# Noninvasive prenatal analysis by Multiplex fluorescent PCR of maternal plasma DNA.

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## Abstract

The value of circulating fetal free DNA in maternal plasma for clinical applications was evaluated. The DNA template was extracted from 32 pregnant women and the whole blood samples isolated from the stated biological fathers were used to detect genotype. Using the nested polymerase chain reaction (PCR), the 130bp SRY gene-specific sequence and the 261bp ATL1 gene-specific sequence were amplified simultaneously. The results were confirmed after delivery. Multiplex PCR amplification at sixteen polymorphic short tandem repeat (STR) loci was also used to detect the fetal DNA in maternal plasma. The SRY gene-specific nested PCR product was detected in 19 plasma samples obtained from pregnant women, deducing they bear the male fetus and the remaining pregnant women bear female. When compared with the birth outcome, one sample was false positive. The coincidence was 96.88%. Multiplex fluorescent PCR with 16 polymorphic short tandem repeats revealed the presence of fetal DNA in all cases. Circulating fetal DNA analysis can be used as a possible alternative tool in routine laboratory prenatal diagnosis in the near future. This assay provides a sensitive, accurate and efficient method for noninvasive prenatal genetic diagnosis.

Keywords: Fetal DNA, Maternal plasma, Short tandem repeat, Non-invasive prenatal diagnosi

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## Introduction

Prenatal diagnosis of fetal genetic conditions is a standard part of modern obstetric care. Many of the current methods rely on invasive methods and are associated with an inherent risk of fetal loss. Consequently, there has been a long-term goal for development of non-invasive prenatal diagnostic methods [1-5].

Recently, much interest has been focused on the biology and diagnostic applications of nucleic acids that are present in the plasma and serum of human [6-10]. In particular, fetal DNA has been found to exist in maternal plasma [11]. This discovery has opened up new possibilities for the non-invasive prenatal diagnostic approaches based simply on the analysis of a maternal blood sample. However, a technical challenge experienced by many researchers in the field relates to the ability to discriminate fetal DNA from the coexisting background of maternal DNA in maternal plasma. During pregnancy, fetal DNA amounts to 3-6% of the total DNA in maternal plasma [12]. Hence, the diagnostic reliability of fetal DNA analysis in maternal plasma depends on the sensitivity and specificity of the analytical system for the detection of fetal-specific markers. The first marker that was developed for fetal DNA detection in maternal plasma was the Y chromosome. However, it is only applicable to pregnancies involving male fetuses. Applications of plasma DNA polymerase chain reaction (PCR) to pregnancies involving female fetuses require the development of PCR systems that are capable of detecting autosomal polymorphic loci. Amplification of highly polymorphic short tandem repeat (STR) markers outside the Y chromosome should be suitable for this purpose [13].

The goal of this study was to probe the feasibility and scientific value of fetal DNA in maternal plasma for noninvasive prenatal diagnosis in two ways. One way is to develop an efficient nested PCR-based system for detection of Y-chromosome-specific sequence (SRY) gene in fetal DNA; The other is to use PCR amplification of sixteen different polymorphic STR, we could demonstrate that fetal DNA can be detected by the presence of paternally inherited fetal-specific alleles in maternal plasma samples by two ways. These data may improve our understanding of the fetal DNA characteristic in maternal blood and thus give some indications for assessing the potential of circulating fetal DNA analysis as a possible alternative tool in routine laboratory prenatal diagnosis.

### Materials and methods

#### Subjects

A network of three clinical sites was established to gather specimens. Clinical sites received institutional review board approval before patient enrollment. 32 pregnant women aged from 20 to 35 years, who were between the 8th and the 37th week of a singleton gestations and who did not have serious anemia (Hb>90 g/l) or any other serious complication of pregnancy were included, the stated biological fathers also participated in the study. Written informed consent was obtained before participation. All test results were compared with amniocentesis or newborn reports obtained from the clinical sites.

