# Hyperhomocysteinemia effects on histology and lipid content of aorta in male and female rabbit.

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#### Abstract

Background: The aim of the study is to compare the effects of hyperhomocysteinemia induced by methionine overload on lipid parameters and structure of the aorta in both male and female rabbits. Materials and methods: Study is carried on 20 male rabbits (control, n=11 and experimented, n=9) and 16 female rabbits, control (n=8) and tested (n=8). Control models are fed standard diet, the Met females and males received standard diet supplemented with Met (500 mg/day) during 3 months. Results obtained from MetM and MetF are compared with those of the respective controls. The body weight is measured, the parameters, Hcy, total cholesterol, total lipids, TG, atherogenicity index ((VLDL+LDL)/ HDL) are determinate by appropriate methods (FPIA, colorimetry). In aorta tissue we assess the total lipids, TC and TG contents and realize a histological study (Masson's staining). Results and discussion: the Met-enriched diet causes a low increase of Hcy (p<0.05) in male, but a significant increase in female (p<0.0001). The TG raise in male (p<0.01) and diminish in female (p<0.01). Atherogenicity index augments from 1,31 to 1,52 in male and from 2,17 to 3,07 in female. At the aortic level, while in male rabbit the total lipid, TC and TG raise significantly (p<0.01), in female TL decrease but TC and TG increase (p<0.01). Aorta of Met female undergoes severe histological changes, such as endothelium hypertrophy, local rupture of the internal elastic lamina, remodelling of media with accumulation of collagens. The observations made in Met male are less important, but the elastic blades present irregular assemblies.

Conclusion: Under Met overload, the female aorta tissue presents the most spectacular changes of biochemical as well as histological parameters.

Keywords: Methionine, Hcy, Aorta, Lipid, Male, Female.

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# Introduction

Met enriched diet causes hyperhomocysteinemia (Hhcy), which is associated with the metabolic syndrome, oxidative and nitrosative endoplasmic reticulum stress [1], inflammation, and increased cardiovascular risk [2]. Hhcy induces HDL changes through Hcy-thiolactone, with loss of their anti-inflammatory and cyto-protective properties [3], and promotes LDL oxidation and internalization by macrophages, the initial step of atherosclerosis [4]. The Hcy autoxidation causes endothelial dysfunction, considered as the main initiator of atherogenesis, via H2O2 [5] reducing endothelial relaxation by fat accumulation. The impact of the diet on the cardiovascular system related to the gender has been studied in some studies, so Nematbakhsh et al. [6] indicate a gender difference in endothelial permeability of aorta in rabbits consuming normal or high-cholesterol diets. For Pektaş et al. [7], the protection with females to metabolic abnormalities could be attributed to estrogen and the type of diet may differently affect metabolic parameters between males and females. Another study, realized in patients with a bicuspid aortic valve indicate more enhanced collagen degradation and smooth muscle cell loss in male than in female patients [8].

# **Materials and Methods**

Study is carried on 20 male rabbits divided into Control (n=11) and experimented (n=9) and 16 female rabbits divided into control (n=8) and tested (n=8). Control models are fed standard diet, the Met females and males received standard diet supplemented with methionine (500 mg/day) during 3 months. All experimental procedures were authorized by the Institutional Animal Care Committee of the National Administration of Algerian Higher Education and Scientific Research, ethical approval number: 98-11, law of 22 august 1998. Results obtained from experimented rabbits are compared with those of the control. The monitoring concerns the body weight measure, the homocystein determination (method FPIA) [9] and the cholesterol [10], triglycerids [11] (Kits Randox) and atherogenicity index ((VLDL+ LDL)/HDL) [12] in the serum. At the end of experiment, we assess the content of the total lipids, TC and TG in aorta lysate. The histological study of the aortic tissues harvested from control and experimented models are stained by Masson's trichrome, Periodic Acid -Schiff and silver nitrate methods.

#### Statistical analysis

All data are expressed as mean  $\pm$  standard error of the mean (SEM). Statistical analyses were achieved by Student's t test

using SPSS 20.0 (SPSS Inc., Chicago, IL). Differences were considered significant at p<0.05.

