

## ***Phyllanthus emblica* L. extract activates Nrf2 signalling pathway in HepG2 cells.**

Fei Wang<sup>1</sup>, Hongying Wang<sup>2\*</sup>

<sup>1</sup>College of Pharmacy, Liaoning University of Traditional Chinese Medicine, Dalian, PR China

<sup>2</sup>Liaoning Grand Nuokang Biopharmaceutical Co. Ltd, Shenyang of Liaoning Province, PR China

### **Abstract**

To investigate the effects of Extracellular signal-Regulated Kinase (ERK), p38 mitogen-Activated Protein Kinase (p38MAPK) and other kinase pathways on the activation of Nuclear related factor 2 (Nrf2) signalling pathway by *Phyllanthus emblica* L. extract (PET). After pre-treatment with different protease inhibitors for 2 h, cells were interfered with *Phyllanthus emblica* L. extract for 24 h. mRNA expressions of Nrf2 and downstream target genes *HO-1*, *NQO1*, *P-gp*, *MRP2* were detected by RT-PCR. Protein level and nuclear translocation of Nrf2 were detected by Western blotting. RT-PCR results showed that treatment with PD98059, SB203580 and rottlerin suppressed the *HO-1*, *NQO1*, *P-gp* and *MRP2* mRNA induction by PET, but only treatment with SB203580 and rottlerin could inhibit the Nrf2 mRNA expression by the extract. Western blotting showed that treatment with PD98059, SB203580 and rottlerin suppressed the *HO-1* and *P-gp* protein inducing effect of PET. Treatment with various inhibitors could all induce the cytoplasmic expression of Nrf2 protein, but treatment with PD98059 and SB203580 could inhibit nuclear translocation of Nrf2. Nrf2 pathway activating mechanisms of PET may be associated with the roles of ERK and p38MAPK in directly phosphorylating Nrf2 and promoting Nrf2 nuclear import to increase its nuclear accumulation.

**Keywords:** *Phyllanthus emblica* L. extract, Nuclear related factor 2 (Nrf2), Extracellular signal-regulated kinase (ERK), p38 mitogen-activated protein kinase (p38MAPK), Signalling pathway, Liver hepatocellular cells (HepG2).

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### **Introduction**

Nuclear related factor 2 (Nrf2) is a novel protein found by Moï et al. during cloning experiment in 1994. Due to a high degree of homology with nuclear factor E2, the name was given as Nrf2. Nrf2 is the most dynamic transcription factor among basic leucine zipper Cap'n'Collar family members, which is a key factor regulating the bodies or cells to antagonize extraneous matters and oxidative damage [1]. Studies have shown that Nrf2 plays an important role in numerous pathophysiological processes, which is a vital regulatory factor resisting oxidative stress discovered recently. Nrf2 regulates the transcriptional activity of downstream target genes such as ARE-dependent phase II detoxification enzymes by acting with Antioxidant Response Element (ARE) as a transcription factor [2]. When organisms or cells are stimulated by reactive oxygen, electrophilic substances or upstream signalling pathways (kinase pathway, etc.), Nrf2 is activated and dissociated from cytoplasmic adapter protein (Keap1) into nuclei, thereby binding with ARE to initiate the transcription of downstream target genes [3].

The present study revealed that Protein Kinase C (PKC), Mitogen-Activated Protein Kinase (MAPK) and other protein

kinases can directly phosphorylate Nrf2 and dissociate it from Keap1 to activate Nrf2 and induce transcription of downstream target genes. Studies reported that PKC and extracellular signal-regulated kinase (ERK) may up-regulate Nrf2 by increasing the transcriptional activity of Nrf2, thereby up-regulating the expression of phase II enzyme glutathione synthetase ( $\gamma$ -GCS) [4]. Wu et al. found that after giving p38 mitogen-activated protein kinase (p38MAPK) and ERK pathway inhibitor, respectively, expression of *Heme Oxygenase-1 (HO-1)* in lungs of endotoxin shock rats was down-regulated [5,6]. Zixiang et al. found that ERK signalling pathway inhibitor PD98059 could inhibit the nuclear translocation of Nrf2 and significantly reduce the intra-nuclear protein level of Nrf2 [7].

