibition and its related mechanism. Brain external skin of SD rats was removed. Masson staining, Sirius Red staining and scanning electron microscopy was used for the evaluation of the effect of quercetin solid lipid nanoparticle on traumatic repair and scar inhibition. The astrocyte migration model was used to investigate the effect of quercetin. Western blotting was applied to determine the expression of TGF- $\beta$ 1, TGF- $\beta$ RI, TGF- $\beta$ RI, Smad2, Smad3, Smad4 and Smad7 in traumatic skin and astrocytes. The repair rate of traumatic skin in groups QL and QS was significantly higher than that in groups C and CS (P<0.05) after 7 days, 14 days and 21 days of administration. Quercetin solid lipid nanoparticles significantly inhibited the proliferation and migration of astrocytes (P<0.05). Compared with C group, the relative expression of TGF- $\beta$ 1, TGF- $\beta$ RI, TGF- $\beta$ RI, Smad2, Smad3, Smad4 and Smad7 did not significantly in astrocytes and skin tissue of CS (P>0.05). Compared with groups C and CS, the relative expression of TGF- $\beta$ 1, TGF- $\beta$ RI, TGF- $\beta$ RI, Smad2, Smad3 and Smad4 in astrocytes and skin tissue of QL and QS were significantly decreased and the relative expression of Smad7 was significantly increased (P<0.05). Quercetin solid lipid nanoparticles can inhibit the activation of TGF-β/Smad pathway, accelerating the wound repair and inhibiting the formation of scar.

Keywords: Skin scars, Quercetin, Solid lipid nanoparticles, TGF- $\beta$ /Smad signaling pathway.

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# Introduction

Skin trauma, caused by burns, surgery, radiation and other factors, is a common clinical disease, the scar of which was always leading long-term psychological and physiological burden to patients [1]. On the surface it seems that the wound is a local reaction of the organism, but in fact it will lead to series of systemic changes. The report shows that a variety of cells and its secretion of cytokines were involved in the process of development and healing of trauma [2]. Different cells and different cytokines are closely linked, so the cell migration and proliferation is closely associated with wound healing and scar formation. Therefore, the development of drugs to accelerate the wound healing and inhibit the formation of scar has been the focus and difficult questions of the field of skin trauma treatment.

At present, drugs, including antibiotics, hormones, cytokines and traditional Chinese medicine in clinical, were applied to treat skin trauma [3-5]. Studies have shown that many cytokines play a key role in various kind of trauma repair [6]. However, since a lot of cytokines with the function were peptide components, which possessed the characteristics of short bioavailability and easy inactivation, and the conventional administration method requires higher dosage. Therefore, the costs of the treatment are high with short-effect. What's more, the traditional Chinese medicine has multicomponents, multi-targets, low side effects, and low drug resistance. When traditional Chinese medicine was used for treatment of skin trauma, an appropriate drug carrier plays a key role [7]. Solid lipid nanoparticles (SLN) is a lipid drug delivery system developed recently, which was consisted of solid, natural or synthetic, physiologically compatible material, and SLN is solid at 25°C with high stability and low toxicity, which has great prospects for development.

Quercetin is a flavonoid possessing anti-oxidant, antiinflammatory, anti-proliferative and anti-atherosclerotic effects, which can be widely found in vegetables, fruits and other daily diets [8,9]. Precious studies have revealed that quercetin can regulate the expression of genes in astrocyte cell to protect neurons and retard the progress of neurodegenerative diseases [10] and some studies show that quercetin possess the activity of wound healing and scar suppression [11]. But the action mechanism has not been fully elucidated. Therefore, this study established the rat model of complete skin resection and astrocyte migration model, to explore the quercetin solid lipid nanoparticles on the scratches healing and scar formation and its mechanism.

