INTRODUCTION

Diabetes mellitus (DM) is a chronic disease distinguished with a massive and progressive devastation of pancreatic insulin secretory β-cells which give rise to insulin deficiency (Chhabra et al. 2013). The propagation of DM is increased rapidly all over the world probably due to ageing, increasing prevalence of obesity and sedentary lifestyle and as reported by the International Diabetes Federation at least 382 million individuals are suffering from diabetes and this number is likely to become more than 592 million by 2035 (Bhansali et al. 2015). In Egypt, the statistical data revealed that the prevalence of DM last 20 years is increased from 9.9% in the year 1995 to 10.2% in 2000 and prospected to be 13.3% in 2025 (Ahmed et al. 2017).

However, the complications of DM have developed health, economic and social life impacts on individuals, families, health systems and countries (Lv et al. 2014). Cantarelli et al. (2015) had reported that the both types of diabetes, type 1 and type 2, are recognized by a variable deficiency values in the mass of pancreatic beta-cell which leading to insulin insufficiency regarding the different pathogenic cause, autoimmunity in type 1 and may be insulin resistance in type 2. DM is leading to many health disturbances mainly glucose and fat metabolism disorders, in consequence fatty liver is the predominant frequent complication (Byrne et al. 2016).

The control of DM is very crucial and needs of disease-modifying successful effective treatment and new therapeutic approaches rather than the currently used chemical derived drugs. The supplement with compatible donor of islets in order to transplantation purpose is very limited. For this reason, the researchers must seek another different source of implantation material to regenerate and restore β cell activity (Lui et al. 2015, Franchi et al. 2014). Depending on this base, the cell-based therapies could be a new promising replacement strategic plan for diabetes treatment (Franchi et al., 2014).

Recently, the using of stem cells transplantation in clinical purposes is markedly increased (Cantarelli et al. 2015). Stem cells are undifferentiated cells and had the ability to transform into another type of cells, so would be a potential source of pancreatic islet β-cells, the insulin producing cells (Zhu et al. 2012). Regarding stem cells, mesenchymal stem cells (MSCs) are admitted as influential modulators for immune system and have possible therapeutic profits (Portha et al. 2011). There are an increased data showed that there are many therapeutic
effects of MSCs not only rely on their differentiation ability to regenerate the damaged tissue, but also depend on their potency to modulate and activate endogenous progenitor cells (Hsiao et al. 2015).

The current study aimed to disclose the potential therapeutic role of mesenchymal stem cells transplantation in the treatment of DM and overcomes associate complications in streptozotacin (STZ) induced diabetic rat model. This aim was achieved by measurement of different biochemical and physiological parameters which were supported with histopathological investigations for pancreas, liver, and kidney organs.

MATERIALS AND METHODS

Experimental animals

A total number of 30 male adult albino rats weighting 160-180 gm were used in the current experimental study. They were obtained from the Animal House of Nile Center for Experimental Researches, Mansoura, Egypt. Animals were housed in separate metal cages, kept at a natural environmental (12 hrs Light/dark cycle), and were fed standard commercial pellets and supplied with fresh drinking water ad libitum through specific nipple. Animal maintenance and care were in accordance with recommended International Guiding Principles for Biochemical Research Involving Animals.

Induction of diabetes

The diabetic animal model was induced by a single intraperitoneal injection of STZ (45 mg/kg) body weight. It was immediately dissolved just before injection in freshly prepared 0.1 mol/L citrate buffers (pH 4.5) (Tariq et al. 2013). Injected animals were supplied with 5% glucose rather than water at the first 24 hours to avoid the suddenly expected hypoglycemia due to released insulin from necrotic pancreatic beta cells. After three days of STZ injection, glucose concentration in blood samples obtained from tail vein were measured using glucose meter (Glucostar, Medland Co., Taiwan). Rats have blood glucose concentration more than 180 mg/dl were considered as diabetic.

Isolation and preparation of MCCs

Isolation and culturing of MSCs were done according to the method described by Abdel Aziz et al. 2007. The animals were anesthetized with halothane, and then the skin of the rat was sterilized with 70% ethyl alcohol before cutting the skin. The femur and tibia were carefully dissected from adherent soft tissues. Then they were placed into sterilized beaker containing 70% ethyl alcohol for 1-2 min. The bones were put in Petri dish containing phosphate buffer saline 1X (PBS) (Hyclone, USA) for washing. The washed bones were then washed with 5 ml PBS, and then 15 ml of complete media was added to the flask. MSCs were distinguished from other bone marrow cells by. The second exchange for media was done after 3-4 days. The cells take 4 weeks to be confluent and be ready for passaging. The media was changed twice a week (Aziz et al. 2007).