Maternal blood (5 ml) was collected into one tube containing ethylene diamine tetraacetic acid (EDTA) in each case. Specimens were picked up the same day at regional clinical sites or shipped by commercial carrier for overnight delivery. Blood was stored at  $4^{\circ}$ C until processed. The samples were shipped to our central laboratory for analysis. Laboratory personnel were masked as to the identity of the samples with a numerical coding system. Control blood samples were also taken from healthy men and nonpregnant women, respectively.

#### Plasma DNA preparation

Maternal blood samples were centrifuged at 2000g for 15 minute, and the plasma was carefully removed from the collection tubes and transferred into plain polypropylene tubes. The plasma samples were then re-centrifuged at 2000g for 10 minute, and the supernatants were collected into fresh tubes. The samples were stored at -20°C until further processing.

#### **DNA** extraction

DNA was extracted from plasma samples using the QIAamp DNA Blood Midi Kit (Qiagen) with the blood and body fluid protocol supplied by the manufacturer. We used plasma sample (2 ml) per column for DNA extraction. Genomic DNA from peripheral leukocytes and amniotic fluid was performed by standard methods in our laboratory [14].

## PCR analysis

Fetal sex was detected in 32 pregnant women by identifying the SRY gene in maternal plasma using nested PCR analysis. Two rounds of PCR were carried out to amplify the fragment of the SRY gene. The first PCR analysis was performed in a total volume of 50µl. The PCR mixture contained 5-10µl extracted DNA, 5µl PCR

buffer, 200 $\mu$ mol/l of dNTPs, 20pmol "external" SRYspecific oligonucleotide (Y<sub>1</sub> 5-GTG TCC TCT CGT TTT GTG AC-3; Y<sub>2</sub> 5-GTA ATC ATC GCT GTT GAA TAC-3) and 0.5U Taq DNA polymerase (Promega, USA). The PCR conditions were preheating at 95°C for 5 min, then 30 cycles of 94°C for 30 s, 57°C for 30 s, 72°C for 45 s, and then 72°C for 10 min. The size of the PCR fragment was 369 bp.

The second round was also performed in a total volume of 50µl. The PCR mixture contained 5–10µl of the product of the first PCR round, 5µl PCR buffer, 200µmol/l of dNTPs, 20pmol "internal" SRY-specific oligonucleotide (Y<sub>3</sub> 5-TGG CGA TTA AGT CAA ATT CGC-3; Y<sub>4</sub> 5-CCT AGT ACC CTG ACA ATG TAT-3) and 0.5U Taq DNA polymerase. PCR conditions were preheating at  $95^{\circ}$ C for 5 min, then 30 cycles of 94°C for 30 s, 57°C for 30 s,  $72^{\circ}$ C for 1 min, and then  $72^{\circ}$ C for 10 min. The final PCR fragment was 130 bp. The control PCR for a fragment of ATL1 was carried out as standard assay in a total volume of 50µl. The ATL1 is the sequence in the FMR1 gene located on the long arm of the X chromosome. Oligonucleotide primers (X1 5-TCG CCT TTC TCA AAT TCC AAG-3; X<sub>2</sub> 5-CAT CCA GAG CGT CCC TGG CTT-3) were designed to amplify it. PCR conditions were preheating at 95°C for 5 min, then 30 cycles of 94°C for 30 s, 55°C for 30 s, 72°C for 1 min, and then 72°C for 10 min. The size of the PCR product was 261bp. The PCR products were separated by 8% polyacrylamide electrophoresis and visualized by exposure to ultraviolet light after ethidium bromide staining. Identifications of the X-specific and Y-specific sequences in amniotic fluid and maternal genomic DNA specimens as well as positive and negative control DNA were performed in the same manner but with about 100ng purified DNA as template. Blank control was also performed throughout the PCR process using water.