# **Materials and Methods**

# Experimental reagents

Quercetin (purity 99%, China Pharmaceutical and Biological Products Institute, Beijing, China); SNL was prepared by ourselves; glycerol tristearate (Shanghai test carved Limited, Shanghai, China); Poloxamer 188 (BASF company, Germany); carbomer 934 (Shanghai test firm Co., Ltd., Shanghai, China), Hematoxylin (Sigma company, Germany); FeCl3 (Sinopharm China); Phosphotungstic Group, Beijing, acid and phosphomolybdic acid (Aladdin Reagent Company); TGF-β1, TGF-BRI, TGF-BRII, Smad2, Smad4, Smad7, Smad7 (Santa Cruz Biotechnology company, Shanghai, China); HRP labeled goat anti-mouse lgGl (Jackson company, Shanghai, China); cytoselectTM 24-wellrap healing assay (cell biolabs, Chlorpromazine (Shanghai Hefeng Co., Ltd.); methyl βcyclodextrin (Shanghai Dingjie Biotechnology Company, Shanghai, China); Ami Loli (Sigma, Germany); RPMI-1640 medium and EDTA-containing trypsin (Grand Island Biological Company, New York, USA); fetal bovine serum (Hydone); penicillin-streptomycin (Wuhan Boster, Wuhan, China).

# Instruments and equipment

Clean bench and carbon dioxide cell incubator (Shanghai Bo Xun Industrial Co., Ltd. medical equipment factory, Shanghai, China); Paraffin embedding machine and dissecting mirror (Jiangnan Instrument Company, Jiangsu, China); Tension machine (Shandong Blu-ray); Stone Leaping Machine (Leica Company); Flow cytometry (Beckman).

# Animal

48 SPF grade SD female rats with 8 weeks old were purchased from Nanjing Qingnong Mountain Experimental Animal Center (Nanjing, Jiangsu, China). They were housed in cages with a constant humidity (ca.  $60\% \pm 2\%$ ) and temperature (ca.  $25 \pm 1^{\circ}$ C) and with a light/dark cycle of 12 h. During the experiment, they were free access to water and food.

After weighing 220~240 g, the 48 rats were randomly divided into four groups: quercetin solution group (QL, 5 mg/(kg•d)), quercetin solid lipid nanoparticles group (QS, 5 mg/(kg•d)), blank control group(C) and blank solid lipid nanoparticles group and (CS), and each group contain 12 SD rats. After anesthesia by ether, the hair of all rats was cut off for the area of 2 cm  $\times$  2 cm in brain epidermis. Then, the wound was sterilized with iodine, and 30 min later, rats in each group began to administer percutaneously. C group and CS group were given for the same volume of saline by percutaneous administration. During the study, the phenomenon about wound healing and scar formation was observed. Wound closure rate at the Nth day(%)=(Trauma area at the first day-Trauma area at the Nth day)/Trauma area at the first day\*100. At the end of treatment, full skin in wound was removed and subcutaneous fat was peeled off. The skin of 6 rats in each group was fixed in 20 volumes of 4% formaldehyde, which was used for Fontana-Masson staining [12] and Sirius Red Straining [13]. And the skin of other 6 rats were preserved in liquid nitrogen and then transferred to -80°C. Taking  $\beta$ -actin as the internal reference, western blotting technique was applied to detect the relative expression of TGF- $\beta$ 1, TGF- $\beta$ RI, TGF- $\beta$ RII, Smad2, Smad3, Smad4, Smad7 in the skin tissues of each group.

# Cell experiment in vitro

Cell culture: Twelve SD rats were anesthesia by inhalation of ether, 75% ethanol was used to disinfect, after removing the brainstem and cerebellum and being washed by D-Hank solution, the brain was peeled off from meninges and blood vessels and was cutted into a paste. Then, it was digested in 0.25% trypsin at 37°C for 10 min, and the digestion was terminated by complete medium (10% DMEM/F, 12% FCS, 1.2 g/L NaHCO<sub>3</sub>, 100 U/ml penicillin, 100 U/ml streptomycin, 15 mmol/L HEPES). The solution was centrifuged at 13000 rpm for 10 min at 4°C and the precipitation was resuspended. After being cultured for 20 min in incubator containing 5% CO2 and maintaining the temperature at 37°C and with saturation humidity, the culture flask was flipped and the cell suspension was aspirated and the fibroblasts were removed. The cell with the concentration at  $10^{6}$ /mL were then seeded in a polylysine-coated petri dish. And the culture medium was replaced every two days. After being cultured for 4 weeks, glial fibrillary acidic protein (GFAP) immunocytochemical staining was applied. The cell was handled with formalin fixation and peroxidase for 10 min, and anti-GFAP was added for 12 h at 4°C. At last, secondary antibody was added and maintained for 10 min at 25°C. DAB was applied to color and under the microscopic observation, the cells were brown, revealing the cultured cells were astrocytes.