Morphologic characterization of the expanded MSCs

At the end of the expansion phase, the cells became homogenous, spindle shaped, fibroblast-like and arranged in monolayer (Figure 1).

MSCs harvesting

The cells attach themselves to the surface of tissue culture polystyrene flasks or dishes using proteins secreted by them. To dislodge cells from the flask, the protein bridge must be broken by proteolytic enzyme, trypsin. EDTA is often added to trypsin solutions. EDTA allows trypsin to work more efficiently. Cultured cells were washed with PBS solution, washed cells were resuspended in 1 ml of appropriate media. From this cell suspension, 10 µL was removed for counting using a microscope. Cell viability was tested by adding 10 µL of trypan blue 0.4% (lonza, USA), 10 µl of the mixture put on hemocytometer (Neubauer, Germany) and count cell under light microscope (Olympus CX31, USA). Number of cells/ml=average of counted cells × dilution factor × 1042 × 106 cells/rat. MSCs (2 × 106 cells/rat) in 0.2 ml Dulbecco’s modified Eagles medium (DMEM) filled in syringes and intravenous injected slowly through the dorsal penial vein per each rat after anaesthetized by a short-acting narcotic agent (Jiang et al. 2008) (Figure 2).

Figure 1: Morphology of mesenchymal stem cells, ten days after isolation (> 100) showing spindle shape fibroblast like cells.
Determination of biochemical parameters

Sample collection

After six weeks of MSCs transplantation in diabetic rats, the total duration period of the experiment, all animals were sacrificed by cervical decapitation after light isoflurane anesthesia. Blood samples were collected into plain gel tube and centrifuged at 5000 rounds per minute for 10 min, obtained serum was pipetted off then stored at -20°C until used for estimation of biochemical parameters.

Pancreas, liver and kidney organs were removed from 5 rats of each group and washed with 0.9% NaCl isotonic solution for removing excess of blood on the tissues. The washed organs were fixed in 10% formalin and routinely processed to produce paraffin wax blocks. The obtained blocks were cut into sections using a microtome at 5 μm thickness, stained with hematoxylin and eosin (HE) and examined under light microscope for histopathological finding (Luna et al. 1996).

Animal grouping

Animals were divided into three groups each of 10 rats. Group 1 (normal healthy control group), this group has normal serum glucose level and were daily injected only with 0.2 ml of 50 mM sodium citrate solution (pH 4.5). Group 2 (diabetic group), the rats of this group were diabetic in which diabetes was induced by injection of 0.2 ml of freshly prepared STZ (45 mg/kg) dissolved in 50 mM sodium citrate solution and left non treated, just injected daily with 0.2 ml of 50 mM sodium citrate solution (pH 4.5). Group 3 (MSCs treated group), contain STZ diabetic induced rats and were received (2 × 106 cells/rat) MSCs as treatment in 0.2 ml Dulbecco’s modified Eagles medium (DMEM) by intravenous injection through penial vein of rats.

Determination of biochemical parameters

Serum alanine transferase (ALT) and aspartate transferase (AST) activities, albumin, creatinine, glucose, and blood urea nitrogen levels were estimated in plasma by colorimetric methods as described by the manufacturer (EGY- CHEM for Lab Technology, Egypt) (Reitman et al. 1957). Serum alkaline phosphatase (ALP) was measured according to the commercial kit purchased from (AMS, U.K, Ltd., 42, Ballymena, Galgorm, Co.Antrim). Insulin level was measured by using enzyme-linked immune-sorbent assay (ELISA) supplied by (Thermo Scientific, USA) using the kit from (Mercodia AB, Uppsala, Sweden) (Judzewitsch et al. 1982). Malondialdehyde (MDA) was estimated by colorimetric assay using kits purchased from (Sigma-Aldich, Germany) on spectrophotometer (Photometer 5010, Riele GmbH, Germany) (Ohkawa et al. 1979). Lipid profile of serum total cholesterol (TC), triglycerides (TG), low density lipoprotein (LDL) and high density lipoprotein (HDL) were estimated using colorimetric method as described by the manufacturer (Bio Diagnostic Co., Egypt) (Friedwald et al. 1972).

