

Protozoan Resistance Ability against Detoxification and Oxidative Stress.

Aydin H¹, Celik VK¹, Tekin YK^{2*}, Kapancik S¹, Eren SH³, Korkmaz I²

¹Department of Biochemistry, Faculty of Medicine, Cumhuriyet University, Sivas, Turkey

²Department of Emergency Medicine, Faculty of Medicine, Cumhuriyet University, Sivas, Turkey

³Department of Emergency Medicine, Faculty of Gaziantep University, Medicine, Gaziantep, Turkey

Abstract

In this study, we aimed to show the resistance reflex of protozoa by examining enzyme levels and capacities of oxidants/antioxidants engaged in detoxification of drugs. All strains were sonicated in ice bath twice with 15 second intervals, 1/1 ratio of 50 mm Tris/H₂O₂ buffer was added after fractionation and then the mixture was centrifuged at 15000 g for 10 min, and supernatant portion collected. The levels of malondialdehyde (MDA), catalase (CAT), glutathione S-transferase (GST) and paraoxonase 1 (PON1) and total antioxidant capacity (TAS) were measured from the supernatants obtained. The levels of MDA, CAT, GST, PON1 and TAS were found as 23.3 mm, 0.47 U/ml, 0.182 mol/L, 5.7 mmol/L and 0.562 mm in 11PS strain; 26.0 mm, 0.69 U/ml, 0.702 mol/L, 2.46 mmol/L and TAS: 0.521 mm in PAT strain; 39.5 mm, 0.72 U/ml, GST: 0.382 mol/L, PON1: 6.78 mmol/L and 0.4661 mm in 2 HH strain and 1.166 mm, 0.15 U/ml, 0.185 mol/L, 1.523 mol/L and 0.236 mm in *A. castellanii* strain, respectively. It is obvious that protozoan has defence systems against the drugs used in medical treatment and against oxidative stress. It is thought considering their defence systems against pathogenic protozoan that, they will be more successful in struggle against pathogens.

Keywords: *Acanthamoeba castellanii*, *Acanthamoeba keratitis*, Malondialdehyde (MDA), Total antioxidant capacity (TAS), Catalase (CAT), Paraoxonase-1 (PON1), Glutathione S transferase (GST).

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Introduction

Acanthamoeba castellanii and *Acanthamoeba keratitis* are amoeba species living freely in the nature and cause especially keratitis. They have been found to cause infections for the first time in 1970s [1]. As protozoans live freely in environments such as the nature, soil, spring water, air and swimming pools; the risk of their transmission to humans is very high. *A. keratitis* is usually caused by the use of contact lenses due to the reaction with contaminated environmental factors. It is reported that *Acanthamoeba* infections gain importance as the number of immunocompromised patients using soft contact lens increases [1-3].

Some of these free-living protozoans can settle in central nervous system in humans, causing severe diseases such as primary amoebic meningo-encephalitis or granulomatous amoebic encephalitis and besides brain and eye, they can be localized in the skin, bones, lungs, urogenital system and adrenal glands [1,4-9]. Also it has been reported in the studies that *Acanthamoeba* species play a role as a host for pathogenic viruses, bacteria and fungi [10]. There are still unclear parts in many studies conducted for understanding the pathogenesis and pathophysiology of *Acanthamoeba* infections. For this

reason; further studies are required to understand and reveal pathogenic features of protozoa parasites.

In healthy individuals, oxidant levels are stabilized by anti-oxidants. These anti-oxidant molecules prevent the damage caused by free radicals to the target biomolecules such as lipids, proteins and nucleic acids [11]. CAT catalyses the transformation of H₂O₂ to water and oxygen and protects the cell against the respiration explosions [12,13]. The oxygen analogs are hydrolyzed by the serum Arilesterase, paraoxonase 1 (PON1), which appears to play a central role in their detoxification and toxicity [14,15].

