

Mental Health, Psychiatry and Wellbeing 2019: Formation and work of Mental Health Centers within the reform of psychiatry in the Czech Republic- Monika Dudova Charles University Czech Republic

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Abstract

The reform of psychiatry in the Czech Republic began in 2013, and it divided psychiatric care into four pillars. The first one contains psychiatric hospitals, the second pillar is the psychiatric wards in general hospitals, the third pillar is a network of outpatient psychiatrists, and the fourth low-threshold pillar comprehends Mental Health Centers (MHC). Research describes the development and current work of five MHCs, which were launched in the mid-2018, two in Prague, one in Brno, Prerov and Havlickuv Brod. In 2019 15 new MHC should be established. There is a plan to create 100 MHCs equally distributed throughout the whole Czech Republic during next few more years. The MHC function team represents a close collaboration of professionals: psychiatrists, (clinical) psychologists, psychiatric nurses, social workers, peer consultants, or eventually other specialized specialists. Poster describes multidisciplinary teams and their current work, e.g. the assertive case management, CARE method, crisis intervention, psychotherapy and other specialized and leisure activities, which can ensure better recovery in the natural environment of the individual. This research shows the main function of MHCs to provide a comprehensive communitybased social and health service to people with severe mental illness, to prevent or reduce hospitalizations, to recognize development of mental disorder, to rehabilitate and help to reintegrate into community. Nevertheless, the MHC funding system, the ability to detect all potential clients, the missing link network and other community-based MHCs have not yet been fully resolved. This work was supported by the European Regional Development Fund-Project „Creativity and Adaptability as Conditions of the Success of Europe in an Interrelated World“ (No. CZ.02.1.01/0.0/0.0/16_019/0000734).

Monika Dudová is a PhD. student at Charles University in Prague, the Czech Republic. In her postgraduate study she is focused on mental health and work with people with mental disorders. In her dissertation she examines the evaluation of the psychiatric reform from the view of the community services users. Moreover she is a systematic psychotherapist and in her own praxis she is focused on adult population, mainly with experiences with anxiety disorder and other psychiatric difficulties. Currently, she works as a researcher in a project KREAS – „Creativity and Adaptability as Conditions of the Success of Europe in an Interrelated World“ (No. CZ.02. 1.01/0.0/0.0/16_019/0000734

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