Statistical analysis

The resulted values were expressed as means ± standard error (SE) for ten rats (n=10) of each animal group. Table 1 and graphs were designed using Microsoft Excel software. Data were statistically analyzed using Statistical Package for Social Science (SPSS) version 18 software. One-Way Analysis of variance (ANOVA) followed by student t-test were performed for determining the statistically significant differences between groups. Differences were considered to be statistically significant when the P values were ≤ 0.05.

RESULTS

Glucose concentration and serum insulin levels

Serum glucose was significantly increased in diabetic group (308.7 ± 8.31) comparing to control group (118.3 ± 3.35) and significantly decreased in diabetic stem cell transplanted group (187 ± 7.91) compared to diabetic group. On the other hand, serum insulin was significantly decreased in diabetic group (10.4 ± 0.6) comparing to control group (25.9 ± 1.24) and significantly increased in stem cell transplanted group (19.4 ± 0.67) compared to diabetic group (Figure 3).

Total cholesterol, serum high density lipoprotein (HDL), serum low density lipoprotein (LDL) and triglycerides (TG) concentration

Serum total cholesterol, LDL, and triglyceride levels showed significant increase in diabetic group (151 ± 3.6, 39.9 ± 1.23, and 95.7 ± 2.96) compared to control group (109.4 ± 3.54, 29 ± 0.71, and 77.7 ± 2.56). Conversely, in the stem cell transplantation treated group they were decreased (128.7 ± 2.99, 29.3 ± 1.61, and 84.3 ± 1.71) compared to diabetic group. Serum HDL was significantly decreased in the diabetic group (40.6 ± 1.5) compared to the control group (56.4 ± 1.88) and significantly increased in stem cell transplantation treated group (45.5 ± 1.92) in the comparison with the diabetic group.

Malondialdehyde (MDA) and alkaline phosphatase (ALP)

Serum MDA and ALP were significantly increased in diabetic group (45.5 ± 1.92) in the comparison with the diabetic group.

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the diabetic group (98.5 ± 4.25 and 82.3 ± 2.8) compared with the control group (55.5 ± 2.69 and 54.8 ± 2.67) and significant decrease in stem cell transplantation treated group (72 ± 2.64 and 74.3 ± 1.88) versus diabetic group (Figure 5 and 6).

**Serum creatinine and blood urea nitrogen (BUN)**

Serum creatinine and BUN were significantly increased in diabetic group (3.11 ± 0.1 and 90 ± 2.32) when compared with control group (1.39 ± 0.25 and 56.8 ± 2.73) while they were significantly decreased in stem cell transplantation treated group (2.68 ± 0.17 and 73.8 ± 2.54) in comparison with the diabetic group (Figure 7).

**Histopathological findings**

Microscopic examination of the pancreas sections of the normal control rats showed normal exocrine acinar structure and spherical shaped islets of Langerhans with well-defined edges of connective tissue and rounded islet cells. The pancreatic sections of the diabetic rats revealed extensive destruction of Langerhans islets. The islets had ill-defined boundaries and some necrotic areas were often noticed. Also, massive inflammatory cell infiltrations were observed and the islets had vacuolization with cytoplasmic secretions. The pancreatic sections of the diabetic rats treated with MSCs showed that the islets with non-well-developed boundaries. Necrotic cells couldn't noticed, the islet cells have vesicular eosinophilic stained cytoplasm and degeneration had greatly ameliorated. Histopathological examination of the liver tissue of the normal control group showed normal hepatic architecture. Hepatocytes are arranged in lobules. Hepatocytes of the diabetic group were severely necrotic, degenerated and congested. Infiltration with inflammatory cells and hemorrhage in hepatic sinusoids could be seen. The liver of diabetic MSCs treated group showed moderate necrosis and few apoptotic bodies could be seen. Hepatocytes showed moderate hydropic degeneration with restored normal lobular architecture and mild inflammatory infiltrate.