Reactive Oxygen Species (ROS) are highly toxic for organisms. ROS and free radicals play an important role in many physiologic and pathologic processes. Organisms are protected against hazardous effects of endogenous ROSs by enzymatic and non-enzymatic antioxidant enzyme systems. ROSs are mainly naturalized by anti-oxidant enzymes such as superoxide dismutase (SOD), and catalase (CAT) [16]. The most affected molecules from free radicals are biomolecule lipids. Some ROSs cause lipid peroxidation in the cytoplasm, mitochondria, cell nucleus and endoplasmic reticulum membranes; which in turn results in increased membrane permeability and cellular damage. Lipid peroxidation causes

irreversible membrane damage [17,18]. 3D structure of albumin and IgG can be destroyed. Cells and mitochondria DNA can be oxidized, causing damage in cellular life [19]. As the half-time of ROS is short, it is difficult to determine the concentrations in the body. Therefore, enzymes related to free radicals such as SOD, CAT, GST and paraoxonase can be obtained by determination of MDA which is a biomarker of lipid peroxidation.

The Glutathione S-transferase (GST) (GST; E.C. 2.5.18) isoenzymes involved in the cellular detoxification of both xenobiotic and endobiotic compounds are ubiquitously distributed in nature, ranging from microbes to insects, plants, fish, birds and mammals [20]. Glutathione S-Transferases that have multifunctional and wide spectrum substrate specificity plays a defense role in the organisms, which are exposed to potentially toxic chemicals. GST detoxification fulfills its role by neutralizing electrophilic zones of the compounds related with -SH group of the reduced glutathione (GSH) [21,22].

It is known that protozoans such as *Acanthamoeba keratitis* and *A. castellanii* mediate the formation of diseases and variety of bacterial infections in human -beings. Many drugs are used in the fight against these kinds of protozoans.

The objective of this study was to investigate the level of enzymes, which are involved in detoxification and capacity of oxidant/antioxidants in protozoa, in order to increase the effectiveness of these type of drugs.

Material and Methods

Cell Fractionation: All strains were sonicated in ice bath twice with 15 second intervals, 1/1 ratio of 50 mM Tris/H₂O₂ buffer was added after fractionation and then the mixture was centrifuged at 15000 g for 10 min, and supernatant portion was collected.

Enzyme activity measurement: GST activities were spectrophotometrically measured at 340 nm according to the method defined by Habig et al. [23]. The principle of the experiment is based on monitoring the formation of thioether link between GSH and 1-chloro-2,4-dinitrobenzene (CDNB) in a spectrophotometer at 340 nm. One unit of enzyme activity has been calculated as the enzyme activity which catalyzes the formation of 1 mol product in one minute under 30°C and it has been defined as mol/L.

Catalase activity was determined by measuring the amount of H₂O₂ reduced at 240 nm wavelength according to the method defined by Beers and Sizer [24].

PON1 activities were measured using a the commercial kit [25] Synchron LX autoanalyzer and antioxidant activity (TAS) was spectrophotometrically identified at 532 nm according to the method for the measurement of antioxidant activity in human fluids which has been described by Koracev et al. [26]. Total antioxidant activity is expressed as mmol/L. MDA was spectrophotometrically measured according to the thiobarbituric acid (TBA) method [27].

Results

MDA level, CAT, GST, PON1 enzyme activities and TAS levels were measured as the end product of lipid peroxidation of three strains in *Acanthamoeba keratitis* (11PS, PAT and 2HH) and *A. castellanii* homogenates. These values were measured as follows:

11PS strain; MDA: 23.3 µmol/L, CAT: 0.47 U/ml, GST: 0.182 µmol/L, PON1: 5.7 µmol/L ve TAS: 0.562mmol/L.

PAT strain; MDA: 26.0 µmol/L, CAT: 0.69 U/ml, GST: 0.702 µmol/L, PON1: 2.46 µmol/L ve TAS: 0.521 mmol/L.

2HH strain; MDA: 39.5 µmol/L, CAT: 0.72 U/ml, GST: 0.382 µmol/L, PON1: 6.78 µmol/L ve TAS: 0.4661 mmol/L.

