



## Interest of screening and management for sleep disorders in the drug-resistant depressive syndrome

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### Abstract:

Keywords: Sleep disorders- Depressive syndrome – Drug resistance

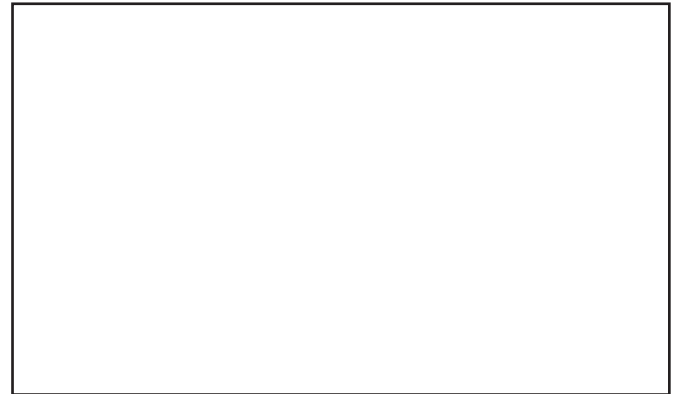
### Abstract:

During the last two years, in a multidisciplinary psychiatric practice, a psychiatrist assisted with a sleep therapist decided to demonstrate that the management of secondary insomnia (induced by sleep apnea/hypopnea syndrome (SAHS)) and some other primary sleep disorders, with specific sleep therapy can reduce or sometimes even stop antidepressant treatments when a well-defined protocol is followed.

Their results confirmed that in some of their patients there may be SAHS in drug-resistant depressions. This point out the fact any depression syndromes are due to or aggravated by insomnia induced by SAHS. Taking care of it may replace antidepressants.

### Biography:

Eric Neuman is an expert in the telemedicine and he also works as a psychiatry specialist in center Vitruve, France



### Recent Publications:

1. Eric Neuman, journal of Neurogenetics, 1999
2. Eric Neuman, Alzheimer Disease and Associated Disorders, 1999
3. Eric Neuman, The Journal of Clinical Pharmacology, 1998
4. Eric Neuman, Clinical Drug Investigation, 1997
5. Eric Neuman, The Lancet, 1997
6. Eric Neuman, Alzheimer Disease, 1997

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