<table>
<thead>
<tr>
<th>Groups/Parameters</th>
<th>Cholesterol</th>
<th>TG</th>
<th>HDL</th>
<th>LDL</th>
<th>ALT</th>
<th>AST</th>
<th>Creatinine</th>
<th>BUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>109 ± 3.5</td>
<td>77.7 ± 2.5</td>
<td>56 ± 1.8</td>
<td>29 ± 0.71</td>
<td>55 ± 2.6</td>
<td>54 ± 2.6</td>
<td>1.39 ± 0.25</td>
<td>56.8 ± 2.7</td>
</tr>
<tr>
<td>Diabetic</td>
<td>151 ± 3.6*</td>
<td>95 ± 2.9*</td>
<td>40.6 ± 1.5*</td>
<td>39 ± 1.2*</td>
<td>98 ± 4.2*</td>
<td>82 ± 2.8*</td>
<td>3.1 ± 0.1*</td>
<td>90 ± 2.3*</td>
</tr>
<tr>
<td>MSCs Transplanted</td>
<td>128 ± 2.9**</td>
<td>84 ± 1.7*</td>
<td>45 ± 1.9</td>
<td>29 ± 1.6**</td>
<td>72 ± 2.6**</td>
<td>74 ± 1.8</td>
<td>2.6 ± 0.17</td>
<td>73 ± 2.5**</td>
</tr>
</tbody>
</table>

Values are expressed as means ± SE (n=10/group).

*Significant differences between diabetic and normal control group.

**Significant differences between diabetic MSCs treated and diabetic untreated group.

Using one way ANOVA statistical analysis test.
Kidney structure of the normal control group showed normal structure of renal glomeruli and tubules. Diabetic non treated group showed marked degeneration of tubular epithelium and intertubular areas of hemorrhage. Diabetic MSCs treated group demonstrated minimal hydropic degeneration of tubules epithelia with moderate congestion.

**DISCUSSION**

The currently used antidiabetic chemical derived medical therapies may be acting on insulin resistance such as metformin, whereas the other treatments are targeting on β-cells dysfunction or mass such as pioglitazone and glucagon like peptide-1 (GLP-1) agonistic analogue. However, GLP-1 group revealed a great success in islet neogenesis experimentally only and have not achieve the same desired effects or have limited efficacy in humans (Portha et al. 2011). Therefore, there are great interest in the cell based treatment therapies like mesenchymal stem cells transplantation even derived from bone marrow or placenta in the treatment and management of diabetes (Jiang et al. 2011).

The cultured MSCs in the current work were characterized by their adhesiveness and spindle shape, which was in agreement with those findings of Aziz et al. 2013. On another hand, Li-Bo et al reported that the MSCs could be differentiating in vitro into pancreatic islet beta-like cells successfully and the differentiated cells were similar in shape to that of pancreas (Bo et al. 2004). The current work focused on the potential role of treatment with MSCs on the β-cells neogenesis and functioning. However, the chronic hyperglycemia resulting...
from diabetes can lead to irreversible damage, dysfunction and failure of various organs (Barky et al. 2017). In the present study, the STZ treated group showed a significant increase in serum glucose levels accompanied with a significant decrease in serum insulin concentration when compared with the control group. These results could be due to the toxic effect of STZ which can induce a selective destruction of pancreatic beta cells (Zhang et al. 2003). The loss of beta-cell due to that destruction leading to a massive defect in insulin secretion and so hyperglycemia occurred. On another hand, there are a significant decrease in serum glucose concentration accompanied with a significant increase in serum insulin level were observed in the MSC-treated group. It was reported that treatment with MSCs are capable of dimensioned blood glucose levels in the diabetic animals (Jiang et al. 2011). These effects could be due to the therapeutic effects of MSCs on the islets restoration by their differentiation ability into functional insulin secreting beta cells after pancreatic damage caused by STZ and the insulin secretion increased leading to decreasing on glucose concentration (Bell et al. 2012). The improvement in the beta cell mass or function could be also attributed to the fusion of MSCs with beta-cells and reprogramming of both beta-cells and MSCs nuclei allowing the insulin gene expression and increased beta-cells proliferation with dimensioned apoptosis (Yanai et al. 2013).