A. castellanii strain; MDA:1.166 µmol/L, CAT:0.15 U/ml, GST:0.185 µmol/L, PON1: 1.523 µmol/L ve TAS: 0.236 mmol/L.

Discussion

Organisms have a variety of defence systems in order to survive against adverse conditions such as oxidative damage and external chemicals (e.g. fungicide, insecticide and drugs). Besides the genetic defects in many diseases that threaten human health; there are many other microorganisms involved such as infection causing bacteria, viruses and fungi. Effects of the drugs are reduced or eliminated as the microorganisms develop resistance to many drugs used to fight against these kinds of organisms. Understanding the defense systems of the microorganisms used against oxidative damage and the drugs sustaining their lives has gained importance for development of new generation medications against these organisms. It is known that, *Acanthamoeba* species are the most important cause of microbial keratitis that causes numerous ocular inflammations and loss of vision [28]. In addition, as they serve as a host for microorganisms such as pathogenic viruses, bacteria and fungi; these species form a basis for many different diseases together with keratitis [29-31]. Even though, information related to the pathogenesis and pathophysiology of the infections that are caused directly or indirectly by these protozoa and strains, is not clear. In this study; we examined the biochemical parameters involved in *A. keratitis* (11PS, PAT06 and 2HH) and *A. castellanii* oxidant/antioxidant (MDA, TAS, CAT), and PON1 and detoxification (such as GST and PON1).

When the biochemical parameters of *A. keratitis* (11PS, PAT06 and 2HH) and *A. castellanii* were compared; it was found that the lowest values belong to *A. castellanii* (Figure 1).

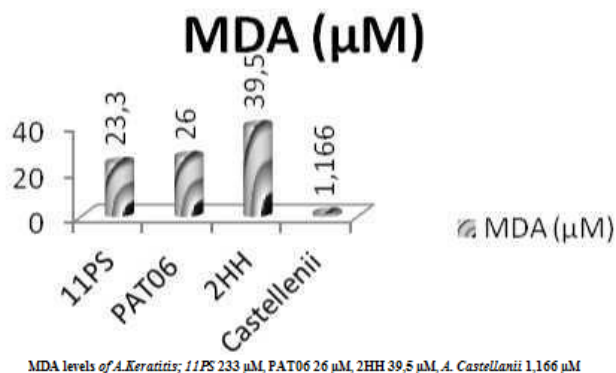


Figure 1. MDA Levels in *Akantomoeba* sp.

When *A. keratitis* strains were compared, the highest values of MDA and PON1 level was seen in 2HH strain; the lowest value of MDA was seen in 11PS strain and the lowest value of PON1 was seen in PAT06 (Figures 2-5).

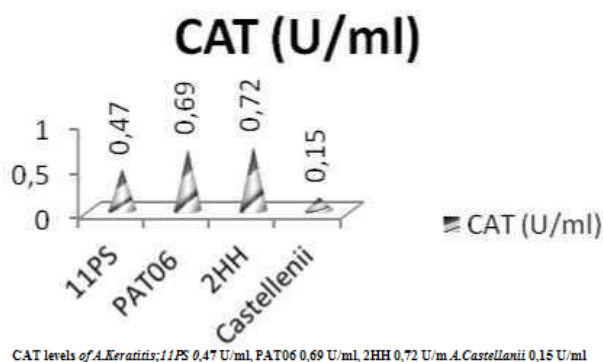


Figure 2. CAT Levels in *Akantomoeba* sp. Homogenates

The highest value of TAS level was found in 11PS strain and the lowest was found in 2 HH strain (Figure 2).

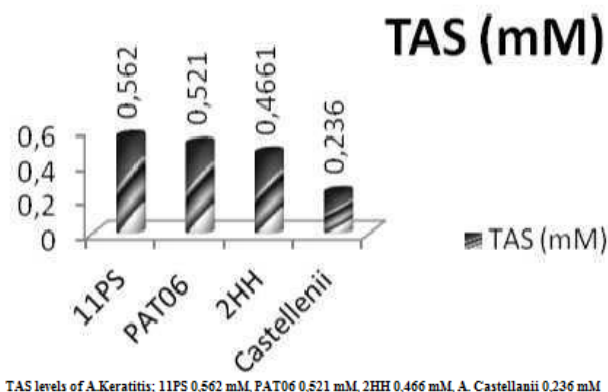


Figure 3. TAS Levels in *Akantomoeba* sp. Homogenates

The highest value of CAT level was seen in 2HH strain and the lowest was seen in 11PS strain (Figure 4).

