

## How can we treat Recurrent Herpes Virus Infection without the Use of Antiviral Drugs?

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### Abstract

**S**tatement of the problem: The herpes virus manifests as an eruption of red, painful blisters or sores in the skin, genitals, lips or eyes. In western medicine, the causative symptoms are related to herpes simplex 1, herpes simplex 2, and varicella-zoster viruses, often combined with a weakening of immune function. In Traditional Chinese Medicine (TCM), this entire process is indicative of Fire Toxin and Damp Heat. Purpose: To demonstrate that recurrent herpes virus infections can be treated without the use of antiviral drugs. Methods: Two case reports. The first, from an 8-year-old girl with recurrent periocular lesions on the right eye, with edema formation, small blisters, hyperemia and hyperchromic spots. The symptoms were treated several times with topical and systemic antiviral medication, with the condition showing improvement only shortly. The second case report, from a 60-year-old woman, with a condition of recurrent genital herpes virus type 2, which would not improve with the use of antiviral medication. Both patients were referred to an infectologist with a TCM background, who restructured the patient's dietary habits, counselling that all hot energy foods should be avoided. Auricular acupuncture sessions with apex ear bloodletting were also performed. Results: A complete improvement of the conditions of both patients was obtained without using any antiviral drugs. Conclusion: It is possible to treat recurrent herpes virus infection without the use of antiviral drugs. To this end, it is important to see the patient as a whole and treat their energy imbalances by withdrawing their Heat process through acupuncture and dietary counselling.



### Biography:

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic

diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates.

Researcher in the University of São Paulo, in the Ophthalmology department from 2012 to 2013.

### Speaker Publications:

1. "Energy Alterations Leading Do Dyspnea in Patients with Mitral Valve Stenosis. Acta Scientific Medical Sciences. 2020; 4(6):95-101"
2. "Energy Imbalances and Chakras Energy Replenishment to Treat Patients with Urinary Incontinence and Sexual Dysfunction Post-Cancer Prostatectomy. J Androl Gynaecol. 2020; 8(1):7"
3. "The Importance of Correcting Chakras Energy Centers Alterations to Prevent Pacemaker Indication. Acta Scientific Medical Sciences. 2020; 4(6):102-109"
4. "Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine. Acta Scientific Medical Sciences. 2020; 4(7):57-69"

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