Editorial Note on Cecum and Treatment

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For gastrointestinal endoscopists, the ileocecum is that the finish line during colonoscopy and it's identified by three endoscopic landmarks: terminal ileum, valve, and therefore the appendiceal orifice. Although ileal intubation is suggested during routine screening colonoscopy, it's not required in most cases of screening colonoscopy. Ileal intubation is indicated in certain circumstances like suspected inflammatory bowel disease and GI bleeding. There's much pathology which will be observed within the ileocecum. Careful and systematic examination should be stressed during GI endoscopic training and practice. During this review, the authors demonstrate its anatomy, endoscopic findings, and pathologies.

For gastrointestinal (GI) endoscopists, the ileocecum is that the finish line during colonoscopy and it's identified by three endoscopic landmarks: terminal ileum (TI), ileocecal (IC) valve, and therefore the appendiceal orifice. Although ileal intubation is suggested during routine screening colonoscopy, it's not required in most cases of screening colonoscopy. Ileal intubation is indicated in certain circumstances like suspected inflammatory bowel disease (IBD) and GI bleeding. There's much pathology which will be observed within the ileocecum. Careful and systematic examination should be stressed during GI endoscopic training and practice. During this review, the authors demonstrate its anatomy, endoscopic findings, and pathologies.

The cecum may be a blind pouch of the colon ranging 6 cm-9 cm long (Figure 1). The typical length of the appendix is about 8 cm and is suspected from the TI by the mesoappendix. The appendiceal orifice is found about 2 cm-3 cm below the IC valve. In terms of cecal shape, there are generally four types: normal, exaggerated, conical, and quadrate shapes. The bulk of the population features a normal type where the proper saccule is larger than the left one. Within the exaggerated type, the left saccule becomes conical in shape. Within the quadrate or infantile type, the proper and left saccules are identical in size.

Depending on the variations in posterior peritoneal attachment of the cecum, the cecum are often either partially or completely intraperitoneal. The cecum is generally located within the proper lower quadrant of the abdomen. In patients with congenital gut malrotation, the cecal location can vary. The superior arteria mesenterica (SMA) supplies the ileocecum and colon. SMA branches into ileal arteries and forms anastomotic loops or arcades. From these arcades, the straight arteries supply the tiny and enormous bowels. The appendix is supplied by the arteria appendicularis which arises from the terminal branch of the SMA rather than the arterial arcades. There's significant amount of gut associated lymphatic tissue within the ileocecum. The lymphatic drainage of the ileocecum follows the mesoappendix, arteria ileocolica, and superior mesenteric lymph nodes. The appendix has been hypothesized to be an immune organ and acts as a reservoir for normal gut flora. The IC sphincter features a sustained tone and provides a clearance mechanism for reflux of colonic contents into the tiny bowel. The presence of short chain fatty acids within the TI is a crucial think about triggering this clearance mechanism. The IC valve has been hypothesized to play a task within the pathophysiology of pain, bloating, and altered bowel movements in patients with irritable bowel syndrome.

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