PET is the ethanol extract of *Phyllanthus emblica* L., whose primary active constituents are polyhydroxyphenols [8]. Our preliminary study showed that PET significantly induced the nuclear translocation of Nrf2 and the transcription of downstream target genes *HO-1*, *P-glycoprotein (P-gp)* and other phase II detoxifying enzymes and transporters through Nrf2 signalling pathway.

In this study, HepG2 cells were pre-treated with different protease inhibitors and then interfered with PET. Intracellular

expressions of *HO-1*, *P-gp* and other phase II detoxifying enzymes and transporters were observed. Meanwhile, Nrf2 expression and changes in its nuclear translocation were detected, and the effects of different kinase pathways on PET activation of Nrf2 signalling pathway were investigated, which were reported below.

## Materials and Methods

**Cell lines:** HepG2 cell lines were purchased from the Cell Resource Center of the Shanghai Institutes for Biological Sciences, CAS.

**Reagents and instruments:** DMEM high glucose medium (purchased from GIBCOBRL); penicillin+streptomycin (purchased from Sigma Chemical Co.); 2.5 g/L trypsin (purchased from GIBCOBRL); FBS (purchased from Invitrogen Corporation); MTT (purchased from Roche); dimethyl sulfoxide (purchased from Sigma Chemical Co.); Trizol kit, RT-PCR kit and PCR amplification kit were purchased from TaKaRa, Japan. BDS200 inverted microscope (Nikon, Japan); incubator (Thermo, USA); nucleic acid protein detector (Thermo, USA); PCR instrument (ABI, USA).

### Drugs and preparation

LY294002 (MedChem Express, USA); PD98059 (MedChem Express, USA); SB203580 (MedChem Express, USA); Rottlerin (Sigma, USA); crude *Phyllanthus emblica* L. (Dalian Baidu Medicine Co., Ltd.; batch No.: YPA2L0001; identified by Professor Zhang of the Medicinal Chemistry Department, School of Pharmacy, China Medical University as the dried ripe fruit of *Phyllanthus emblica* L. in the genus *Phyllanthus* of the family Euphorbiaceae. PET was reflux extracted with ethanol using crude *Phyllanthus emblica* L. and purified through D101 macroporous resin, where the content of polyhydroxyphenol compounds was 39.77 mg/g.

### Cell culturing

HepG2 cells were cultured in DMEM high glucose medium containing 10% FBS, 100 U/ml penicillin and 100 U/ml streptomycin, cultured routinely at 37°C, 5% CO<sub>2</sub> with saturated humidity and digested and passaged with 2.5 g/L trypsin (containing 2 g/L EDTA).

### Drug treatment and grouping

Experiment was divided into blank control group, PET treated group, PET+PD98059 (ERK specific antagonist) treated group, PET+LY294002 (PI3K/Akt specific antagonist) treated group, PET+SB203580 (p38MAPKs specific antagonist) treated group and PET+Rottlerin (PKC specific antagonist) treated group. Blank control group was inoculated only with cells and added with an isovolumetric incomplete DMEM high glucose medium. After pre-treating with protein kinase inhibitor for 2 h, HepG2 cells were treated with PET for 24 h then collected.

### QRT-PCR detection of *HO-1*, *NQO1*, *P-gp*, *MRP2* and *Nrf2* mRNA expressions

Cells were collected, total cellular RNA was extracted according to kit instructions, and 1 µg of total RNA was reverse transcription reacted using RT-PCR kit. According to RT-PCR kit instructions, semi-quantitative analysis was performed on cellular Nrf2, *HO-1*, *NQO1*, *P-gp* and *MRP2* mRNA expressions. RT-PCR cyclic conditions were: pre-denaturation at 95°C for 30 s; denaturation at 95°C for 15 s; annealing at 59°C for 30 s; extension at 72°C for 31 s; a repeat of 40 cycles; and a final extension at 72°C for 5 min. Results were processed by 2-Ct method, where target gene Ct=target gene Ct-reference gene Ct; target gene Ct=target gene Ct-reference gene Ct.