**MTT test:** Astrocyte cell was digested in 0.25% EDTA and diluted to a cell density of  $10^5$  cells/mL. 0.1 mL cells were added to each well in a 96-well plate. 24 h later, the culture solution was replaced by 0.1 mL medium containing drug. The cells were divided into four groups: control group; different doses of quercetin solution group (5 µmol/L, 10 µmol/L, 25 µmol/L, 50 µmol/L and 100 µmol/L); different doses of quercetin solid lipid nanoparticles group (5 µmol/L, 10 µmol/L, 10 µmol/L, 25 µmol/L, 50 µmol/L, 50 µmol/L and 100 µmol/L). After being cultured for 48 h, culture medium was replaced by 20 µL MTT solution (5 mg/mL). After incubation for 4 h, the culture medium was replaced by 150 µL DMSO. After standing for 10 min, the OD values of each well were measured at 570 nm by a microplate reader.

Establishment of migration model of astrocytes: 9 horizontal and 9 vertical vertically crossed on a 35 mm petri dish lid, on which a glial cell culture dish was placed. 10  $\mu$ L tip was applied to draw the trace along the 9 horizontal and 9 vertical.

The experiment was divided into four groups. The first group was the control group (group C), which was added into DMEM with 10% FBS after being scratched. The second group was solid lipid nanoparticles group (group CS), which was added into DMEM with 10% FBS and solid lipid nanoparticles after scratches. The third group was quercetin solution group (group QL, 50 µmol/L), which was added into DMEM with 10% FBS and quercetin solution after scratches. The fourth group was quercetin solid lipid nano gel group (QS group, 50 µmol/L), which was added into DMEM with 10%FBS and guercetinloaded solid lipid nanoparticles after scratches. Four groups of cells were cultured in a 5% CO<sub>2</sub> incubator, and three plates were repeated in each group. The migration of cells in the four groups was observed at 0 h, 6 h, 12 h, 24 h, 36 h and 48 h after treatment, and migration index (Ix) was calculated. Ix=3LX/(Lc+LCS+LQS +LQL). Lc, LCS, LQS, LQL stand for the average width of all scratches of C, CS, QS and QL at different time, respectively. The larger the value of Ix is, the slower the cell migration rate is. All experimental procedures were carried out in accordance with the Guide for the Care and Use of Laboratory Animals. And before the animal experiments were carried out, the procedures were approved by the Research Ethical Committee of Suzhou University (No. 1607260004, Suzhou, China).

Western blotting determined the expression of related proteins in cells: Total protein extract from astrocyte cells in group C, CS, QL and QS was resolved on 8% SDSpolyacrylamide gels and transferred to polyvinylidene fluoride (PVDF) membranes by a semi-dry transfer blotting system, respectively. After blocking for 2 h at 4°C in blocking buffer (10% fat-free milk TBS with 0.1% Tween 20), the membranes were incubated overnight with primary antibodies, including TGF- $\beta$ 1, TGF- $\beta$ RI, TGF- $\beta$ RII, Smad2, Smad3, Smad4, Smad7 and  $\beta$ -actin. After horseradish peroxidase-labeled secondary antibodies were added at 37°C for 1 h, the blots were visualized with the ECL-plus detection system. Analysis of gray was performed using Quantity One Software.

#### Statistical analysis

SPSS 17.0 software (SPSS Inc., Chicago, IL, USA) was applied for statistical analysis. Statistical results were expressed as mean  $\pm$  standard deviation (SD). Comparisons between groups were made using one-way ANOVA followed by Tukey multiple comparison test. A p-value<0.05 was regarded as statistically significant.

