# Evaluation and comparison of lips, nose, chin and chin-throat angle in patients with different mandibular divergences: A cephalometric study.

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## Abstract

Introduction: In orthodontics, facial harmony is defined by the patient's soft tissue profile, which is controlled by morphologic connections and proportions of the nose, lips, and chin.

Aim: To evaluate thickness of lips, nose, chin and chin-throat angle in different mandibular divergent patterns.

Materials and method: Pre-treatment lateral cephalograms of patients aged 16-25 years were obtained they were determined horizontal or vertical growers on the basis of divergence of planes. The cephalometric measurements were obtained after tracing the cephalogram.

Results: The intergroup contrast of all three groups were statistically significant for upper lip width (p=0.001) and lower lip width (p=0.001) the chin thickness was maximum in hypo divergent i.e.  $11.07 \pm 1.5$ . In norm divergent group  $10.12 \pm 1.8$  and hyper divergent group  $09.84 \pm 2.2$  Hypo divergent had the highest chin-throat angle ( $88.02^\circ \pm 3.01^\circ$ ), followed by norm divergent ( $86.44^\circ \pm 3.4^\circ$ ), and hyper divergent ( $78.74^\circ \pm 6.3^\circ$ )

Conclusion: Upper and lower lip thickness were maximum in hypo divergent and minimum in hyper divergent. Nose thickness was insignificant. Chin thickness was maximum in hypo divergent and least in hyper divergent. Chin-throat angle was maximum in hypo divergent and minimum in hyper divergent subjects.

Keywords: Mandibular divergences, Cephalograms, Throat angle, Esthetics.

## Introduction

The perception or appreciation of beauty is described as esthetics. Esthetics has evolved throughout time to incorporate emotive embellishments such as beauty and attractiveness judgments, as well as the accompanying psychophysiological patterns of arousal [1]. Physical beauty has an impact on people's perceptions of others' personalities, as well as their expectations for success in many areas of adult life (occupational prestige, personal happiness) [2]. Chin-throat angle is also identified as cervico-mental angle or sub mentalcervical angle. Although severely forwardly or backwardly directed chins may have an influence on its perception, throat length or extension does not reflect the link between throat and chin The relationship between hard tissues (teeth and bone) and their interaction with surrounding soft tissues is the subject of most cephalometric investigations (chin, nose, and lips). The key to an aesthetic & pleasing facial appearance is a proportionate relationship amongst dissimilar facial structures. Such evaluations overlook the impact of the chin-throat connection on the profile &, as a result, treatment, perhaps due to the fact that this connection cannot be changed with orthodontics. Based on clinical and anthropometric normative data, chin-throat assessment is increasingly frequent in plastic surgery, and it may be done directly on patients or on photos

utilizing well-defined soft tissue landmarks. The most wellknown anthropometric age-related data on face dimensions came from Farkas. The chin's relationship to the rest of the face is defined by many factors: The purpose of the study is to evaluate and compare lips, nose, chin thickness and chin throat angle in different mandibular divergence patterns, as the softtissue profile plays a crucial role in orthodontic considerations. Treatment may alter into the orthognathic and cosmetic surgery based on disassociation between the facial appearance and the underlying bony structures; hence it is important to study soft tissue thickness. To investigate the impact of diverse mandibular diverging patterns on soft tissues, researchers examined upper lip thickness, soft tissue chin, and lengthen individuals with various mandibular divergent patterns [3-16].

## **Aim and Objectives**

#### Aim

To evaluate thickness of lips, nose, chin and chin-throat angle in different mandibular divergent patterns.

## **Objectives**

To compare the thickness of lips, nose, chin and chin-throat angle in normodivergent and hypodivergent patterns.

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## **Materials and Method**

## Methods of selection of study subjects

#### Inclusion criteria

Subjects within Age group of 16-25 yrs.

ANB angle 0-4°.

Subjects with average, horizontal, vertical growth pattern.

Full complement of teeth except third molar.

#### **Exclusion criteria**

History of trauma and facial asymmetry.

History of prior orthognathic surgery or orthodontic treatment.

History of craniofacial anomalies and medically compromised subjects.

#### Withdrawal criteria

Patients not willing to take part in the study.

Patients who want to leave the study at any point during the study.

#### Sampling technique

Using convenience sampling technique, 150 untreated subjects with different facial divergence pattern with age ranging from 16–25 years were selected from outpatient. Department of Orthodontics and Dentofacial Orthopedics. These subjects wanted to seek orthodontic treatment and also satisfied the inclusion criteria for the study. Subjects were divided into sub-groups based on Tweed's analysis and FMA angles.