The AmpFISTR Profiler Plus PCR Amplification Kit was utilized to amplify the following tetrameric STR loci: D3S1358, D5S818, D8S1179, D13S317, D18S51, D21S11, FGA, VWA, D19S433, TPOX, TH01, D7S820, D16S539, Amelogenin, CSF1PO and D2S1338. Amplifications were conducted according to manufacturer recommendations using TC 9600 instrument (PE, USA). Analysis of the fluorescently labeled amplified fragments was resolved on ABI Prism 310 Genetic Analyzer (ABI, USA) by Genescan software. PCR amplification was performed in a final volume of 25 µl and contained PCR reaction mix 10µl, Taq Gold DNA Polymerase 5U/µl) 0.5µl, Identifier primer set 4.5µl. We used 10 µl template extracted from plasma sample for amplification. Initial incubation at 95°C for 11 min was followed by denaturation (94°C for 1min), annealing (59°C for 1min) and extension (72°C for 1min) for 32 cycles and at the end there was an incubation at 60 °C for 60 min. PCR products were mixed with  $20\mu$ l of formamide (Sigma-Aldrich, St. Louis, MO, USA) and  $1\mu$ l of Prism Genescan-500 TAMRA size standard (PE Applied Biosystems, Warrington, Great Britain). The mixture was denatured at 95 °C for 3 min and cooled to 4 °C for 5 min. Electrophoresis was performed on ABI 310 Genetic Analyser by using POP gel (PE Applied Biosystems, Fosters City, CA, USA). The results were analyzed with Genescan Analysis software.

#### Anticontamination measures

Great care was taken to prevent PCR contamination. Aerosol-resistant pipette tips were used for all liquids. All procedures including blood specimen preparation, DNA extraction and PCR amplification were performed by female members in a separate area. Multiple water blanks were included as controls in every analysis. All the samples were analyzed in duplicate.

## Results

#### SRY gene analysis of plasma DNA

The results obtained by the non-invasive plasma DNA analysis of the ATL1 and SRY sequences in representative individuals were shown in Fig 1. The presence of the 130 bp fragments in the plasma sample would represent the fetal origin (lane1) while the 261 bp ATL1-specific fragments could be observed in all cases.

It is noteworthy that the 261 bp ALT1-specific fragment could be assigned as an internal control for the PCR amplification in this system; without it, fetal sex prediction would be unreliable. We have applied this system for the prenatal fetal sex prediction of 32 pregnant women at various gestational ages ranging from 8 to 37 weeks. Among 32 samples, the SRY gene amplified products were detected in 19 samples, which were diagnosed as male fetus while no SRY gene amplified product was detected in 13 samples, which were diagnosed as female fetus. The results were compared with those obtained from routine analysis of amniotic fluid specimens and the fetal sex outcome at birth. No false negative sample and one case of false positive samples (case12) were found, who previously had a spontaneous abortion. The total concordance rate was 96.88% (31/32).

#### STR analysis of plasma DNA

Multiplex fluorescent PCR with polymorphic short tandem repeats, used to analyze maternal plasma samples collected before delivery, revealed the presence of fetal DNA in all cases. An example of the alleles demonstrated in maternal plasma was shown in Fig2, For the marker D3S1358, the allele 18 was not found in the analysis of the maternal whole blood DNA, corresponding to the paternally inherited allele of the fetus. For the marker TH01, the allele 9 corresponded to the paternally inherited allele of the fetus and the allele 12 indicating the paternally inherited fetal allele from the marker D13S3157. Candidate fetal DNA sharing one with the maternal WBCs, but containing another allele that is clearly different, suggests that it is indeed fetal in origin.

Among the 32 pairs of samples, all the cases were informative with at least one STR marker. The earliest gestational age at which fetal DNA was detected was 8 weeks. These results suggested that STR analysis of maternal plasma could potentially be used for early noninvasive prenatal diagnosis.