# Results

#### Comparison of trauma repair rate in each group

The repair rate of traumatic skin in each group rats was shown in Figure 1 after 7 days, 14 days and 21 days. The repair rate of skin trauma in each group increased gradually with the prolongation of treatment time. The repair rate of skin trauma in C and CS group was longer than that of QL and QS group, indicating that the wounded skin has a certain self-repair ability, but the use of quercetin can shorten the cure time. In



*Figure 1.* The wound closure rate in each group. \*\*p < 0.01; \*\*\*p < 0.001: vs. C group.

#### Masson staining result

At the end of the experiment, the skin tissue of the wound was collected for Masson staining. In group C, no angiogenesis was observed and collagen has a high density. In the CS group, most skin tissues were not repaired, and part collagen of skin tissues were was neatly arranged, which contained very few angiogenesis. In the QL and QS groups, the repair of skin tissue was basically intact, and the tissue morphology is similar to that of the health rat. What's more, collagen was neatly arranged and angiogenesis is very obvious in the two group. The repair outcome in QS group is more obvious. The result showed that quercetin solution and its solid lipid nanoparticles could promote wound repair and inhibit scar formation, and the effect of quercetin solid lipid nanoparticle gel was more significant than quercetin solution.

#### Sirius red staining result

The skin tissue was stained with picric acid Sirius red and was observed under polarized light microscopy. Collagens possess the properties of positive uniaxial birefringence. Collagen fiber has the properties of positive uniaxial birefringence. When using a 500 nm filter, type I collagen fibers show red. Type III collagen fibers were yellow-green when observed with a 700 nm filter. In the early stage of trauma repair, type III collagen fibers were the main collagen fibers. In the later stage of trauma repair, type I collagen fibers were the main collagen fibers, and the ratio of type I collagen fibers and type III collagen fibers can be used to access traumatic repair. In skin of health rat, most collagen is type I collagen fibers showing red, and a small part of collagen were type III collagen fibers, showing yellow-green and the collagen was neatly arranged. In C and CS groups, most collagen is type III collagen fibers. In the QL group, the ratio of type I collagen fibers to type III collagen fibers was about one. In the QS group, most collagen is type I collagen fibers with a small part of type III collagen fibers. The results show that quercetin can treat trauma, and its solid lipid nanoparticle gel treatment effect is most significant.

# Collagen arrangement observed by scanning electron microscopy

It was reported that it is difficult to form a scar if the collagen in wound skin is neatly arranged [14]. This study showed the collagen arrangement of rat skin in C and CS group is very disorderly. However, the collagen arrangement of rat skin in QL and QS group was orderly rows. The result reveal quercetin can inhibit scar formation.

# Determination of related proteins in skin tissues of rats in each group by western blot

The expression of the related proteins in the skin tissues was shown in Figure 2 after 21 days of administration. Compared with group C, there was no significant difference in the relative expression of TGF- $\beta$ 1, TGF- $\beta$ RI, TGF- $\beta$ RII, Smad2, Smad3, Smad4 and Smad7 in CS group (P>0.05). In the QL and QS groups, the expression of TGF- $\beta$ 1, TGF- $\beta$ RI, TGF- $\beta$ RI, TGF- $\beta$ RI, Smad2, Smad3 and Smad4 were significantly decreased and the relative expression of Smad7 was significantly increased (P<0.05).



**Figure 2.** The relative expression of TGF- $\beta$ 1, TGF- $\beta$ RI, TGF- $\beta$ RII, Smad2, Smad3, Smad4, Smad7 in traumatic skin tissue of rat. \*\*p< 0.01; \*\*\*p<0.001: vs. C group.

# Effects of Quercetin on proliferation of astrocytes

As shown in Figure 3, quercetin solution and quercetin solid lipid nanoparticles can inhibit the proliferation of astrocytes. When the concentration of quercetin is  $5\sim50 \ \mu mol/L$ , the inhibitory effect increases with increasing concentration. When the concentration reached 50  $\mu mol/L$ , the effect of inhibiting cell proliferation does not enhance with increasing concentration. At the same concentration, the function of quercetin solid lipid nanoparticles is slightly stronger than that of quercetin solution.



