



## M.P.R. (Myofunctional Postural Rehabilitation) - Di Rocca Method Prof.

**Dr. Silverio Di Rocca**

*M.P.R. International School Director, Italy*

### Abstract:

Dr. Di Rocca is the founding Director of the M.P.R. International School, he is a Doctor, Dentist and Postural Therapies expert, specialising in Craniofacial Orthopedics and Posturology. For over 40 years he has worked internationally throughout America and Europe in parallel to his teaching within the M.P.R. International School, which has been operating globally with international workshops and online courses since 2005. He is the author of the book R.M.P. Rehabilitaciòn Miofuncional Postural, currently continuing the teaching of the holistic M.P.R. approach to students from around the world. The M.P.R. (Myofunctional Postural Rehabilitation) was born as a result of Prof. Di Rocca's idea to create an interdisciplinary integrative protocol, where all health science specialists could work together with the same methodology and protocols, from the diagnostic to the therapeutic stage of the rehabilitation process. Muscle-skeletal pathology has multiple causes as well as symptoms, and it is for this reason that it is crucially important for specialists to share and collaborate, using an interdisciplinary protocol, that allows therapists to work together towards complete rehabilitation. With the M.P.R. all disciplines can cooperate under the same shared protocol to treat the root cause of the pathology, easily and functionally for real long-lasting results. Medical Doctors, Dentists, Physiotherapists, Osteopaths, Optometrists and Podiatrists can all work together within the M.P.R. by using the same therapeutic method every step of the way



### Biography:

Silverio Di Rocca has completed his Graduation in Dentistry, Post-graduate degree in Functional Orthopaedics both from the University of Buenos Aires, Argentina. He has also done a degree in Dentistry and Prosthetic at the University of Turin, Italy and a Doctorate in Dentistry and Prosthetic at University of Turin, Italy. He is the Director of the M P R International School, Vice President International representative and Founder of API Swiss (International Association of Posturology Switzerland). He is also a Professor in Amocoac Diplomate in Mexico and COMEI, College of Dentistry in Mexico, Associate Professor in I.C.O.M (International College of Osteopathic Medicine) Milan, Italy and an International Honorary member of AMOCOAC

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