

## ***Nutritional consequences due to soft drink and beverages intake causing obesity among children with genetic diseases.***

***Dr Anshoo Agarwal***

Norther Border University, Saudi Arabia



### ***Abstract***

A rapidly growing epidemic of obesity is associated with many health risks. Obesity is a complex condition, with serious social and psychological dimensions, affecting virtually all ages and socioeconomic groups. Sugar sweetened soft drink and beverages are highly linked to obesity and other health problems such as type 2 diabetes and heart disease. Consequently, there are many campaigns being launched to reduce consumption of sweetened energy among children. To create better choices for people many associations and organizations have banned sugary drinks including fruit juices in addition to sugary soda drinks. One area that is not well known as a source of excess sugar and that can increase obesity risk are soft drink and beverages.



### ***Biography:***

Dr. Anshoo Agarwal is currently working as Professor and Chairperson at Department of Pathology, Northern Border University, Arar Kingdom of Saudi Arabia. She received her Bachelor of Medicine & Bachelor of Surgery from King George's Medical College Lucknow. Dr. Anshoo Agarwal received her M.D in Pathology from LLRM Medical College / Ch. Charan Singh University. Dr. Anshoo Agarwal has served on many scientific memberships like Life member of Indian Association of Pathology and Microbiology, Member of International Academy Pathology, Life member of Indian Society of Hematology & Transfusion Medicine, Emirates Medical Association Pathology Society. Dr. Anshoo Agarwal research interests include Advance Haematology & Immunohaematology, Breast cancer and anticancer vaccines.

### ***Speaker Publications:***

1. Cysticercosis of Breast Presenting as Fibroadenoma, October 2016; Asian Journal of Pharmaceutical and Clinical Research
2. Damaged pancreatic tissue caused by Alloxan-induced diabetes mellitus can be repaired by oral cinnamon, August 2016; The Malaysian journal of pathology
3. Histopathological approach for diagnosis of intravascular leiomyosarcoma of the femoral vein, April 2016; International Journal of Medical Research & Health Sciences
4. Study of Transfusion Practices in Hereditary Anemia Patients Receiving Blood Transfusions at RAS Al Khaimah, November 2013; International Journal of Science and Research
5. Elderly patients with severe anemia refusing blood transfusion: case studies and review of literature, January 2013, Journal of Asian Scientific Research

[3rd International Conference on Obesity and Diet Imbalance;](#) Webinar - October 26, 2020.

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