Figure 3. The result of MTT test. \*\* $p \le 0.01$ ; \*\*\* $p \le 0.001$ : vs. C group.

# The effect of quercetin on the migration of astrocytes

As shown in Figure 4, quercetin solution and quercetin solid lipid nanoparticles could significantly inhibit the migration of astrocytes after culturing for different time.



*Figure 4.* Analysis of quercetin inhibiting migration of astrocyte cell. \*\*p<0.01; \*\*\*p<0.001: vs. C group.

# Determination of related proteins in astrocytes of each group by western blot

The determination of the related proteins in astrocytes of each group was shown in Figure 5. Compared with group C, there was no significant difference in the relative expression of TGF- $\beta$ 1, TGF- $\beta$ RI, TGF- $\beta$ RII, Smad2, Smad3, Smad4 and Smad7 in CS group (P>0.05). In the QL and QS groups, the expression of TGF- $\beta$ 1, TGF- $\beta$ RI, TGF- $\beta$ RII, Smad2, Smad3 and Smad4 were significantly decreased in astrocytes and the relative expression of Smad7 was significantly increased (P<0.05). These results were consistent with that of skin tissues.



**Figure 5.** The relative expression of TGF- $\beta$ 1, TGF- $\beta$ RI, TGF- $\beta$ RII, Smad2, Smad3, Smad4, Smad7 in the astrocyte cell. \*\*p< 0.01; \*\*\*p<0.001: vs. C group.

#### Discussion

The formation of skin scars is closely associated with the role of glial cells, immune cells and neurons. Astrocytes are mostly present in the brain of mammals, accounting for the largest proportion of glial cells, which play a key role in the occurrence and development of various infections such as bacterial infection, inflammation and trauma [15,16]. Studies have shown that activation of astrocytes can inhibit inflammation and accelerate the formation of glial scars [16,17]. Therefore, astrocytes possess the important effect on the formation of skin scars.

Studies reported that TGF- $\beta$ 1/smad3 signaling pathway is involved in the formation of glial scars [18]. TGF- $\beta$ 1 is a subtype of TGF- $\beta$  family, and there are two subtypes of TGF- $\beta$ 2 and TGF- $\beta$ 3 in mammals, which mainly play a biological effect through specific receptors I, II, III. TGF- $\beta$ RI and TGF- $\beta$ RII work in the signal transduction of TGF- $\beta$ 1/smad3 signaling pathway the main receptor. When the TGF- $\beta$ RII kinase is activated, the downstream Smad protein substrate can be phosphorylated, leading the TGF- $\beta$  signal into the cell [19]. Smad2, 3, 4 is a protein that binds to microtubules. When subjected to TGF- $\beta$  stimulation or microtubule destruction, Smads transcription activity will increase and further stimulate the TGF- $\beta$  receptor. Smad7 is an antagonist of TGF- $\beta$ RI in cells, which avoids smad3 binding to TGF- $\beta$  receptor and blocks TGF- $\beta$ /smad signal transduction [20].

Quercetin is a common flavonoid compound. Pharmacological activity studies have shown that quercetin has antioxidant, antivirus, anti-bacterial, anti-inflammatory response, anti-cancer [8,9,21,22] and plays an important role in the prevention of tumorigenesis, cardiovascular system and neurodegenerative diseases [23]. It has been reported that quercetin has a certain repair effect on various trauma and has a certain inhibitory effect on skin scars [11]. The results of the study showed that scar formation speed in quercetin-loaded solid lipid nanoparticle-treated rats was lower than that in quercetin solution-treated rats, but the outcome of wound healing was better, the reason of which may be that the solid lipid nanoparticles favored the slow release of quercetin and that the carbomer gel with good biocompatibility have a wetting effect, playing a role in protecting the wound and thereby promoting wound repair. What's more, this study found that quercetin significantly inhibited the proliferation of astrocytes in scratches, possibly because quercetin could block proliferative astrocytes in the period of Gi [24]. In, conclusion, the results of this study showed that quercetin solid lipid nanoparticles can inhibit the activation of TGF- $\beta$ /Smad pathway, accelerating the wound repair and inhibiting the formation of scar.

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