FMA angle 23°-28°=Normodivergent

<23°= Hypodivergent

>28°=Hyperdivergent

The parameters of interest were compared across 150 subjects (75 male and 75 female) with different mandibular divergences stated as under:

Group 1: Normodivergent Subject (N=50)

Group 2: Hypo divergence Subject (N=50)

Group 3: Hyper divergence Subject (N=50)

#### Methods of measurement

Pre-treatment lateral cephalograms of patients aged 16-25 years were obtained for the study. Good definition of both hard and soft tissue landmarks, molars in maximum intercuspation with lips unstrained in natural head position are check listed on lateral cephalogram. They were determined horizontal or vertical growers on the basis of divergence of planes at the Department of Orthodontics & Dentofacial Orthopedics. The cephalometric measurements were obtained after tracing the cephalogram [17].

#### Reference points on cephalogram

LS-Labrale Superius. The upper lip's mucocutaneous boundary is indicated by a point.

SN-Sub Nasale. It is the point where the upper lip meets the columella (nasal septum) in the midsagittal plane.

POG-Pogonion. It is the anterior point on the chin.

LI-Labrale Inferius. It is the midpoint of the lower lip's lower margin.

ME-Menton. The most inferior point on the mandibular symphysis of the mandible.

ME': It is the soft tissue Menton.

GN-Gnathion. The lowest most anterior midline point on the symphysis of the mandible.

POG-Soft tissue Pogonion.

CP-Cervical point. The innermost point between the neck and sub mental area.

GN'-Soft tissue Gnathion (Figure 1).

#### Results

For the present study, Patient visiting the Department of Orthodontics And Dentofacial Orthopaedics for seeking orthodontic treatment was screened as per the exclusion and inclusion criteria and 150 subjects were involved. The information regarding demographic data can be obtained in Table 1.

The subjects belonged to the age ranging from 16 to 25 years  $(20.05 \pm 3.1)$ . These 150 subjects had 1:1 male-female ratio (75 each) (Figure 2). Furthermore, 50 each were distributed for hypodivergent, normodivergent and hyperdivergent (Table 2 and Figure 3).

The intergroup contrast of all three groups were statistically significant for upper lip width (p=0.001) and lower lip width (p=0.001) as noted in Table 3 and Figure 4. One- way Anova test was run to evaluate this statistical significance. The hyperdivergent readings were found to be least in all groups whereas the measurements for hypodivergent were maximum comparatively.

When the nose thickness of all three groups were compared, statistical nonsignificant result was obtained (p=0.31). The intergroup comparison mean of  $11.08 \pm 1.3$  for hypodivergent mandible,  $10.74 \pm 1.04$  for normodivert and  $10.74 \pm 1.04$  for hyperdivergent was obtained (Table 4 and Figure 5).

When the chin thickness of all three groups were compared, statistical significant result was obtained (p=0.05). The intergroup comparison mean of  $11.07 \pm 1.5$  for hypodivergent mandible,  $10.12 \pm 1.8$  for normodivert and  $09.84 \pm 2.2$  for hyperdivergent was obtained (Table 5 and Figure 6).

The intergroup contrast of all three groups were statistically significant for chin throat angle (p=0.001) as noted in Table 6 and Figure 7. One- way Anova test was run to evaluate this statistical significance. The hyperdivergent readings were found to be least in all groups whereas the measurements for hypodivergent were maximum comparatively.

On running intergroup contrast between two groups, statistical significance was obtained in terms of upper lip thickness at



Figure 1. Reference points on cephalogram.

Age					
Range in years	Mean ± SD	Total N(%)			
16-25	20.05 ± 3.1	150 (100)			
	Gender				
	N (%)	Total N(%)			
Male	75 (50)	150 (100)			
Famala	75 (50)	150 (100)			

Female





75 (50)

Figure 2. Gender.

Table 2.	Distribution	of subject a	as per mandibular	pattern.
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	N (%)	Total N(%)
Hypodivergent	50 (33)	
Normodivergent	50 (33)	150 (100)
Hyperdivergent	50 (33)	



Figure 3. Mandibular pattern.

	Mean ± SD	SE	F-value	p-value
		Upper lip thickness		
Hypodivergent	12.74 ± 2.3	0.32		
Normodivergent	11.49 ± 2.2	0.29		
Hyperdivergent	10.92 ± 1.08	0.15	13.1	<0.001*
		Lower lip thickness		
Hypodivergent	13.36 ± 1.8	0.3		
Normodivergent	12.4 ± 1.5	0.24		
Hyperdivergent	11.4 ± 1.4	0.21	20.01`	<0.001*
	1	Fest applied: One-way ANOVA	· · · · · · · · · · · · · · · · · · ·	
		*p<0.05: Significant		
		o<0.001: Extremely significant		

Table 3. Comparison of upper and lower lip among study groups.



