

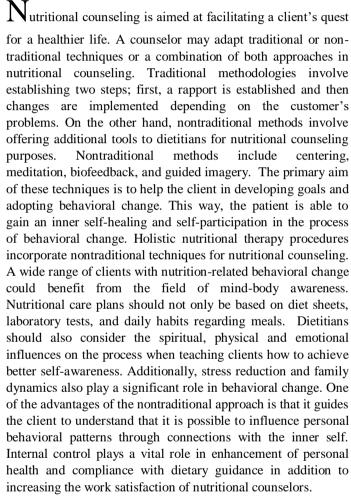
Sp. Iss 117

# Counseling Techniques and Approaches that Support Behavior Change

Fatima Al Muhairi

Sheikh khalifa Medical City, Abu Dhabi UAE

#### Abstract







#### Biography:

Ms. Fatima Al Muhairi is an accredited practicing dietician working in Sheikh Khalifa Medical City in Abu Dhabi, UAE. She is contagiously positive, and passionate about nutrition and healthy living. She is known for her comprehensive approach that encompasses physical, mental and spiritual well-being. Fatima graduated with a Bachelor degree in Public Health and Nutrition with a Minor in Applied Psychology from Zayed University. She recently completed her Master's degree in clinical psychology from United Arab Emirates University, Al Ain.

### Speaker Publications:

- 1. "Why do Patients Still Catch Hospital Infections Despite the Practice of Infection Prevention and Control Programs?"
- 2. "Can hospital osteomyelitis be treated without the use of antibiotics?"

3<sup>rd</sup> World congress on Nutrition and Obesity Prevention; Webinar – October 26, 2020.

## Abstract Citation:

Fatima Al Muhairi, Counseling Techniques and Approaches that Support Behavior Change, Nutrition Meet 2020, 3<sup>rd</sup> World congress on Nutrition and Obesity Prevention; Webinar-October 26, 2020.

https://obesityprevention.nutritionalconference.com/