### Western blotting assay of *HO-1*, *P-gp* and *Nrf2* protein levels

Cells were collected, and total protein and nucleoprotein were extracted. After centrifugation at 4°C, 12000 g for 5 min, supernatant was collected, and total cytoplasmic protein was determined by BCA method [9]. Equal amounts of protein were collected from each group for 120 g/L SDS-PAGE gel electrophoresis, transferred to membranes and closed for 2 h. Membranes were soaked in diluents containing primary antibodies (*HO-1*, *P-gp* and *Nrf2* antibody concentrations of 1:2,000), incubated overnight at 4°C, washed sufficiently with Tween-20 Phosphate Buffer Solution (PBST solution) for 5 min five times. Membranes were soaked in diluents containing secondary antibody (antibody concentration of 1:2,000), incubated at room temperature for 2 h, then washed and developed with chromogenic agent. The experiment was repeated three times. Protein level percentage of each sample phase relative to the control group was calculated with blank control group as 100%, and statistical analysis was performed. Target protein expression=target protein value/internal reference Glyceraldehyde Phosphate Dehydrogenase (GAPDH) value.

### Statistical methods

Experiments were repeated three times. Data were processed using SPSS 16.0 software, and results were expressed as  $x \pm s$ . Inter-group comparisons were performed by one-way ANOVA, and significance level was set at  $\alpha=0.05$ .

## Results

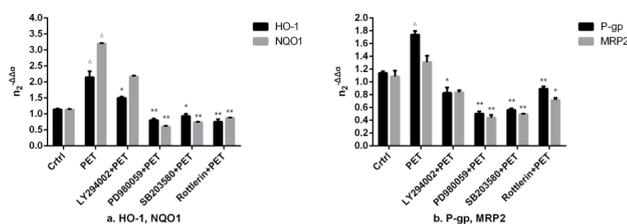
### Effects of protease inhibitors on mRNA expressions of *HO-1* and other *Nrf2* downstream target genes in HepG2 cells

The results of Figure 1 showed that compared to the blank control group (ctrl), PET group could significantly induce the mRNA expression. After pre-treatment with specific protease inhibitor, the induction effect weakened significantly. Compared to PET group, treatment with PD98059, SB203580 and Rottlerin could suppress the *HO-1*, *NQO1*, *P-gp* and

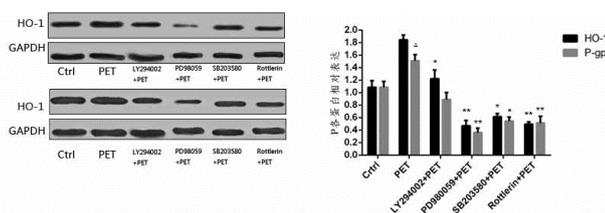
MRP2 mRNA inducing effect of PET, with PD98059 and SB203580 exhibiting the most prominent effects.

**Effects of protease inhibitors on HO-1 and P-gp proteins in HepG2 cells**

According to the results of Figure 2, after pre-treatment with different protease inhibitors and subsequent intervention with PET, detection of HO-1 and P-gp protein expression levels in HepG2 cells found that PET could significantly induce HO-1 and P-gp protein expressions compared to the blank control group. After treating with kinase inhibitor, the induction effect disappeared and was inhibited to varying degrees, with PD98059 exhibiting the most prominent inhibitory effect on HO-1 and P-gp proteins. Compared to the PET group, various inhibitor treated groups could all differentially inhibit the HO-1 and P-gp protein expressions.



**Figure 1.** Effects of various protease inhibitors on HO-1, NQO1, P-gp and MRP2 mRNA expressions in HepG2 cells (N=3). P<0.01, comparison with the blank control group (Ctrl); \*P<0.05, \*\*P<0.01, comparison with the PET group.

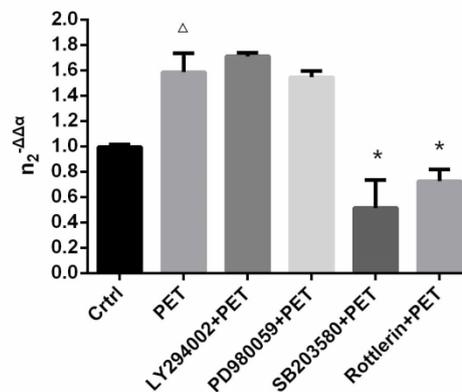


**Figure 2.** Effects of various protease inhibitors on HO-1 and P-gp protein expressions (N=3). P<0.01, comparison with the blank control group (Ctrl); \*P<0.05, \*\*P<0.01, comparison with the PET group.

