

Pathogens - Looking further into the True Nature of Dis-ease

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Abstract

According to The Farlex Medical Dictionary a pathogen is described as: any virus, micro-organism, or other substance causing disease - any agent that causes disease Lumen - Boundless Microbiology online also says of a pathogen that it is: any organism or substance capable of causing disease. Endogenous pathogens are toxins produced inside the natural organism as a result of an imbalance within the metabolism: Endo "within" genous "born from". Nutrition is the key to metabolism and the breakdown of nutrients is the way the cell requires energy. The metabolic nature of an organism is to be in an optimal state of health. When our natural state of homeostasis is compromised by outside influences, such as exogenous toxins, this will cause an internal imbalance of metabolic functionings, accumulation of exogenous toxicity and poor health ensues. Proper nourishment of the human organism is essential to help build, upkeep, and repair body tissues, and for the all efficient functionings of the body. Endogens, which are created inside the body often as a result such as poor digestion and bad eating habits include: bacteria, mold, parasites, fungus, candida, lactic acid, uric acid and other elevated blood levels. In turn then we can see that the endogenous pathogenic picture only occurs as a result of an out-of-balance toxicity occurring from exogens or pathogens born from outside influences.

Biography:-

Holly E. Mullin is a detox expert, lifestyle coach and health care director. She has been studying holistic health and complimentary medicine since 1995 and has worked as an alternative therapist for 25 years, specialising in the detox industry for 16 years. She has a wide range of therapies and has continued her studies since 1996 which include: MTI 1997, Ayurvedic Massage 2003, Rebirthing Breathwork 2005, Spinal Touch 2006, Bio-Stress Release 2007, Cranio-Sacral Therapy 2009, Touch for Health 2010, Creative

Kinesiology 2012, Body De-Armouring 2013. As well as an array of CPD courses in everything from Shiatsu & Hypnotherapy to Natural Nutrition & Body Harmony. She most recently developed her own 3 week Radical Health training programme: Awakening Medicine - 21 days to be a Naked Guru. She is a Radical Health advocate and inspirational speaker encouraging people back to optimal health, innate wisdom, radiant beauty and untapped potential as a natural man or woman.

Reference:

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