Editorial Note for Journal of Physical Therapy and Sports Medicine

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Introduction

Journal of Physical Therapy and Sports Medicine is an open access, peer-reviewed journal, we provide a rapid turn-around time possible for peer reviewing and publishing the article online and to disseminate the articles freely for research, teaching and reference purposes.

Physical Therapy and Sports Medicine research deals with the diagnosis, treatment, and prevention of injuries, as well as more general areas of sports Medicine and related sports science.

Types of research work: Research, original articles, review articles, short review, case reports, case studies, case series, short communications, etc. in all areas of Psychology and Cognitive neuroscience.

Sports injuries that can result in seeing a sports medicine specialist are knee and shoulder injuries, fractures, ankle sprains, concussions, cartilage injuries, and more. A sports medicine specialist can also be seen for advice in other areas of health, like nutrition, exercise, supplements, and how to prevent injuries before they occur. A sports medicine specialist works to help make the performance of the athlete more advanced, as well as ensuring their safety while performing the activity.

Rehabilitation: The process of helping a person who has suffered an illness or injury restore lost skills and so regain maximum self-sufficiency. Manage age-related issues. As individuals age, they may develop arthritis or osteoporosis or need a joint replacement. Physical therapists are experts in helping patients recover from joint replacement, and manage arthritic or osteoporotic conditions conservatively. Manage heart and lung disease.

2019

Sent Call for papers for the experts in the particular field. Approaching the Editors suggested eminent in particular sphere. Approaching potential reviewers on the basis of a number of factors such as expertise in the area of research for the peer review process. Maintaining the
frequency of articles. Being in contact with authors Using Mobile phones to notify the article status.

**Upgrade Journal**

Articles were published from authors all around the world. Globally articles have been accessed by the research scientists and also cited. We endeavor to upgrade readers for the respective article in various social media platforms like Twitter, Linked in, etc. We are posting the newly published articles through twitter. We are using Search Engine Optimization (SEO), by adding major keywords in the article admin. We are also available to the authors through WhatsApp to respond fast. We can estimate the Readership Metrics by Google Analytics: Google Analytics Metrics for the Journal of Physical Therapy and Sports Medicine

**Conclusion**

Finally, International Journal of Physical Therapy and Sports Medicine would like to express sincere gratitude to each and every member for their valuable service in this Publication Process. We always look forward to work with many young scientists across the globe.