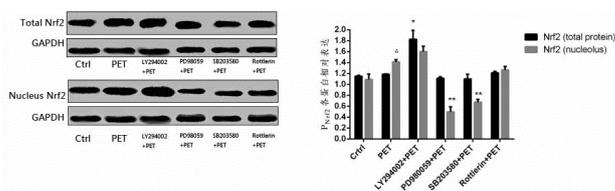
**Effects of various protease inhibitors on Nrf2 expression level and nuclear translocation (Figures 3 and 4)**

According to the results of Figure 3, after pre-treatment with different protease inhibitors and subsequent intervention with PET, detection of Nrf2 mRNA expression in HepG2 cells found that both LY294002 and PD98059 could induce Nrf2 mRNA expression to varying degrees compared to the blank control group. SB203580 and Rottlerin, on the other hand, exhibited inhibitory effect, with an up to 50% inhibition rate for SB203580. Compared to the PET group, only SB203580 and Rottlerin could inhibit the Nrf2 mRNA inducing effect of PET. According to the results of Figure 4, after pre-treatment with different protease inhibitors and subsequent intervention with PET, detection of total cytoplasmic protein in HepG2 cells

found that all groups could induce intracytoplasmic Nrf2 protein expression to varying degrees compared to the blank control group, with LY294002 exhibiting the strongest effect. Detection of nucleoprotein found that only PD98059 and SB203580 had Nrf2 inhibiting effect. Compared to the PET group, LY294002 could induce cytoplasmic Nrf2 protein expression, while PD98059 and SB203580 could suppress nuclear import of Nrf2.



**Figure 3.** Effects of various protein kinase inhibitors on Nrf2 mRNA in HepG2 cells (N=3). P<0.01, comparison with the blank control group (Ctrl); \*P<0.05 comparison with the PET group.



**Figure 4.** Effects of various protease inhibitors on Nrf2 proteins in HepG2 cells (N=3). P<0.01, comparison with the blank control group (Ctrl); \*P<0.05, \*\*P<0.01, comparison with the PET group.

**Discussion**

*Phyllanthus emblica* L. is a plant in the genus *Phyllanthus* of the family Euphorbiaceae [10], which is widely distributed in tropical and subtropical regions. Domestically, *Phyllanthus emblica* L. is distributed mainly in Yunnan, Guangxi, Guangdong, Fujian, Hainan, Taiwan, Sichuan and Guizhou, of which Fujian and Yunnan are the largest producers [11]. Sour and bitter in taste with sweet aftertaste, *Phyllanthus emblica* L. is a wild plant resource of high edible and medicinal values. It has unique flavour, rich nutrition and strong healthcare function and contains a variety of beneficial active substances, which has tonic, anti-tumor, anti-aging, anti-inflammatory, anti-bacterial, anti-viral, anti-mutagenic, anti-hypertension and lipid regulating effects [12]. Our previous study found that PET could significantly induce Nrf2 nuclear translocation, negatively regulate Keap1 protein expression while inducing transcription of HO-1, P-gp and other phase II detoxifying enzymes and transporters through Nrf2 signalling pathway. Existing research suggests that many kinase pathways, such as Protein Kinase C (PKC), Mitogen-Activated Protein Kinase

(MAPK) and Phosphatidylinositol 3-Kinase (PI3K), are involved in the activation of Nrf2 [13]. In this study, the role of kinase pathways in PET activation of Nrf2 pathway was investigated by administering SB203580, PD98059 and other protease inhibitors. The results found that after pre-treatment with protease inhibitors, FSE's ability to induce downstream target genes *HO-1* and *P-gp* reduced markedly, with inhibitors PD98059 and SB203580 exhibiting the most obvious effects. In addition, as PD98059 and SB203580 were specific inhibitors of p38MAPK and ERK kinase pathways, ERK and p38MAPK protein kinase pathways could influence the FSE-induced transcription of phase II detoxifying enzymes and transporters.

In summary, PET activation of Nrf2 signalling pathway to induce phase II detoxifying enzyme and transporter transcription may be associated with ERK and p38MAPK kinase pathways. The mechanisms are probably related to the roles of ERK and p38MAPK in directly phosphorylating Nrf2, promoting nuclear Nrf2 import and increasing its intranuclear accumulation. However, the underlying molecular mechanism remains to be studied further.

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### \*Correspondence to

Hongying Wang

Liaoning Grand Nuokang Biopharmaceutical Co. Ltd

Shenyang of Liaoning province

PR China