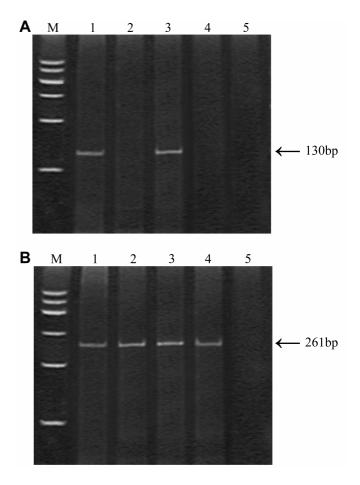
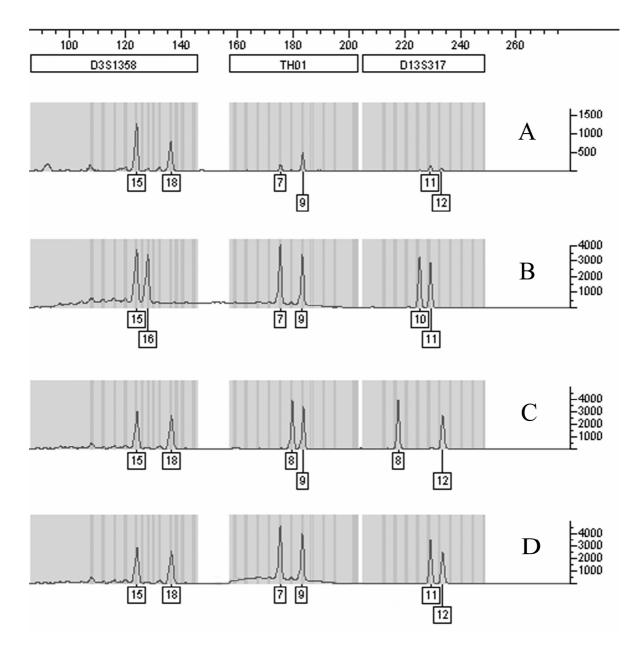


Figure 1. Detection of SRY (A) and ATL1 (B) sequences in maternal plasma by PCR.

*M*, 100bp DNA size ladder; lanes 1, DNA solution from the plasma of male-bearing pregnant woman; lanes 2, DNA solution from the plasma of female-bearing pregnant woman; lanes 3, a positive control made with adult male DNA as template; lanes 4, a negative control made with no pregnant female as template; lanes 5, a blank control made with distilled water.



*Figure 2. Electropherogram of amplification products about D3S1358, TH01 and 13S317 in maternal plasma. PCR product obtained from DNA of maternal plasma. (B) PCR product obtained from DNA of maternal peripheral leukocytes (C) PCR product obtained from DNA of paternal peripheral leukocytes. (D) PCR product obtained from DNA of amniotic fluid. STR markers D3S1358, TH01 and D13S3157 were informative. For the marker D3S1358, DNA typing shows that candidate fetal DNA is heterozygous at this locus and that it shares allele 18 with the alleged father and allele 15 with the mother; For the marker TH01, DNA typing shows that candidate fetal DNA is heterozygous at this locus and that it shares allele 9 with the alleged father and allele 7 with the mother. For the marker D13S317, DNA typing shows that candidate fetal DNA is heterozygous at this locus and that it shares allele 12 with the alleged father and allele 11 with the mother.* 

#### Discussion

Recent discovery of the presence of circulating cell free fetal DNA in maternal plasma has raised many unanswered biological questions and opened up numerous diagnostic applications [15-19]. In our study, the first purpose was to detect fetal DNA to develop a non-invasive prenatal *Biomed Res- India 2014 Volume 25 Issue 4* 

diagnosis technique, and fetal sex detection was considered as a successful assay. Though the nested PCR method cannot be comparable to the real-time quantitative PCR approach [20], it was indicated that the method can provide a more practical methodology in clinical researches and diagnosis with acceptable sensitivity and specificity, especially in some developing countries. Unlike other described PCR methods for prenatal fetal sex determinations in maternal plasma [21], the incorporation of the Xspecific ATL1 gene amplification as an internal control of the nested PCR system herein described could

greatly improve the reliability of the fetal sex prediction. As shown in Fig1, we were able to identify the fetal sex using nested PCR analysis of 32 maternal plasma samples during 8–37 weeks of gestation, assessed in blinded experiment as compared to the conventional amniotic fluid analysis and the birth outcome.