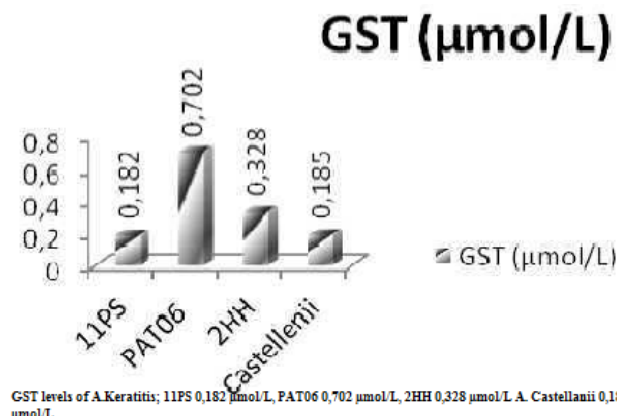


Figure 4. GST. Levels in *Akantomoeba* sp. Homogenates

The highest value of GST activity was found in PAT06 and lowest in 11PS strain. According to our findings, the highest values of MDA, CAT and PON1 levels were seen in 2HH strain (Figure 5).

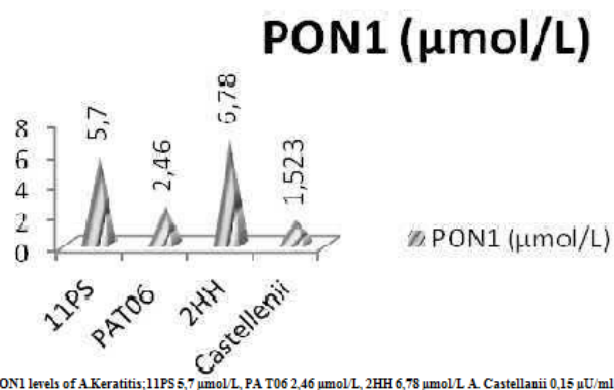


Figure 5. PON1 levels in *Akantomoeba* sp. homogenates

In living organisms; there is a balance between oxidants and antioxidants. Many macromolecules expose to oxidative damage (such as lipid peroxidation in the event of disruption of this balance). High MDA, but low TAS level in 2 HH strain indicates a disruption of this balance and thus, lipid peroxidation is seen. The reason for the increase in the level of PON1 is the increased lipid peroxidation. The increase in CAT activity may develop due to oxidative stress. These results show that 2HH strain is exposed to oxidative stress and that the current antioxidant systems are inadequate. We could not compared our findings with other studies as there is no a study in the literature about these parameters of the strains of interest. According to the levels of biochemical parameters (MDA, TAS, CAT, GST and PON1), the groups involved in *A. keratitis* oxidant/antioxidant strains were respectively found as follows: 2HH>PAT06>11PS according to MDA level, PAT06>2HH>11PTS according to PON1, GST activity level, 2HH>PAT06>11PTS according to CAT activity, 11PTS>PAT06> 2HH according to TAS level.

Recent studies have found a significant correlation between the use of contact lens and pathogenesis of keratitis [3,32]. Some of the solutions used as contact lens disinfectants includes

hydrogen peroxide (H₂O₂) [33,34]. Efficacy of contact lens care solutions in killing *Acanthamoeba castellanii* were demonstrated by in vitro testing and live-imaging [35]. There are two opposite opinions proposed for the effect of H₂O₂ on *A. keratitis*. According to a study by Kilvington and Anger [35] H₂O₂ is effective on *A. keratitis* as a disinfectant, while Hiti et al. [34] reported that it is not effective. However, our findings indicate that, the protozoa species causing keratitis has antioxidant systems (CAT, PON1, GST and TAS). Therefore, we suggest that antioxidants of these protozoa species reduce oxidative effect of H₂O₂ and thus, H₂O₂ included in the content of contact lens solution is not a good disinfectant. Our findings support the study of Hiti et al. [34] which suggests that H₂O₂ has not sufficient effect on *Acanthamoeba* cysts.

There are several studies about the oxidants/antioxidants and detoxification enzymes in highly structured organisms. It has proven in the studies that these enzymes play an important role in pathophysiology/pathogenesis of many diseases. In our study, we observed that protozoans have oxidant/antioxidant and detoxification enzymes.

Conclusion

Results of our study obviously indicated that, the protozoans have defense systems against the drugs used in medical treatment and also against oxidative stress. It is thought considering their defence systems against pathogenic protozoan that, they will be more successful in struggle against pathogens. More comprehensive studies for understanding the biochemical features of protozoan will meet the deficits in this area.

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***Correspondence to**

Yusuf Kenan Tekin

Departments of Emergency Medicine

Cumhuriyet University

Sivas, Turkey