Data from the present work showed a significant increase in MDA, ALP, ALT, and AST levels in the STZ diabetic induced non treated group. The increased glucose levels may stimulate the production of free radical and could be the mechanism by which the oxidative stress and lipid peroxidation is increased (Salvayre et al. 2008). Moreover, ALP attributed to defense against the damage induced in the hepatic cells upon the toxic effect of STZ in diabetic rats (Shahjahan et al. 2004). This explanation was confirmed by the obtained results and the associated significant increase in the levels of liver-function enzymes ALT and AST (Giboney et al. 2005). Similarly, other cited studies decided the elevation on serum AST, ALT and ALP enzymes activities in the diabetic non treated animals may revert the damaging of the liver cells thought to be logical with their increased need for gluconeogenic substrates (Nambora et al. 1990). In the same way, ALT, AST and ALP activities were increased due to hepatotoxic effect of STZ which leading to hepatorenal damage (Elsner et al. 2000). Conversely, the transplantation with MSCs in diabetic group showed a significant decrease in the levels of MDA, ALP, ALT, and AST in comparison with the non-treated diabetic animals which was in a full agreement with the results of Elyamani et al. 2017. The amelioration of the increased serum ALT, AST and ALP activities is suggested to be due to the capability of MSCs in the protection of the cells from the cytotoxic injury (Vitek 2012) and regeneration of hepatocytes following transplantation (Nasser et al. 2015). A study of Newman et al. 2009 have reported that the therapeutic potential of MSCs was attributed to their unique properties specially to damaged tissues by suppressing immune response and also the inflammatory response so facilitating the damaged tissues regeneration and repairing process (Newman et al. 2009). The immunomodulatory, anti-inflammatory and anti-apoptotic effects contributed to decreasing in oxidative stress reactions and lipid peroxidation pathways (Volarevic et al. 2011).

In the same way, creatinine and BUN levels were increased in the diabetic non treated group rats compared with normal control group. These results were in accordance with the study of Idonije et al. 2011. The increase level of BUN in STZ induced diabetic rats might be related to excessive protein catabolism. Madianov et al. (2000) proved the elevation BUN level in diabetic rats to the disturbance in metabolic activity which leads to increase in lipid peroxidation, triglyceride and cholesterol (Volarevic et al. 2000).

Moreover, creatinine and BUN were significantly decreased after MSCs transplantation to diabetic animals. This decrease could be proved to integration of MSCs into damaged tubules.
and differentiate into renal cells in the cases of acute kidney injury (Morigi et al. 2004).

However, other studies showed protection from injury by exogenous MSCs with little or no tubular incorporation. This was consistent with other researchers who suggested that exogenous MSCs’ paracrine activity may stimulate the endogenous renal stem cell population, leading to cellular recovery and renal injury repair (Busolati et al. 2008). The obtained data revealed that MSCs transplantation had ameliorated the impaired renal function in diabetic. This role of MSCs in treatment of diabetic nephropathy could be explained their differentiation into β-cells and decreasing of serum glucose level and glycosuria, that leading to renal cells damage (Hammam et al. 2015). In addition, Zhang et al. (2008) reported a significantly or moderately increased level of urea in diabetic rats and this relationship suggests enhanced amino acids-fuelled gluconeogenesis in diabetic rats that lead to increased nitrogen load to the liver where urea is formed.

Regarding lipid profile, the current results revealed a significant increase in serum total cholesterol, TG, and LDL concentrations with a significant decrease in the HDL concentration in the diabetic untreated group by comparing with normal control group. Otherwise, transplantation of diabetic rats with MSCs had significantly diminished the raised lipid profile serum total cholesterol, TG and LDL with increased HDL concentration. The decrease of lipid profile parameters might relate with the action of MSCs which reduces the hyperglycemia and their ability in the increase of serum insulin which leading to the activation of lipoprotein lipase (El-Said et al. 2018).

Although stem cells transplantation considered as a promising therapeutic strategy for the treatment of diabetes, the safety of transplantation have not yet been well defined. However, further and more specific researches are needed to confirm these finding especially prior to be used in clinical application (Liao et al. 2016). Histopathological examination showed marked damage and inflammatory responses in the diabetic non treated group due to the toxic effects of STZ and the marked damage and inflammatory responses in diabetic. An improvement in the tissues of pancreas, liver and kidney of diabetic animals after treatment with MSCs was markedly noticed. This improvement was in a strong harmony with the biochemical finding in which all of the parameters of organs functions were ameliorated.

CONCLUSION

The treatment of diabetic induced rats with MSCs transplantation had the ability in lowering blood glucose level when compared diabetic untreated group after six weeks of treatment. Moreover, biochemical and histological finding revealed that there is noticeable improvement in pancreatic islets of Langerhans accompanied with more insulin released from islets β-cell. The study recommended further studies in different animals and different doses to assess the most ideal form of treatment and how to be applicable at human wise base.

REFERENCES