Figure 4. Lip thickness.

Table 4.	Comparison	of nose	thickness	among	study	groups.
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	Mean ± SD	SE	F-value	p-value
		Nose thickness		
Hypodivergent	11.08 ± 1.3	0.17		
Normodivergent	10.74 ± 1.04	0.15		
Hyperdivergent	11.08 ± 1.3	0.18	1.2	0.31
Test applied: One-way ANOVA				
*p<0.05: Significant				
p<0.001: Extremely significant				



Figure 5. Nose thickness.

	Tuble 51 Compa	ison of entir intenness and	ng study groups.	
	Mean ± SD	SE	F-value	p-value
		Chin thickness		
Hypodivergent	11.07 ± 1.5	0.25		
Normodivergent	10.12 ± 1.8	0.19	1.05	0.05*
Hyperdivergent	09.84 ± 2.2	0.23		
	-	Test applied: One-way ANOVA		
		*p<0.05: Significant		
		p<0.001: Extremely significant		





Figure 6. Chin thickness.

Table 6.	Comparison	of chin th	roat angle	among stu	dv grouns
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	Mean ± SD	SE	F-value	p-value			
	Chin throat angle						
Hypodivergent	88.02 ± 3.01	0.43					
Normodivergent	86.44 ± 3.4	0.47	61.5	<0.001*			
Hyperdivergent	78.74 ± 6.31	1.01					
	Test applied: One-way ANOVA						
*p<0.05: Significant							
p<0.001: Extremely significant							



Figure 7. Chin throat angle.

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various levels Table 7 and Figure 8. Both hypo and hyper divergent groups were statistically significant (p=0.001) when compared with normodivergent group running post-hoc tukey test.

On running intergroup contrast between two groups, statistical significance was obtained in terms of lower lip thickness at various levels Table 8 and Figure 9. Both hypo and hyper divergent groups were statistically significant (p=0.001) when compared with normodivergent group running post-hoc tukey test.

On running intergroup contrast between two groups, no statistical significance was obtained in terms of nose thickness Table 9 and Figure 10.

On running intergroup contrast between two groups of groups, statistical significance was obtained in terms of chin thickness at various levels Table 10 and Figure 11. In contrast to other result obtained, other than the hyper-normo divergent comparison, other groups were statistically significant (p=0.001) by running post-hoc tukey test.

On running intergroup contrast between two groups of groups, statistical significance was obtained in terms of lower lip thickness at various levels Table 11 and Figure 12. In contrast to other result obtained, other than the hypo-normo divergent comparison, other groups were statistically significant (p=0.001) by running post-hoc tukey test.

	Mean Difference	SE	p-value	
Hypodivergent-Normodivergent	1.82		<0.001*	
Hypodivergent-Hyperdivergent	0.51	0.41	0.36	
Normodivergent-Hypodivergent	-1.82		0.001*	
Normodivergent-Hyperdivergent	-1.32		<0.001*	
Hyperdivergent-Hypodivergent	-0.5		0.36	
Hyperdivergent-Normodivergent	1.32		0.001*	
Test applied: Post-hoc Tukey Test				
*p<0.001: Extremely significant				
p<0.05: Significant				

Table 7. Intergroup multiple comparisons: Upper lip thickness.



Figure 8. Upper lip thickness mean.

Table 8. Intergroup multiple comparisons: Lower lip thickness	s.

	Mean Difference	SE	P-value	
Hypodivergent-Normodivergent	2.01		<0.001*	
Hypodivergent-Hyperdivergent	0.82	0.32	0.03	
Normodivergent-Hypodivergent	-2.01		<0.001*	
Normodivergent-Hyperdivergent	-1.18		0.001*	
Hyperdivergent-Hypodivergent	-0.82		0.03	
Hyperdivergent-Normodivergent	1.18		0.001*	
Test applied: Post-hoc Tukey Test				
*p<0.00: Extremely significant				
p<0.05: Significant				



Figure 9. Lower lip thickness mean difference.

<b>Those 7.</b> The Stonp multiple comparisons. Tobe intentes.	Table 9. Intergroup	multiple comparis	ons: Nose thickness
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	Mean Difference	SE	p-value	
Hypodivergent-Normodivergent 0.32 0.37				
Hypodivergent-Hyperdivergent0.021.01Normodivergent-Hypodivergent-0.320.37				
Hyperdivergent-Hypodivergent 0.01 0.24 1.01				
Hyperdivergent-Normodivergent 0.32 0.38				
Test applied: Post-hoc Tukey Test				
*p<0.05: Significant				
p<0.001: Extremely significant				



Figure 10. Nose thickness: Mean.



