

Quality of Life Assessment Using Health Related Quality of Life in affected CKDu individuals

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Abstract

Health Related Quality of Life (HRQOL) is defined as the awareness of an individual's status in life and his/her relationship with the surroundings he/she lives. HRQOL is becoming a significant tool in patients suffering from chronic diseases in order to evaluate the responses of a treatment and adjust the treatment options based on an individual's physical, emotional and social requirements. HRQOL is assessed in patients through different types of assessing methods namely, the Dartmouth COOP Functional Assessment Charts, Duke Health Profile, Health Assessment Questionnaire, Nottingham Health Profile (NHP), 12-Item Short Form Health Survey (SF-12), 36-Item Short Form Health Survey (SF-36), Sickness Impact Profile and the World Health Organization Quality of Life Scale (WHOQOL-100). Accordingly, SF-36 is the method used more often for assessing HRQOL in a more general view.

The SF-36 is a questionnaire that consists of 36 items which includes 8 subscales and 2 component scores and evaluates physical, mental and social well-being along with psychological state and general health using a set of standard questions.

One such chronic disease which relies on QOL, specifically on the Kidney Disease Quality of Life (KDQOL) is the Chronic Kidney Disease (CKD). CKD is a condition where there is a progressive kidney failure through five important stages that are named from stage one to five which usually results due to common causes like diabetes and hypertension or otherwise due to aging and obesity and results in complications like hyperlipidemia, cardiovascular risk, anemia, decreased quality of life, premature mortality and metabolic bone disease.

Biography:

Mr. Fahim is a graduate from the University of Wolverhampton, Sri Lanka. He has good experience in quality kidney management.

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