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Dental appliances in severe Obstructive Sleep Apnea – role of the dentist

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Abstract

The importance of treatments with established efficacy for severe Obstructive sleep apnea (OSA) is clear, because of the well-known linear relationship between morbidity and apnea severity. Currently, Dental appliances – especially the ones aimed to protrude the mandible during sleep are recommended for patients with severe OSA who cannot tolerate Continuous positive airway pressure (CPAP) machines. Despite being considered as a less effective option, some patients show greater improvements when using dental appliances. In this lecture, I will present the results of two studies that evaluated subjective and objective outcome and adherence of dental appliance is severe and extremely severe OSA.

Biography

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