## **Results and Discussion**

At the end of experimentation, the Met overload causes a low increase of Hcy (p<0.05) in male [13], while in female this augmentation is very significant (p<0.0001) (Table 1), according to results of Jiang et al. in *Cgl* null mice [14]. These variations seem not important to create body weight variation in male but in female we notice a light rise. The TG raise in male (p<0.01) and diminish in female (p<0.01). Atherogenicity index augments from 1,31 to 1,52 in male, and from 2,17 to

3,07 in female. At the aortic level, while in male rabbit the total lipid, TC and TG raise significantly (p<0.01), in female TL decrease but TC and TG increase (p<0.01), it seems that PL (non-mentioned) are implicated in this diminution. Aorta of Met female undergoes severe histological changes, such as endothelium hypertrophy, infiltration of SMCs and local rupture of the internal elastic lamina. The aorta media presents profound remodeling, collagens accumulation, disorganization and fragmentation of SMCs orientation, which migrate to the lumen, and apparition of foam cells. The same observations, but with lesser effects are made for Met male (Figure 1).

Table 1. Body weight, plasma and aorta parameters of female and male fed high methionine diet.

Groups\ Parameters	Control Female	Met Female	Control Male	Met Male
Body weight (kg.)	2,46 ± 0,11	3,06 ± 0,14 ****	2.61 ± 0,41	2.84 ± 0,4
Нсу (µМ)	9,31 ± 2,42	112,33 ± 43,87 ****	10,41 ± 3,10	14,81 ± 4,29 *
TC (mg/dL)	37,10 ± 5,2	55,11 ± 18,3 *	45,65 ± 4,90	57,55 ± 5,34
TG (mg/dL)	46,28 ± 8,7	63,09 ± 19,10	133.14 ± 7,40	198.05 ± 44,51 **
(VLDL+ LDL)/ HDL)	2,17	3,07	1,31	1,52
AortaTL (µg/mg)	162+ 37,11	125 + 30,02	197 ± 72,03	303,8 ± 41,27 <sup>*</sup>
Aorta TC (µg/mg)	15,28 + 0,38	19,0 + 1,0 *	11,38 ± 2,87	16,82 ± 4,68 *
Aorta TG (µg/mg)	1,48 + 0,40	4,33 + 0,97 **	6,73 ± ,56	10,17 ± 3,45 *
Comparison Met female vs Control female and Met male vs Control male				

\*p<0,05 ; \*\*p<0,01; \*\*\*\* p<0,0001 (TL: Total Lipid, TC: Total Cholesterol, TG: Triglycerides)



**Figure 1**: Aorta histology of the different groups of female and male rabbits. (A): Control female, (B, C): Met female, (D): Control male, (E, F): Met male. (A, B, C: masson's staining, D,E : APS, F: silver nitrate staining M: media, In:intima, L.i: lipid inclusion, Ad: adventicia, Eb: elastic blade.

So, it appears that Hhcy disturbs the lipid metabolism, thus, excess Hcy inhibits methylation of LDL (lipids and proteins fractions), increasing their endocytosis [15]; furthermore, the ROS released during the Hcy oxidation modify LDL structure;

their binding with SR A stimulates transcription and release of cytokine, engaging the inflammatory process. Oxidative stress generated by the Hhcy and LDL ox reduces the NO availability and alter structures and functions of caveolae in endothelial cells [16]. The histological alterations observed under Met effect in female were already noticed by other authors with different models [17,18]. The changes recorded in the Met male are less spectacular than in the Met F; however, we notice a conformational change of the microfibrils of the elastic blades, which present aberrant assemblages, such as mentioned by Hill et al. [19]. These observations made on adult rabbits are according to those we noticed in juvenile models [20].

## Conclusion

This study shows that the Met overload induces more marked circulating lipid disorders in the male, on the other hand, at the aortic level, the female presents the most spectacular changes of biochemical as well as histological parameters.

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