

Health professionals are aware of cosmetic dermatology procedures.

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Abstract

Cosmetic dermatology focuses on improving healthy appearance and perfect skin. People are becoming more health conscious today, and knowledge of the various medical specializations is growing. The general public and medical professionals appear to have little understanding of the range of aesthetic dermatological operations and also plastic surgery, despite the enormous breakthroughs in the fields of plastic surgery and cosmetic surgery.

Keywords: Cosmetic dermatology, Medical professionals, Cosmetic surgery.

Introduction

Cosmetic dermatology is a subspecialty of dermatology that focuses on enhancing appearance. Cosmetic dermatological operations are becoming more popular around the world, but neither the general public nor medical professionals are fully aware of them [1].

Numerous variables, such as the increased significance of physical appearance in modern western culture, which has made the pursuit of beauty-enhancing activity socially acceptable, may contribute to the rise in popularity of cosmetic surgery. Patient worry over cosmetic procedures has decreased as a result of improvements in surgical techniques (particularly in terms of safety) and cheaper treatment costs [2].

A growing concern among people about their appearance is apparent and is not only exclusive to affluent nations. It is also evident in emerging nations. As a result, there has been an increase in beauty techniques all over the world. In the United States, 11.7 million beauty procedures are carried out annually, the majority of which are minimally invasive. India and China are Asia's two biggest markets for cosmetic surgery. The purpose of this study was to determine the knowledge and awareness of cosmetic dermatological techniques amongst medical examiners working in a clinic setting. Medical professionals, nurses, clinical students, and ward maids/assistants were all part of the study facility, and their knowledge, outlooks, and perspectives on cosmetic dermatological operations were all evaluated [3].

The questionnaire consisted of three parts: the first part evaluated biodata; the second evaluated knowledge and interest in cosmetic dermatological techniques; and the third evaluated respondents' attitudes and dispositions toward such procedures. About 51% of people were aware that certain techniques come with dangers such hypersensitivity, burns,

and pigmentation. About 12.9% of respondents reported being concerned that cosmetic dermatological risks could outweigh surgical methods, while 47.1% disagreed and the remaining did not reply [4].

The majority of respondents were unaware of the countries in which these tactics were being used, and of the 31% who did, 20.6% said Kathmandu was the most effective place to access them. They gave the skill a rating of well in 44.5%, average in 40.6%, great in 7.1%, and dreadful in 1.3%; the remaining respondents did not respond. The majority of respondents believed that dermatologists performed beauty procedures, whereas in the Nigerian study, 75.1% of respondents concurred that plastic surgeons performed aesthetic procedures. On average, 58.1% of respondents said that using techniques was crucial. 3 percent, or roughly 23.9%, believe that people's dispositions will change if they implement the tactics [5].

Conclusion

Although cosmetic dermatology has advanced significantly around the world, health professionals in our region of the world still lack understanding regarding their knowledge, attitudes, and disposition toward cosmetic dermtosurgical operations. With more education campaigns about the specialty in the healthcare system and on platforms like social media, institutions, and communities, additional population-based research based in the community should be conducted.

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