	Mean Difference	SE	p-value		
Hypodivergent-Normodivergent	-0.26	0.33	0.05*		
Hypodivergent-Hyperdivergent	-0.22		0.001*		
Normodivergent-Hypodivergent	0.26		0.05*		
Normodivergent-Hyperdivergent	0.5		0.32		
Hyperdivergent-Hypodivergent -0.22 0.001*					
Hyperdivergent-Normodivergent -0.5 0.32					
Test applied: Post-hoc Tukey Test					
*p<0.05: Significant					
p<0.001: Extremely significant					



Figure 11. Chin thickness: Mean difference.

Table 11. Multiple comparisons: Chin throat angle.	
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	Mean Difference	SE	p-value		
Hypodivergent-Normodivergent 1.6 0.18					
Hypodivergent-Hyperdivergent	9.3		<0.001*		
Normodivergent-Hypodivergent -1.6 0.18					
Normodivergent-Hyperdivergent 7.7 0.8 <0.001*					
Hyperdivergent-Hypodivergent -9.3 <0.001*					
Hyperdivergent-Normodivergent -7.7 <0.001*					
Test applied: Post-hoc Tukey Test					
*p<0.001: Extremely significant					
p<0.05: Significant					



Figure 12. Chin throat angle: Mean difference.

#### DISCUSSION

#### Lip thickness

In the present study, upper lip thickness was highest in hypodivergent mandible,  $12.74 \pm 2.3$ . Likewise, lower lip thickness was  $13.36 \pm 1.8$ . The upper lip thickness was minimum in hyperdivergent group. This was true for lower lip readings recorded too11.4 ± 1.4. The findings obtained in study are in accordance with our study where hypodivergent group showed maximum thickness in upper lip. Whereas others observed women to have thicker soft tissue in lower lip in their study.

In our research, we discovered that the hypodivergent group had the thickest upper lip. This is consistent with others findings, however the lower lip thickness in their research was lower among short-face people.

However, there was no big variation in upper lip measurement across the 3 face varieties in our study. The hypodivergent group's mean values were somewhat higher than the hyperdivergent groups, the variation was statistically significant.

#### Nose thickness

In present study, both hypo and hyper divergent reading was  $10.08 \pm 1.3$  whereas normodivergent reading was  $11.74 \pm 1.04$ . Male predilection over females in terms of nose thickness. Similar findings were observed previous studies.

#### Chin thickness

The chin thickness was maximum in hypodivergent i.e.  $11.07 \pm 1.5$ . Followed by normodivergent group  $10.12 \pm 1.8$  and hyperdivergent group  $09.84 \pm 2.2$ . The findings obtained in earlier studies are in accordance with our study where hypodivergent group showed maximum thickness.

#### Chin-throat angle

In the study, the chin-throat angle ranged from 78 to 88 degrees in hypodivergent, hyperdivergent, and normodivergent participants. Hypodivergent had the highest chin- throat angle (88.02° ± 3.01°), followed by normodivergent (86.44° ± 3.4°), and hyperdivergent (78.74° ± 6.3°) in conditions of small facial angle, whereas a protrusive face had the lowest (78.74° ± 6.3°). Our findings are consistent with Stoner,<sup>66</sup> with a bigger angle in the hypodivergent group indicating a protrusive face and a lower angle in the hyperdivergent group suggesting a retrieve face.

The hyperdivergent group had the smallest mean distance  $(10.84 \pm 2.1 \text{ millimeter})$ , followed by the hypodivergent group  $(11.06 \pm 1.8)$ , and the normodivergent group had the largest  $(11.32 \pm 1.8)$ . Our findings were in contrast to those of other studies who found that the values of soft tissue thickness for both women & men were lowest in high angle group. The values were statistically and substantially lower in the high angle group for women. Furthermore, the values of soft tissue thickness of low & normal angle groups were identical. When the area of therapeutic action is limited to the lower face, the chin-throat connection, together with the location of the chin relative to the nose & lips, allows practitioners to establish the chin extension in the facial profile, which is a significant step [18-30].

#### Conclusion

Upper and lower lip thickness was maximum in hypodivergent and minimum in hyperdivergent subjects.

Nose thickness was insignificant among the three divergences.

Chin thickness was maximum in hypodivergent and least in hyperdivergentsubjects.

Chin-throat angle was maximum in hypodivergent and minimum in hyperdivergent subjects.

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