The reliability of nested PCR assay used was 96.88% .We obtained false positive result in one sample; case12 previously had a spontaneous abortion. For the risk of false positive result in this study, we could not ignore the possible effects of fetal cells from former pregnancies. The fetal DNA we detected in maternal plasma derived from the continuous lysis of residual fetal cells in the light of the well-known presence of entire fetal cells in maternal circulation during the same period. It is unlikely that free DNA circulates for years in the blood without being degraded by plasma nucleases or other organ systems. Another risk is the formation of non-specific products, during the experiments, male DNA contamination can be magnified by nested PCR and conceals the real results, especially when the primer specificity or the extension temperature are low, or the extending probability of mismatched nucleotides were largely decreased due to the substitution of polymerase with high fidelity for common Taq polymerase. All this may lead to the false positive result we obtained in the fetal DNA detections. Therefore, it is wise to search for optimum conditions and carry out the experiment strictly according to the instructions so as to evade false results as much as possible.

Although the method did not completely agree with the birth outcome, and need improving, it was still a useful tool for non-invasive prenatal diagnosis because of its high sensitivity, better reliability and simple manipulation compared with the common amplification of specific sequence in Y chromosome. The nested PCR approach described here would be more practical in any laboratory where a conventional PCR is available. It may be useful in place of invasive prenatal diagnostic methods such as amniocentesis and chorionic villi sampling in cases of screening X-linked recessive inheritance. However, it cannot be used for the 50% of pregnancies involving female fetuses, thus hindering the translation of these promising observations into the realms of clinical use. STR typing, the most powerful technique for individualization of biological stains, represent a major advantage over other DNA detection systems that use fetus derived Y sequences.

Our subsequent results demonstrate the feasibility of detection of fetal DNA in maternal plasma independent of

gender with 16 highly polymorphic STR markers and fluorescent multiplex PCR. Amplification of a STR marker will result in two PCR products in most normal samples, each of which has been inherited from one parent. As shown in Fig 2, candidate fetal DNA having one allele shared with the maternal peripheral leukocytes while the sond allele is clearly different from the maternal DNA but shared with the paternal peripheral leukocytes suggests it is indeed fetal in origin.

In our study, the earliest gestational age at which fetal DNA was detected was 8 weeks. This suggests that STR analysis of maternal plasma can be used for early non-invasive prenatal diagnosis. However, the sensitivity of detecting the minority fetal allele was lower than in previous reports that utilized fetus-specific amplification schemes [12,22]. The lower level of sensitivity may be due to the nonselective nature of PCR amplification of STR (both the majority maternal alleles and the minority fetal alleles were amplified together). Under these conditions, the excess of the background sequences could out-compete the rare target sequences for amplification, but our proposed technique was sensitive enough to detect fetal-specific alleles in all pairs because of high concentration of fetal DNA present in maternal plasma. With the development of polymorphic STR markers, we believe that molecular analysis of fetal DNA in maternal plasma can be used for the non- invasive detection of fetal-derived paternally inherited aneuploidy. This report extended the clinical utility of maternal plasma DNA amplifications and made a prospective analysis of pregnancy complications feasible independent of fetal gender.

The current prenatal diagnosis approaches have relied on the use of fetal material which has been obtained through invasive means, such as amniocentesis, which carries with it a certain risk to the fetus, and of further sensitizing the mother against fetal antigens. Thus, such diagnostic tests would be limited to a proportion of cases. Fetal DNA detection from maternal plasma is a promising technique but that more experience in this field is needed. Introduction of new methods, such as fully automated systems for nucleic acid purification, together with rapid PCR systems and non-PCR amplification strategies <sup>[23]</sup>. will further facilitate high throughput molecular analysis. We are in urgent need of standardization of techniques, careful evaluation and data analysis. Easy, cheap and faster techniques in future can make fetal DNA identification and quantification a routine biochemical laboratory investigation. It also eliminate the conventional methods of tissue biopsies, CT scan and invasive prenatal diagnostic tests like chorionic villus sampling (CVS) and amniocentesis. In short, Fetal DNA detection from maternal circulation is very challenging but has enormous utility if adequately managed

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